

Recreation

Activity Guide

Winter/ Spring 2010



Centennial Recreation Senior Center

See page 46

Fitness Center Expansion

See page 9

Developmental Assets

See page 14-16

Event Calendars

See pages 4 & 39

CITY CONNECTION
MORGAN HILL NEWS

Now in the Recreation Activity Guide.
Starting on page 55.



*STYLISH * AFFORDABLE * NEW*

Madrone Plaza in Morgan Hill New Homes for First Time Home Buyers

- ☒ Up to \$150,000 of Down Payment Assistance Available!*
- ☒ 1, 2 & 3 Bedroom Town Homes available!
- ☒ Prices starting from the \$300,000's
- ☒ Energy Efficient and Green Point Rated Homes

First Time Home Buyer Class Schedule

Saturday 10/10/2009 @ 2:00pm

*Class Held at Morgan Hill Community Center @
17000 Monterey Road, Morgan Hill, Ca 95037

Wednesday 11/11/2009 @ 6:00pm

Wednesday 12/2/2009 @ 6:00pm

*Class Held at Madrone Plaza Clubhouse @
18150 Opal Lane, Morgan Hill, Ca 95037



GreenPoint RATED
A better environment from the inside out.

Broker DRE # 01305312

Prices, Terms and Conditions Subject to change. Down Payment Assistance for qualified first time home buyers. Tax credits are for Qualified individuals. See sales Counselor for details.





Get Your PJs on and have a **Pumpjama Party™!**

Bedtime has never been so much fun. Put on your pajamas, grab some friends and jump on over to Pump it Up of Morgan Hill for your next get-together. We provide the inflatables, you provide the movie and snacks.

- Bounce and slide for an hour
- Bring a pillow and your favorite 90-minute movie and we'll digitally project it onto our big screen in the party room
- Order pizza and drinks and bring your favorite movie snacks
- Invite up to 20 guests

*Pumpjama Parties available at 6:30pm or 8pm
Friday through Sunday nights*

**To book your next party call
408.778.4FUN**

Pump It Up of Morgan Hill
285 Digital Drive
Morgan Hill, CA 95037

 **PUMP IT UP®**
THE INFLATABLE PARTY ZONE
www.PumpItUpParty.com

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EVENTS CALENDAR

AQUATICS CENTER

March 7 All Star Meet
April 8 -11 Short Course Far Westerns
May 29, 30, 31 Opening Weekend of Summer Season

For more information about the Aquatics Center visit
www.mhaquaticscenter.com or call 408.782-2134.

CENTENNIAL RECREATION CENTER

January 12	Membership Appreciation Day	9am-12pm
February 10	Membership Appreciation Day	4pm-7pm
February 27	Dive In Movie	7pm-10pm
March 11	Membership Appreciation Day	9am-12pm
March 27	Dive In Movie	7pm-10pm
April 6	Membership Appreciation Days	4pm-7pm
April 24	Dive In Movie	7pm-10pm
May TBA	Grand Opening of Fitness Expansion	

For more information about the Centennial Recreation Center visit
www.mhrcr.com or call 408.782.2128.

COMMUNITY & CULTURAL CENTER

January 29	YAC Fashion Show	7pm-9pm
March 6- 7	Dandelion Wishes Resale www.dandelionwishesresale.com	
April 16	South Valley Wine Auction www.southvalleywineauction.org	6 - 11pm
April 18	Math Mardi Gras www.mathmardigras.org	12 - 4pm
April 22	Earth Day Art & Science Fair Email: environ@morganhill.ca.gov	2 - 6pm
April 30	Senior Citizen Ball Chiquy Mejia at 408.782.2128	5pm-9pm
May 1	Art a la Carte	10am-3pm
May 29 & 30	Mushroom Mardi Gras www.mhmushroommardigras.com	

Art Exhibits

Apr 12-May 27 Morgan Hill Photography Club

For information about art exhibits please contact Karen Lengsfeld at
408.782.2128 ext.805. or karen.lengsfeld@morganhill.ca.gov

Ongoing Weekly Rotary luncheon (Wednesdays)
www.morganhillrotary.com

Monthly Chamber of Commerce Breakfast (1st
Thursday of the month) www.morganhill.org

For more information about the Community and Cultural Center visit
www.mhcommunitycenter.com or call 408.782.0008.

COMMUNITY PLAYHOUSE

Jan 22-Feb 7 Li'l Abner
April 23-May 9 Into The Woods

Presented by the South Valley Civic Theatre
Tickets available at the Community Center and at
BookSmart. 842-SHOW or www.svct.org

Last Thursday of Every Month

Comedy Night at the Playhouse
Tickets \$12/Adv \$10 • Doors 6:30pm/Show 7:30pm
(not recommended for children under 18)
408.782.0008 or visit www.morganhillcomedy.com

For information on all Playhouse performances, contact Debbie Lee-
Lazzarino at Morgan Hill Community Playhouse 408.782.0008.

Recreation and Community Services Team

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Parks and Recreation Commission

Meets bi-monthly on 3rd Tuesday of odd numbered months.
7PM City Council Chambers, 17555 Peak Avenue

Lisa Aragon	Martin Cheek	Laura M. Hagiperos
Katharine Hardt-Mason	Kimberly Leiser	Craig C. van Keulen
School District Liaison - Mike Hickey		

Library Arts and Cultural Commission

Meets bi-monthly on 2nd Tuesday of odd numbered months
7PM @Morgan Hill Library, 660 West Main

Valerie Chambliss	Victor Gaxiola	Ellen McKissock
Stan D. Salah	Emily Shem-Tov	Amy Whelan
Anita Woodson		

For further information about these commissions please contact
City Staff Liaison, Karen Lengsfeld @ 408.782.2128 ext. 805 or karen.lengsfeld@morganhill.ca.gov



**Creating Community
through People, Parks,
and Programs**

Happy 2010!

Our most sincere wishes for a prosperous New Year ahead! In spite of the challenging economic times, Morgan Hill's Recreation and Community Services Department remains strong. The services and programs that we offer continue to be in demand in our community. We thank you for your support and are glad that we continue to offer what the community seems to value most: opportunities to enjoy time with family, engage with others, and enrich your life!!!

One of the most significant new opportunities in 2010 is the Centennial Recreation Center Fitness expansion, scheduled to be completed in May. Check out page 9 for all the details/benefits of the expanded fitness center or visit www.mhrcr.com for the most up to date information about the expansion.

We also wanted to draw your attention to the amazing offerings of the Centennial Recreation Senior Center, many of which are free. (See page 46) During the past two years both the offerings and participation at our Senior Center have significantly increased. The Centennial Recreation Senior Center is **"A Place where Older Adults Thrive as Members of an Aging Friendly Community."**

We continue to encourage you to become familiar with the 41 Developmental Assets (pg. 14) The City of Morgan Hill is committed to fostering the Developmental Assets and supporting our youth in growing to become

caring, responsible, and healthy adults. We challenge you to incorporate an Asset- A-Month into your life (pg. 15).

One last reminder...the Community and Cultural Center continues to be an affordable venue to hold both your personal and professional meetings and events. Many of our meeting rooms rent for as low as \$25 per hour.



Additionally, under our Community Use Policy many non-profit groups can qualify for meeting room use for a nominal fee of \$15 per use.

We look forward to continuing to provide services and programs which the community needs, wants and values in 2010.

*Your Recreation and
Community Services Team*

Recreation Activity Guide always available at
www.mhrecreation.com.
Click on Recreation Activity Guide.

Facility Contact Information



Aquatics Center

www.mhaquaticscenter.com • 408-782-2134

16200 Condit Road, Morgan Hill

Year Round Office Hours:

Monday & Friday	11:00am – 2:00pm
Mon, Wed, Fri	4:00pm – 6:00pm

General Information	408.782.2134
Facility Rental.	408.782.2134 ext. 710
Swim Lessons	408.782.2128
Parties / Group Reservations.	408.782.2134 ext. 710



Community and Cultural Center & Community Playhouse

www.mhcommunitycenter.com • 408.782.0008

17000 Monterey Road, Morgan Hill

Office Hours:	Monday – Friday	8:00am – 5:00pm
CCC Room Rentals/Events:	Daily (by reservation)	8:00am – Midnight
Playhouse Rental/Events:	Daily (by reservation)	8:00am – 11:00pm

General Information	408.782.0008
Advertising in Recreation Activity Guide	408.782.0008 ext. 504
Art Exhibits	408.782.2128 ext. 805
Facility Rental/Event Coordination	408.782.0008 ext. 507
Playhouse Event Information	408.782.0008
Preschool	408.782.2128 ext. 830
Room Rental	408.782.0008 ext. 507
Sponsorship Opportunities	408.782.0008 ext. 508



Centennial Recreation Center

www.mhrc.com • 408.782.2128

171 West Edmundson, Morgan Hill



Hours of Operation:	Monday – Friday	5:00am – 10:00pm
	Saturday	6:30am – 8:00pm
	Sunday	8:00am – 6:00pm
Holiday Hours:	Christmas Eve	8:00am – Noon
	New Year's Eve	8:00am – Noon
Closed:	Easter, Memorial Day, July 4th, Labor Day, Thanksgiving Day, Christmas Day, New Year's Day	

General Information	408.782.2128
Gym Rental	408.782.2128 ext. 803
Indoor Swimming Lessons	408.782.2128
Kids Zone	408.782.2128 ext. 812
Membership Information	408.782.2128
Outdoor Sports Center Rental	408.782.2128 ext. 805
Party Packages	408.782.2128
Park and Field Reservations.	408.782.2128 ext. 805
Programs and Classes	408.782.2128
Room Rentals	408.782.0008 ext. 504
Senior Center	408.782.1284
Special Event Permits	408.782.2128 ext. 805
Teen Center.	408.782.2128 ext. 807



Outdoor Sports Center

www.mhosc.com • 16500 Condit Road, Morgan Hill

Hours of Operation: Daily (by reservation) 6:00am – 10:00pm

General Information	408.782.2128 ext. 805
Advertising	408.782.0008 ext 504
Facility Rental	408.782.2128 ext. 805

CRC PRICES

Type	Member (resident)	Member (non-resident)	Non-member (resident)	Non-member (non-resident)
Membership Processing Fee	\$50-Individual \$75-Family/Couple	\$50-Individual \$75-Family/Couple	-	-
Adult Membership	\$55/mo	\$59/mo	-	-
Family Membership	\$80/mo	\$86/mo	-	-
Senior / Special Hours	\$39/mo	\$43/mo	-	-
Senior Couple / Special Hours	\$66/mo	\$72/mo	-	-
Adult Plus	\$38/mo	\$42/mo	-	-
Teen Fitness	\$25/mo	\$29/mo	-	-
Add-on YMCA Membership	FREE	FREE	Fee	Fee
Core class	FREE	FREE	Day Pass + \$5	Day Pass + \$5
Day Pass	-	-	\$9-Adult \$5-Youth	\$10-Adult \$7-Youth
Kids' Zone	FREE	FREE	\$4/child	\$4/child



BENEFITS OF MEMBERSHIP

- Free group exercise classes
- Free aqua fitness classes at both the CRC and Aquatics Center
- Free lap and recreational swimming at both the CRC and Aquatics Center
- Free access for your children (up to age 21)
- Free use of open gym - volleyball / basketball / badminton / soccer
- Free access to the Skate Park
- Member prices for swim lessons and specialty classes
- Free access to 5 YMCA of Silicon Valley branches
- Use of YMCA facilities around the country while traveling

CORE MEMBER PROGRAMS

Core fitness classes and FitInxx are free for members. The following are included with a membership.

- Group exercise classes
- Group cycling classes
- Fitness orientation
- Open gym
- Lap swim, aqua fitness, recreational swim at both the CRC and Aquatics Center

HERE'S HOW YOU CAN GET INVOLVED

- Come to the Senior or Teen Center(s) for free.
- Join the fitness facility as an individual or family member.
- Pay to sign up for a specific class.
- Buy a Day Pass for a single visit.

MEMBERSHIP CATEGORIES

Adult: Includes one adult and all children through the age of 21 living at the same address. Access all hours, all core programs, except children ages 9-12 do not have access to the Fitness Center M-Th 5:00pm-8:00pm.

Family: Two adults and all children through age of 21 living at the same address. Access all hours, all core programs, except children ages 9-12 do not have access to the Fitness Center M-Th 5:00pm-8:00pm.

Senior/Special Hours: One adult (21 and older), designed for seniors and those with flexible schedules. Access 10am to 4pm weekdays, and anytime on the weekends (access to other YMCA's are not included in this membership). Access all core programs during these hours. Children are not included in this membership.

Couple Senior / Special Hours: Two adults (21 and older), designed for seniors and those with flexible schedules. Access 10 am to 4pm weekdays, and anytime on the weekends (access to other YMCA's are not included in this membership). Access all core programs during these hours. Children are not included in this membership.

Adult Plus: Additional adult to a family membership, living at the same address. Access all hours, all core programs.

Teen: One teen, ages 13-18. Access all hours, all core programs.

ABOUT THE CENTENNIAL RECREATION CENTER

The Centennial Recreation Center offers a wide variety of fitness and recreational options for the whole family. This 52,000 square foot facility offers a fitness center with strength and cardio equipment, group exercise studio that includes aerobics, yoga, pilates and group cycling, gymnasium with youth and adult open gym and leagues, Kids Zone (childcare while you workout), indoor pool with slide and water features, swim lessons, water aerobics, recreational swim, senior center and senior nutrition program, teen center, locker rooms, and meeting rooms.

ABOUT THE AQUATICS CENTER

The Morgan Hill Aquatics Center is a world class swim center offering both an Olympic size competition pool and a warm water warm up/instructional pool. Lap swimming and aqua fitness classes are offered year round. Additionally, the Aquatics Center offers two giant water slides, sprayground and water playground available for recreational use during the summer months.

THE PARTNERSHIP

On May 3, 2006, the Morgan Hill City Council approved an agreement with the YMCA of Silicon Valley to cooperatively operate the City's new Centennial Recreation Center (CRC). The CRC was built to promote multi-generational interaction and advance the physical well being of our community. As partners, the City of Morgan Hill and the YMCA provide high quality health and fitness, aquatics, youth, teen, family, and senior programs for Morgan Hill residents and the surrounding community to enjoy!

ABOUT THE SKATEBOARD/BMX PARK

The facility is a 15,000 square foot park with street style elements and a bowl/flowcourse. The park is designed for both skateboarding and BMX use. Safety equipment is required and includes a helmet, knee pads and elbow pads

CORE PROGRAMS

AQUATICS

INDOOR LAP SWIM

The Centennial Recreation Center Pool has the ability to accommodate three 20 yard lap lanes. During scheduled Lap Swim Times there will be a minimum of 1 lap lane available except for the below noted times.

Location: Centennial Recreation Center

Monday-Friday 5:00am-9:30pm
(Lap swim WILL NOT be available during these times;
M/W/F 11:40am-12:50pm and M-TH 6:55pm-8:05pm)
Saturday 6:30am-7:30pm
(Lap swim WILL NOT be available from 7:55-9:05am)
Sunday 8:00am-5:30pm

OUTDOOR LAP SWIM

Lap swim is available at the Aquatics Center Competition Pool. Current CRC membership or day pass fees apply for General Public Lap Swim. During Scheduled lap swim times there will be at least 5 lanes open for lap swimming.

Location: Morgan Hill Aquatics Center

Monday-Friday 5:00am-8:00am & 11:30am-1:30pm
Monday, Wednesday & Friday 5:00pm-8:00pm
Saturday 7:00am-10:00am

CO-ED AQUATIC FITNESS CLASSES

Location: Morgan Hill Aquatics Ctr & Centennial Recreation Ctr

All aquatics fitness classes are included as part of the CRC membership. Customers can also elect to pay a drop in fee to participate in classes.

Shallow Tone

This shallow water class is designed to accommodate all fitness levels. With a combination of cardiovascular conditioning, toning techniques, and strengthening exercise, this class will provide you with a total body workout minus the effect from hard surfaces. Aqua socks or tennis shoes are recommended.

Beginner Sculpt

A gentle cardiovascular and muscle toning class geared for the novice participant. Aqua socks or tennis shoes are recommended.

Deep H2O Dynamics

This class is designed for more proficient swimmers and is taught in 7ft. of water. Deep water aerobics with the assistance of cuffs and hand buoys will increase flexibility, strength, cardiovascular endurance, balance, and motor coordination in a non-impact environment.

Updated schedule online at
www.mhaquaticscenter.com

Child care while you work out.

Free to CRC Members, drop in fee for non-members \$4.

Ages 6wks-12yrs.

Parent/Guardian must remain in building at all times.

M-F 8:00am-8:00pm

SA 8:30am-1:30pm

SU 8:30am-12:00pm

Monthly Activity Calendar online at www.mhrc.com

KIDS' ZONE

GROUP EXERCISE CLASSES

The CRC offers a wide variety of fitness classes. We strive to accommodate all levels of fitness. If you are new to class, please let your instructor know. She/He may recommend appropriate modifications. You are encouraged to work out at your own pace.

Updated schedule at www.mhrc.com

FITNESS CENTER

Our Fitness Center offers Cybex strength equipment, cardiovascular equipment which include treadmills, elliptical machines, cross trainers, recumbent bikes and free weights. The CRC provides certified professionally trained staff who are there to assist you and help you reach your fitness goals.

New Member Orientation

One of the premium benefits of joining the CRC as a member is the opportunity to learn how to use our fully equipped Fitness Center to your best advantage. The CRC offers all Facility Members free one-on-one orientations with our trained fitness coaches. Make your appointment today at the Front Desk!

FITLINXX

Fitlinxx is an interactive computerized fitness network designed to make sure you get a personalized workout each time you exercise. The system is designed to give you instant feedback while you exercise on the Cybex equipment and for your fitness coach to monitor your progress and help you reach your fitness goals. Each piece of equipment works on a specific muscle group and is safe, effective and easy to use. Sign up now for a free orientation.

GYMNASIUM

The CRC offers a full court gymnasium. The gymnasium is available for open gym volleyball, basketball and badminton, and Youth and Adult Sports Leagues.

Updated schedule at www.mhrc.com

SKATEBOARD/BMX PARK

The park offers designated Skateboard and BMX days and times. More details on page XX.

Updated schedule at www.mhrc.com





CRC Fitness Expansion 2010...

The Centennial Recreation Center (CRC) is expanding. Due to the overwhelming success of the CRC we have quickly outgrown our space. The CRC Fitness Expansion Project will increase the size of the Fitness Center by nearly 2,000 square feet. This increases the size of the Center by about 67% to a total of approximately 5,000 square feet. Leading up to the Fitness Expansion we asked for your feedback. We heard you and have incorporated what you asked for in to the Fitness Expansion.

How will the Fitness Center Improve?

Got Space? A primary concern for members has been the need for better spacing throughout the Fitness Center. This will be accomplished by providing a designated walkway through the Fitness Center with better access to all areas. More equipment will be added and at the same time overall spacing will also be improved.

Watch us Grow. As we complete the expansion, we will be adding more equipment to the facility. As our members requested, the biggest increase will be in the amount of cardio equipment. Eight new treadmills along with other high use equipment will increase the amount of cardio equipment in the Fitness Center by 50%.

A Flexible Solution. The expanded Fitness Center will have a designated stretching area complete with open floor space and a variety of specialized stretching equipment. The designated area will provide a safe and comfortable place for members to stretch.

Worth the Weight. There will be additions to the free weight area, including: more benches, dumbbells, and weights. There will also be more space allocated to the free weight area.

Strengthening Our Future. Youth specific equipment will be added to the facility so that our youth will have a place to work out safely on equipment designed specifically for them. This will not only be a great thing for our youth members, but will open up more time on the other equipment for all users.

When it will happen?

Construction began in October 2009 and will last through April 2010 with the project concluding and the new space opening in early May.

What to expect during construction?

The goal for the CRC Team during the construction is to minimize the impact to our members in every way possible, while at the same time supporting the quick completion of the project. The addition will be constructed directly north of the Fitness

Center in the landscaped area between the current room and the parking lot. Much of the construction should be able to be completed while the current space is still in use. Some construction will take place inside the Fitness Center, including: office and storage relocations, minor flooring changes, relocation of the entry way, and other smaller changes.

At the start of construction, members will notice the relocation of some existing equipment to prepare for the project. The first relocation will take place in late October or early November just before the project begins. We will transition the hallway area into a new "Cardio Corridor", where some of the cardio equipment will be located during construction. In this area, both fans and televisions will be added to provide a better experience for members. In addition to the hallway equipment, some relocation in the Fitness Center itself will also take place. The goal is to keep all equipment available to members at all times. It is anticipated that in addition to the initial relocation of equipment there will be a second relocation midway through the project. The CRC Team will provide members with notice ahead of time for any major changes.

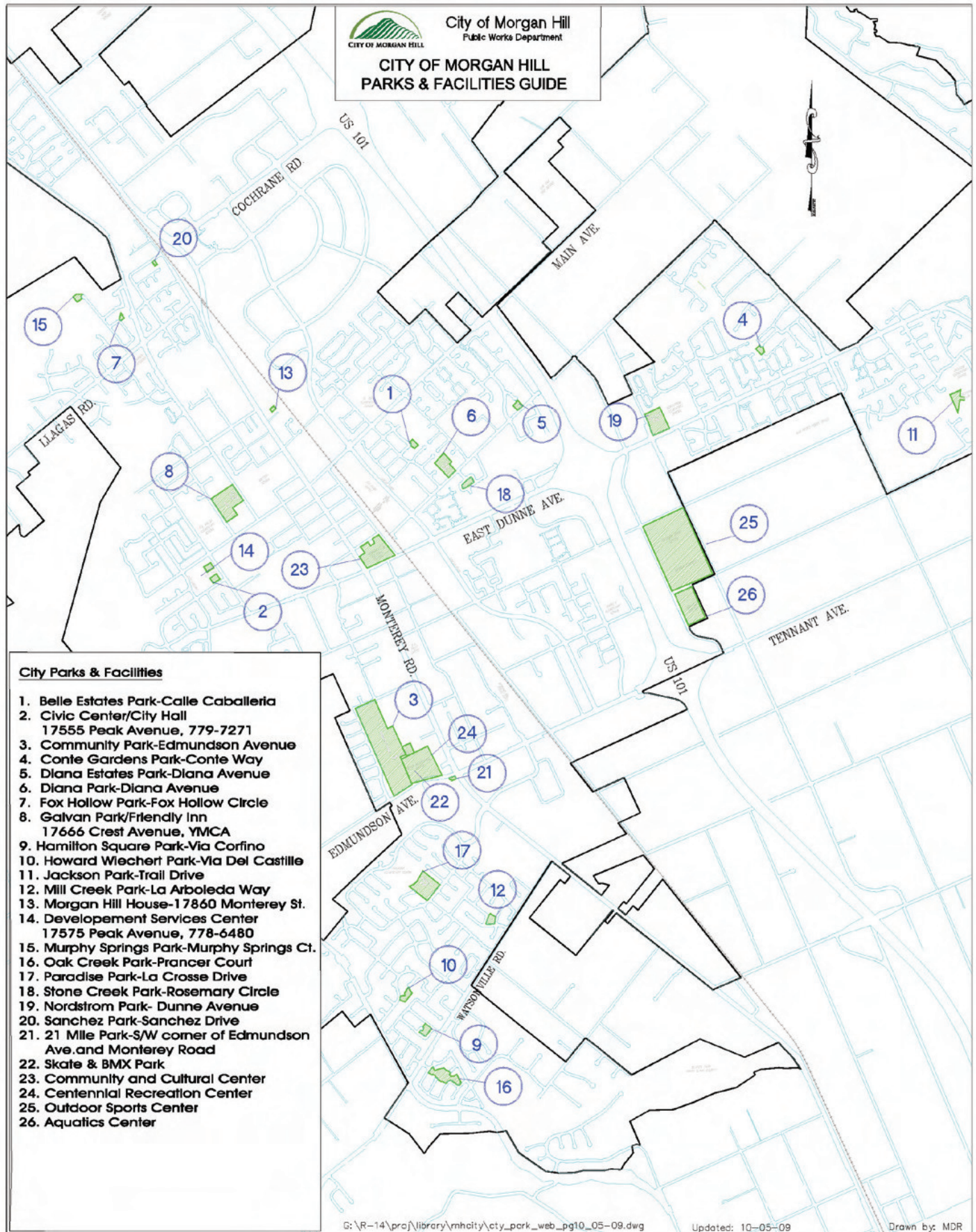
During construction the building contractor will be utilizing the last 12 spaces in the parking lot, creating a small loss in parking. During this time the area and the parking lot will be well signed and marked. We hope to keep noise and dirt to a minimum inside the facility and will take the necessary precautions to be sure that construction area is well sealed off from the area used by members.

We're Excited!!!

The CRC Team is very excited about the upcoming Fitness Expansion and the ability to provide our members with a new and improved Fitness Center. We are committed to minimizing construction impacts to our members and believe the benefits you will soon experience in our expanded Fitness Center will definitely be "Worth the Weight"! Thank you for your patience and please don't hesitate to contact us with any questions or concerns you may have.

Team CRC

www.mhcrc.com • 408.782.2128



PICNIC AREA AND SPORT FIELD RESERVATIONS

Many of our parks have picnic areas and sport fields that are available to reserve. To make a reservation, complete a reservation request form at least 7 days prior to your event.

A list of parks and reservation form are available at the Centennial Recreation Center or on-line at the City's website at www.mhrecreation.com.

Picnic Area Reservation Fees

Resident: \$47
Non-resident: \$84

Community Park Large Gazebo Area Reservation Fees

Resident: \$60
Non-resident: \$110

Community Park Small Gazebo Area Reservation Fees

Resident: \$47
Non-resident: \$84

Sport Field / Tennis Court Reservation Fees

Resident: \$5/hr (minimum \$27)
Non Resident \$6/hr (minimum \$44)
Lights: \$8/hr

Special Events Permits

To reserve a park for a special event a Special Events Permit is required. Special events are those events that meet any of the following criteria:

- Will have more than 50 people in attendance
- Have entertainment
- Alcohol or food sales
- Charging an entry fee

A Special Events Permit application must be completed no later than 60 days before the date of the event. Special Events Permits are available at the Centennial Recreation Center or on-line at the City's website at www.mhrecreation.com

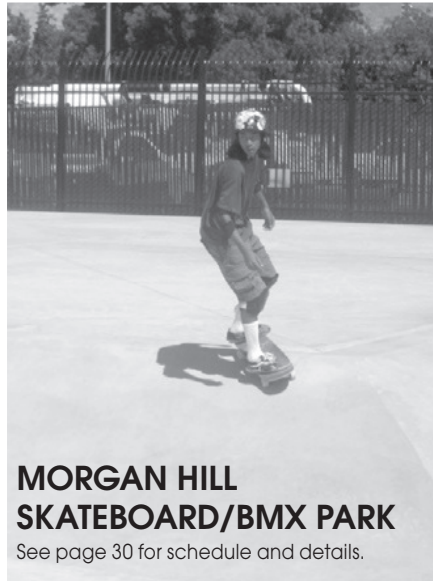
Special Event Permit Fees

Under 500 people in attendance: \$206
500 people or more in attendance: \$584

For more information, please contact the Recreation and Community Services Staff at 408.782.2128 ext 805.

Park & Field Reservations • Centennial Recreation Center

171 W. Edmundson, Morgan Hill, CA 95037
(408) 782-2128 • www.morganhill.ca.gov



MORGAN HILL SKATEBOARD/BMX PARK

See page 30 for schedule and details.

OUTDOOR SPORTS CENTER

Field scheduling and reservations are completed at the Centennial Recreation Center or by calling (408) 782-2128. The field reservation form is also available at www.mhosoc.com.

Synthetic Turf Field Rates* Hourly Rate per Field

Resident, non-profit: practice \$10*
Resident, non-profit: games \$10*
Non-resident, non-profit \$28*
Resident \$21*
Non-resident \$42*
Commercial \$84*

One hour minimum for all field rentals or \$17 minimum, whichever is greater. Reserved in one hour increments.

Field Lights - All \$8
Scoreboard \$8/use/field
PA System \$4/use/field
Parking Lot \$500/day

*Rates are subject to change.

City Parks & Recreation Facilities	Total Park Acres	Play equipment	Small Picnic Area	Reservable Group Picnic Area	Restrooms	Ballfield	Multi-purpose Sports Fields	Basketball	Volleyball	Handball	Tennis	Dog Park	Pool / Sprayground
Aquatics Center	8			+	+								+
Centennial Recreation Center	8				+			2	2				+
Community & Cultural Center	6	+			+								+
Community Park	24.28	+	+	+	+	4		1			8	+	
Diana Park	3.08	+	+					1					
Galvan Park	8	+	+	+	+	1	2			1			
Jackson Park	1.3	+	+										
Library with Play Structure	0.11	+			+								
Nordstrom Park	4.57	+	+										
Outdoor Sports Center	38				+		2						
Paradise Park	15	+				1	2						
Skate Park	1				+								

City of Morgan Hill Recreation Facility Rental Reference

Prime Time: Friday 5:00pm through Sunday Midnight

RD= \$500 Refundable Damage Deposit Required

FACILITY RENTAL

Name/Rental Fee (Hourly)	Capacity	Features	Equipment
Community and Cultural Center			
<u>Amphitheater (RD)</u> Non-Prime: All \$80 Prime Time: Standard Business \$115 Resident: \$109 Non-Profit \$97	300 picnic style seating	<ul style="list-style-type: none"> Large band shell is 40' wide by 20' deep Tiered lawn seating 1000+ with chairs brought in Wheel chair parking Stage and lawn lighting 	Built-in Sound System
<u>Children's Pavilion (RD)</u> Non-Prime: All \$25 Prime Time: Standard Business \$80 Resident: \$76 Non-Profit \$68	34 people	<ul style="list-style-type: none"> 2,200 Sq Ft. enclosed outdoor playground adjacent to the activity room. Indoor child-size restroom 840 Sq. Ft. 	Child size tables and chairs.
<u>Diana Murphy Room</u> Non-Prime: All \$25 Prime Time: Standard Business \$80 Resident: \$76 Non-Profit \$68	20 people	<ul style="list-style-type: none"> Ideal for art and craft classes such as painting, drawing and sculpture. Enhanced by abundance of natural light. Outdoor patio space. 824 Sq.Ft. 	Multiple Sinks Abundant counter-top space. Tables and Chairs
<u>El Toro Room (RD)</u> Non-Prime: All \$45 Prime: Standard Business \$140 Resident: \$133 Non-Profit \$119	Up to 100 people	<ul style="list-style-type: none"> Perfect for intimate gatherings. Beautiful octagonal design. Perfect for receptions, ceremonies, dances, meetings or lectures. Hardwood floor and adjacent patio with rental. 1,750 Sq. Ft. 	CD Player Cassette Player 4 Internet Connections
<u>Hiram Morgan Hill Rm(RD)</u> Non-Prime: All \$85 Prime: Standard Business \$165 Resident \$156 Non-Profit \$140	Up to 250 – 300 people	<ul style="list-style-type: none"> Large windows along the south wall fill the room with natural light and auto shades to darken room. Large doors open to adjacent rose garden. A stage area, 20'w & 14' deep for presentations, musicians or DJ's or performances. 4,030 Sq. Ft. 	Sound System Theater Lighting Big Screen CD Player Unit Wheel Chair Lift 5 Internet Connections
<u>Machado Room</u> Non-Prime: All \$25 Prime: Standard Business \$80 Resident \$76 Non-Profit \$68	16 people	<ul style="list-style-type: none"> Wired to accommodate computer & teleconferencing needs. Use of kitchen facilities. 460 Sq. Ft. room with Boardroom table seating for 16 Doors open onto mezzanine area at the back of amphitheater. Sink and coffee service includes coffee, tea & condiments. Wall mounted maker boards. 	Phone and internet access. Built-in screen TV/VCR/DVD player White Board 1 sink
<u>Madrone Room</u> Non-Prime: All \$25 Prime: Standard Business \$80 Resident \$76 Non-Profit \$68	30 people	<ul style="list-style-type: none"> 670 Sq. Ft. room designed for business meetings, small seminars, & breakout spaces. Doors open onto mezzanine area at the back of the amphitheater. Sink and coffee service includes coffee, tea & condiments. Wall mounted marker board. 	Phone and internet access Built-in screens TV/VCR/DVD LCD projector White Board
<u>Mira Monte Dance Room</u> Non -Prime: All \$25 Prime: Standard Business \$80 Resident \$76 Non-Profit \$68		<ul style="list-style-type: none"> Ideal for jazz, ballet, yoga, or pilates classes. Low impact hardwood floors. Wall mirrors, dance bars & state of the art sound system 999 Sq. Ft. 	CD player Cassette player

Name/Rental Fee (Hourly)	Capacity	Features	Equipment
Morgan Hill Playhouse			
<u>Playhouse (RD) Full Stage</u> Non-Prime: All \$80 Prime: Standard Business \$165 Resident \$156 Non-Profit \$140	185 people	<ul style="list-style-type: none"> Perfect for musical performances, live theater, lectures, ceremonies & presentations. Raked floor with comfortable audience seating Fully compliant with American with Disabilities' Act with wheel chair area Proscenium stage approximately 35' wide x 42' deep. Comfortable, well-lit dressing rooms with restrooms, A/C, heating Easily accessible loading dock. Spacious lobby appropriate for receptions. 	Theatrical lighting Sound system with control board and stage-pin receptacles.
<u>Partial Stage</u> Non-Prime: All \$25 Prime: Standard Business \$165 Resident \$133			

City of Morgan Hill Recreation Facility Rental Reference

Prime Time: Friday 5:00pm through Sunday Midnight

RD= \$500 Refundable Damage Deposit Required

FACILITY RENTAL

Non-Profit \$119 <u>Playhouse (con't.) Meeting Use</u> <u>Meeting Use</u> Non-Prime: All \$25 Prime: Standard Business \$80 Resident \$76 Non-Profit \$68			
Centennial Recreation Center			
<u>CRC Meeting Room #1</u> Non-Prime: All \$25 Prime: Standard Business \$80 Resident \$76 Non-Profit \$68	25 people	<ul style="list-style-type: none"> • Perfect for meetings or classes • Natural light from wall of east windows • Counter space, small sink and storage • Adjacent to Senior Center lobby/entrance 	White Board Tables/Chairs
<u>CRC Meeting Room #2</u> Non-Prime: All \$25 Prime: Standard Business \$80 Resident \$76 Non-Profit \$68	15 people	<ul style="list-style-type: none"> • Perfect for small business meeting • Counter space 	White Board Tables/Chairs
<u>CRC Gymnasium (RD)</u> Non-Prime: All \$30 Prime: Standard Business \$42 Resident \$39 Non-Profit \$35		<ul style="list-style-type: none"> • Sports equipment available • Lined for basketball, volleyball and badminton Volleyball or Badminton Nets (includes setup) \$10/day Indoor Soccer Goals (includes setup) \$5/day Gym Scoreboard Control \$10/day	Basketball hoops Equiped for Volleyball court
<u>CRC Gymnasium (RD) Half</u> Non-Prime: All \$15 Prime: Standard Business \$22 Resident \$20 Non-Profit \$18		<ul style="list-style-type: none"> • Sports equipment available • Lined for basketball, volleyball and badminton Volleyball or Badminton Nets (includes setup) \$10/day Indoor Soccer Goals (includes setup) \$5/day Gym Scoreboard Control \$10/day	Basketball hoops Equiped for Volleyball court
<u>Multi-Purpose Room</u> Non-Prime: All \$45 Prime: Standard Business \$140 Resident \$133 Non-Profit \$119	100 people	<ul style="list-style-type: none"> • Lovely view of El Toro • Significant natural light provided through western wall of windows • Adjacent outdoor patio area • Perfect for casual events, large meetings or classes • Counter space available on south side of room 	Tables/Chairs Sound System Built in screen Projector
<u>Multi-Purpose (Half)</u> Non-Prime: All \$25 Prime: Standard Business \$80 Resident \$76 Non-Profit \$68	50 people	<ul style="list-style-type: none"> • View of El Toro • Adjacent outdoor patio • Perfect for meeting or class 	Tables/Chairs Sound System Built in screen Projector
<u>CRC Teen Center (Sunday only)</u> Standard Business: \$80 Resident: \$76 Non-Profit: \$68	45 people	<ul style="list-style-type: none"> • Attached outdoor patio space • Perfect for a Pre Teen/Teen gathering or party 	Tables/Chairs Computers Game tables TV Monitor
<u>Party Room</u> Non-Prime: All \$25 Prime: Standard Business \$80 Resident \$76 Non-Profit \$68	20 people	<ul style="list-style-type: none"> • Perfect for small parties, classes or meetings • Counter space and small sink available 	Tables/Chair White Board

Room Cancellations:

Cancellations made prior to 120 days even will receive a full refund, minus a cancellation fee of \$100. Cancellations 120 days or less before event will forfeit all monies paid to date.

Events serving alcohol and/or dancing: (alcohol is not permitted at the Centennial Recreation Center)

Insurance fee is TBD per event, non-refundable

Security Guard \$30/hr per guard, 4 hr. minimum, per guard

General Information:

Shared kitchen use available at the Community & Cultural Center

LCD projector rental available

Rose garden rental chairs available, rental fee is TBD

41 Development Assets List

Years of research by the Search Institute of Minneapolis have identified 41 “developmental assets” that have a proven relationship to healthy youth development. These assets include both external experiences which provide young people with support, empowerment and boundaries and the internal values, strengths and commitments that they need in order to thrive. As Asset Charts demonstrate, there is a direct relationship between increasing the number of assets and decreasing the incidence of high risk behaviors such as violence and drug and alcohol abuse.

EXTERNAL ASSETS

SUPPORT

1. FAMILY SUPPORT Family life provides high levels of love and support
2. POSITIVE FAMILY COMMUNICATION Young person and her or his parent(s) communicate positively, and young person is willing to seek advice and counsel from parent(s)
3. OTHER ADULT RELATIONSHIPS Young person receives support from three or more non-parent adults
4. CARING NEIGHBORHOOD Young person experiences caring neighbors
5. CARING SCHOOL CLIMATE School provides a caring, encouraging environment
6. PARENT INVOLVEMENT IN SCHOOLING Parent(s) are actively involved in helping young person succeed in school

EMPOWERMENT

7. COMMUNITY VALUES YOUTH Young person perceives that adults in the community value youth
8. YOUTH AS RESOURCES Young people are given useful roles in the community
9. SERVICE TO OTHERS Young person serves in the community one hour or more per week
10. SAFETY Young person feels safe at home, school, and in the neighborhood

BOUNDARIES AND EXPECTATIONS

11. FAMILY BOUNDARIES Family has clear rules and consequences and monitors the young person's whereabouts
12. SCHOOL BOUNDARIES School provides clear rules and consequences
13. NEIGHBORHOOD BOUNDARIES Neighbors take responsibility for monitoring young people's behavior
14. ADULT ROLE MODELS Parent(s) and other adults model positive, responsible behavior
15. POSITIVE PEER INFLUENCE Young person's best friends-model responsible behavior
16. HIGH EXPECTATIONS Both parent(s) and teachers encourage the young person to do well

CONSTRUCTIVE USE OF TIME

17. CREATIVE ACTIVITIES Young person spends three or more hours per week in lessons or practice in music, theater, or other arts
18. YOUTH PROGRAMS Young person spends three or more hours per week in sports, clubs, or organizations at school and/or in the community
19. RELIGIOUS COMMUNITY Young person spends one or more hours per week in activities in a religious institution
20. TIME AT HOME Young person is out with friends “with nothing special to do” two or fewer nights per week

INTERNAL ASSETS

COMMITMENT TO LEARNING

21. ACHIEVEMENT MOTIVATION Young person is motivated to do well in school
22. SCHOOL ENGAGEMENT Young person is actively engaged in learning
23. HOMEWORK Young person reports doing at least one hour of homework every school day
24. BONDING TO SCHOOL Young person cares about her or his school
25. READING FOR PLEASURE Young person reads for pleasure three or more hours per week

POSITIVE VALUES

26. CARING Young person places high value on helping other people
27. EQUALITY AND SOCIAL JUSTICE Young person places high value on promoting equality and reducing hunger and poverty
28. INTEGRITY Young person acts on convictions and stands up for her or his beliefs
29. HONESTY Young person “tells the truth even when it is not easy.”
30. RESPONSIBILITY Young person believes accepts and takes personal responsibility
31. RESTRAINT Young person believes it is important not to be sexually active or to use alcohol or other drugs

SOCIAL COMPETENCIES

32. PLANNING AND DECISION MAKING Young person knows how to plan ahead and make choices
33. INTERPERSONAL COMPETENCE Young person has empathy, sensitivity, and friendship skills
34. CULTURAL COMPETENCE Young person has knowledge of and comfort with people of different cultural/racial/ethnic backgrounds
35. RESISTANCE SKILLS Young person can resist negative peer pressure and dangerous situations
36. PEACEFUL CONFLICT RESOLUTION Young person seeks to resolve conflict nonviolently

POSITIVE IDENTITY

37. PERSONAL POWER Young person feels he or she has control over “things that happen to me.”
38. SELF-ESTEEM Young person reports having a high self-esteem
39. SENSE OF PURPOSE Young person reports that “my life has a purpose.”
40. POSITIVE VIEW OF PERSONAL FUTURE Young person is optimistic about her/his personal future
41. POSITIVE CULTURAL IDENTITY Young person feels proud of her/his cultural background*

*Cornerstone established this asset through local community input.

2010 ASSET-A-MONTH CALENDAR



January

Asset #14

ADULT ROLE MODELS

Parent(s) and other adults model positive, responsible behavior

Mentoring Month

February

Asset #14

YOUTH AS RESOURCES

Young people are given useful roles in the Community

Youth Leadership Month

March

Asset #17

CREATIVE ACTIVITIES

Young person spends three or more hours per week in lessons or practice in music, theater, or other arts

April

Asset #9

SERVICE TO OTHERS

Young person serves in the community one or more hours per week

Volunteer Month

May

Asset #18

YOUTH PROGRAMS

Young person spends three or more hours per week in sports, clubs, or organizations at school

National Family Month

June

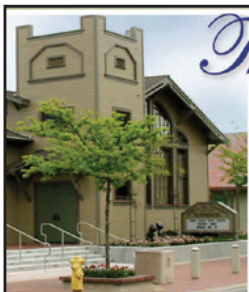
Asset #10

SAFETY

Young person feels safe at home, school, and in the neighborhood

Safety Month

continued on next page



The place to go to celebrate life!

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meetings
performances
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PARTIES

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July
Asset #7
COMMUNITY VALUES YOUTH
Young person perceives that adults in the community value youth
Parks & Recreation Month

August
Asset #4
CARING NEIGHBORHOOD
Young person experiences caring neighbors
National Night Out

September
Asset #6
PARENT INVOLVEMENT IN SCHOOL
Parents(s) are actively involved in helping young person succeed in school
School Success Month

October
Asset #2
POSITIVE FAMILY COMMUNICATION
Young person & parent(s) communicate positively, and young person is willing to seek advice and counsel from parents)
Communicate with Your Kid Month

November
Asset #41
POSITIVE CULTURAL IDENTITY
Young person feels proud of her/his cultural background
Family Stories Month

December
Asset #1
FAMILY SUPPORT
Family life provides high levels of love and support
Stress Free Family Holiday Month

The Asset-a-Month program is an initiative of the Project Cornerstone public policy team, which contains representatives from local governments, agencies, and youth-serving organizations. For more information visit www.projectcornerstone.org. Several local organizations have adopted the developmental assets within their agencies and can also be contacted in regards to questions regarding developmental assets. These organizations include: Centennial Recreation Center—(408) 782-2128 or www.mhrcr.com; Mt. Madonna YMCA— www.ymcasv.org; Morgan Hill Recreation and Community Services—www.mhrecreation.com



Mat, bar, and beam.
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PRIVATE SWIM LESSONS

Private swim lessons for ages 3 years through adult, and for any level of ability, are available in a 4 week session. Instruction is geared toward the individual student's ability. The private swim lessons are offered as an eight class session that is thirty minutes in length per class. The sessions are either M/W or T/TH over four weeks or Saturday for eight weeks. One student/participant is enrolled in the entire eight class session. The Centennial Recreation Center does not accept rescheduling of missed classes for this program.

Registration for these classes is on a first come, first served basis.

Instructor: CRC Aquatic Staff

Location: Centennial Recreation Center

Session 1:

Mon/Wed classes	Jan 11th – Feb 3rd
Tue/Thu classes	Jan 12th – Feb 4th
SAT Classes	Jan 23rd – Mar 13th

Session 2:

Mon/Wed classes	Feb 15th – Mar 10th
Tue/Thu classes	Feb 16th – Mar 11th
SAT Classes	Mar 27th – May 15th

Session 3:

Mon/Wed Classes	Mar 22nd – Apr 14th
Tue/Thu Classes	Mar 23rd – Apr 15th

Session 4:

Mon/Wed Classes	Apr 26th – May 19th
Tue/Thu Classes	Apr 27th – May 20th

Residents: \$233/ CRC Member: \$218

Non Resident: \$243/ CRC Member: \$228

Mon/Wed Classes

	Session 1 Jan 11	Session 2 Feb 15	Session 3 Mar 22	Session 4 Apr 26
TIME	Activity #	Activity #	Activity #	Activity #
4:00-4:30pm	4580.121	4580.125	4580.129	4580.133
4:30-5:00pm	4580.122	4580.126	4580.130	4580.134
5:00-5:30pm	4580.123	4580.127	4580.131	4580.135
5:30-6:00pm	4580.124	4580.128	4580.132	4580.136

Tue/Thu Classes

	Session 1 Jan 12	Session 2 Feb 16	Session 3 Mar 23	Session 4 Apr 27
TIME	Activity #	Activity #	Activity #	Activity #
4:00-4:30pm	4580.137	4580.141	4580.145	4580.149
4:30-5:00pm	4580.138	4580.142	4580.146	4580.150
5:00-5:30pm	4580.139	4580.143	4580.147	4580.151
5:30-6:00pm	4580.140	4580.144	4580.148	4580.152
	Saturday	Classes		

Sat Classes

	Session 1 Jan 23	Session 2 Mar 27
TIME	Activity #	Activity #
9:00-9:30am	4580.153	4580.157
9:30-10:00am	4580.154	4580.158
10:00-10:30am	4580.155	4580.159
10:30-11:00am	4580.156	4580.160

PRIVATE SWIM LESSONS

Private swim lessons for ages 3 years through adult, and for any level of ability, are available in a 4 week session. Instruction is geared toward the individual student's ability. The private swim lessons are offered as an eight class session that is thirty minutes in length per class. The sessions are either M/W or T/TH over four weeks. One student/participant is enrolled in the entire eight class session. The Aquatics Center does not accept rescheduling of missed classes for this program.

Registration for these classes is on a first come, first served basis.

Instructor: Aquatics Center Staff

Location: Aquatics Center

Session 1:

Mon/Wed Classes	Mar 22nd – Apr 14th
Tue/Thu Classes	Mar 23rd – Apr 15th *

* No class on 4/8 due to a swim meet hosted at the Aquatics Center. A make up will be held on Tuesday, April 20th at the same time the lesson was scheduled.

Session 2:

Mon/Wed Classes	Apr 26th – May 19th
Tue/Thu Classes	Apr 27th – May 20th

Residents: \$233/ CRC Member: \$218

Non Resident: \$243/ CRC Member: \$228

Session 1	M/W 3/22 – 4/14	T/TH 3/23 – 4/15
TIME	Activity #	Activity #
4:00pm	4580.101	4580.111
4:30pm	4580.102	4580.112
5:00pm	4580.103	4580.113
5:30pm	4580.104	4580.114
6:00pm	4580.105	4580.115

Session 2	M/W 4/26 – 5/19	T/TH 4/27 – 5/20
TIME	Activity #	Activity #
4:00pm	4580.106	4580.116
4:30pm	4580.107	4580.117
5:00pm	4580.108	4580.118
5:30pm	4580.109	4580.119
6:00pm	4580.110	4580.120

Core Aquatics Programspage 8
Lap Swim, Aquatics Fitness Classes

Fun 'n' Fit Swim Conditioning . . .page 20, 34

Waterpolo. page 20

Red Cross Lifeguarding Class . . .page 34, 40

Water Safety Instructor34, 40

Aquatics Triathlon Training34, 40

Dive In Movie 20, 34, 40

Class Descriptions

Parent/Tot Program

Cuttle Fish A

Ages: 6 months-17 months

Prerequisites: Parent participation is required

Skills Checklist: Infant skills-

Water adjustment, getting wet - Front kick
Exploring the pool, holding positions
Front glide, readiness, passing, drafting
Underwater exploration, readiness, bubble blowing, scooping
Back float, adjusting to water in back position, readiness
Rolling over, front to back & back to front - Exit water, parent carrying child
Arm movement, front position, combined with kicking



Cuttle Fish B

Ages: 18 months-35 months

Prerequisites: Parent participation is required

Skills Checklist: Toddler skills-

Front glide, drifting with breathing
Underwater exploration, bobbing, opening eyes
Arm movement on back, finning combined with kicking
Changing positions, vertical to front & vertical to back float positions
Kick up to surface
Exit independently at side of pool or using ladder or stairs

Pre-school Program *Ages 3-5*



Clown Fish Level I

Prerequisites: No swimming skills required. Parent participation optional. Student must be able to take direction from the instructor.

Skills Checklist:

Enter water safely, enter using stairs and rolling over from side of pool

Bubble blowing, opening eyes under water, underwater exploration
Introduction to supported front float - Introduction to supported back float
Supported front kicking - Supported back kicking
Front glide readiness with breathing - Back glide readiness
Introduction to alternating arm movement - Learn basic water safety rules
Familiarity with getting help - Reaching assist without equipment
Wear lifejacket on deck and enter shallow water



Jelly Fish Level II

Prerequisites: Clown Fish skills or comfortable in the water and able to take direction from the instructor.

Skills Checklist:

Hold breath and fully submerge head, bobbing with controlled breathing

Supported front float - Supported back float

Front glide and recover with support- Back glide and recover with support
Front glide with flutter kick supported - Back glide with flutter kick supported
Front crawl arm action - Back crawl arm action
Submerge and retrieve object from chest deep water
Explore deep water with support - Discuss role of all safety personnel
Demonstrate reaching assist with equipment
Demonstrate how to relieve a cramp



Balloon Fish Level III

Prerequisites: Jelly Fish skills

Skills Checklist:

Rhythmic bobs (10 times) - Introduction to finning
Unsupported front float - Unsupported back float
Unsupported front glide and recover (2 body lengths)
Unsupported back glide and recover (2 body lengths)

Front glide with flutter kick - Back glide with flutter kick
Front crawl arm movement and flutter kick (5 yards)
Back crawl arm movement and flutter kick (5 yards)
Introduction to side breathing - Become familiar with rescue breathing
Demonstrate rolling over from front glide to back glide
Demonstrate rolling over from back glide to front glide
Float face up in shallow water with a lifejacket on (1 minute)
Demonstrate assisting non-swimmer to feet



Flying Fish Level IV

Prerequisite skills: Balloon Fish skills

Skills Checklist:

Bob in water slightly over head to safety
Jump into deep water from side of pool
Swim front crawl with side breathing (15 yards)
Swim back crawl (15 yards)

Demonstrate elementary backstroke kick
Compact and kneeling dive from side of pool
Treading water in deep water
Jump into deep water with lifejackets on
Demonstrate H.E.L.P. position (1 minute)
Demonstrate huddle position (1 minute)
Demonstrate correct technique for opening airway for rescue breathing

Youth Program *Ages 6-10*



Sea Turtle Level I

Prerequisites: No swimming skills required

Skills Checklist:

Enter and exit pool safely - Open eyes under water
Submerge mouth, nose, and eyes
Pick up submerged object under water

Exhale underwater through mouth and nose
Front Float and Back Float (supported & unsupported)
Roll over from front glide to back glide - Roll over from back glide to front glide
Front swimming with arm & leg actions - Back swimming with arm & leg actions
Discuss basic water safety rules - Demonstrate proper use of a lifejacket



Sting Ray Level II

Prerequisites: Sea Turtle skills and comfortable in the water

Skills Checklist:

Submerging entire head - Jump in from poolside (shallow water)
Unsupported front float - Unsupported back float
Front glide and Back glide (supported and unsupported)

Finning arm action - Sculling arm action - Rhythmic bobs (10 times)
Jellyfish float - Treading water using arm and leg motions
Swimming using combined stroke on front (15 feet)
Swimming using combined stroke on back (15 feet)
Moving in water while wearing a life jacket
Recognizing a swimmer in distress and getting help



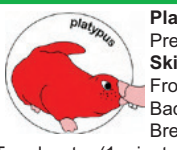
Pelican Level III

Prerequisites: Sting Ray Skills (or Flying Fish Skills)

Skills Checklist:

Unsupported front glide with kick
Unsupported back glide with kick
Jump into deep water from side - Treading water (30 seconds)
Front crawl stroke with rotary breathing (15 yards) - Back crawl stroke (15 yards)

Butterfly kick and body motion - Survival float on back - Rules for safe diving
Sitting and kneeling dive (shallow dive progression) - H.E.L.P. & Huddle positions



Platypus Level IV

Prerequisites: Pelican skills

Skills Checklist:

Front crawl with rotary breathing (25 yards)
Back crawl (25 yards) - Elementary backstroke (15 yards)
Breaststroke (15 yards) - Introduction to butterfly stroke

Tread water (1 minute) - Swim underwater
Open turn on front, push-off streamlined position
Open turn on back, push-off streamlined position
Scissors kick on back - Survival float on back (1 minute) - Discuss safe diving rules
Diving from stride position (shallow dive) - Demonstrate a throwing assist
Feet-first surface dive in deep water - Care for conscious choking victim



Crocodile Level V

Prerequisites: Platypus skills

Skills Checklist:

Front crawl with rotary breathing (50 yards)
Back crawl (50 yards) - Elementary Backstroke (25 yards)
Breaststroke (25 yards) - Butterfly Stroke (15 yards) - Tread water (2 minutes)
Introduction to sidestroke - Shallow dive with glide
Flip turn while swimming on front - Flip turn while swimming on back
Performing rescue breathing - Introduction to tuck and pike surface dives



Great White Level VI

Prerequisites: Crocodile skills

Skills Checklist:

Front crawl open turn - Back crawl open turn
Front crawl with rotary breathing (100 yards)
Back crawl (100 yards) - Elementary Backstroke (50 yards)
Breaststroke (50 yards) - Butterfly Stroke (50 yards) - Sidestroke (50 yards)
Treading water (3 minutes) - Treading water kicking only
Swim continuous 500 yards with any combination of strokes
Retrieve diving brick from 8-10 in feet deep water - Recognizing spinal injury

Mon/Wed Group Lesson Schedule

CLASS NAME	TIME	Session 1	Session 2	Session 3	Session 4
		Jan 11 Activity #	Feb 15 Activity #	Mar 22 Activity #	Apr 26 Activity #
CUTTLE FISH A	10:05a	4500.101	4500.103	4500.105	4500.107
	4:20p	4500.102	4500.104	4500.106	4500.108
CUTTLE FISH B	5:30p	4500.109	4500.110	4500.111	4500.112
CLOWN FISH	9:30a	4510.101	4510.104	4510.107	4510.110
	3:45p	4510.102	4510.105	4510.108	4510.111
	4:20p	4510.103	4510.106	4510.109	4510.112
JELLY FISH	10:40a	4520.101	4520.104	4520.107	4520.110
	3:45p	4520.102	4520.105	4520.108	4520.111
	4:20p	4520.103	4520.106	4520.109	4520.112
BALLOON FISH	11:15a	4530.101	4530.103	4530.105	4530.107
	4:55p	4530.102	4530.104	4530.106	4530.108
FLYING FISH	5:30p	4540.101	4540.102	4540.103	4540.104
SEA TURTLE	4:55p	4550.101	4550.102	4550.103	4550.104
STING RAY	4:55p	4560.101	4560.102	4560.103	4560.104
PELICAN	3:45p	4570.101	4570.102	4570.103	4570.104
ADULT BEG	6:20p	4590.101	4590.102	4590.103	4590.104

Tue/Thu Group Lesson Schedule

CLASS NAME	TIME	Session 1	Session 2	Session 3	Session 4
		Jan 12 Activity #	Feb 16 Activity #	Mar 23 Activity #	Apr 27 Activity #
CUTTLE FISH A	4:20p	4500.113	4500.114	4500.115	4500.116
CUTTLE FISH B	10:40a	4500.117	4500.119	4500.121	4500.123
	5:30p	4500.118	4500.120	4500.122	4500.124
CLOWN FISH	10:05a	4510.113	4510.116	4510.119	4510.122
	3:45p	4510.114	4510.117	4510.120	4510.123
	4:20p	4510.115	4510.118	4510.121	4510.124
JELLY FISH	9:30a	4520.113	4520.116	4520.119	4520.122
	3:45p	4520.114	4520.117	4520.120	4520.123
	4:20p	4520.115	4520.118	4520.121	4520.124
BALLOON FISH	11:15a	4530.109	4530.111	4530.113	4530.115
	4:55p	4530.110	4530.112	4530.114	4530.116
FLYING FISH	5:30p	4540.105	4540.106	4540.107	4540.108
SEA TURTLE	4:55p	4550.105	4550.106	4550.107	4550.108
STING RAY	4:55p	4560.105	4560.106	4560.107	4560.108
PELICAN	3:45p	4570.105	4570.106	4570.107	4570.108
ADULT BEG	6:20p	4590.105	4590.106	4590.107	4590.108

GROUP SWIM LESSONS

All Group Lessons are offered as a four week class either a Mon/Wed or Tue/Thu for a total of eight 30 minute lessons or as a Saturday class for eight weeks, 30 minutes per lesson.

Instructor: CRC Aquatic Staff

Location: Centennial Recreation Center

Session 1:

Mon/Wed classes	Jan 11th – Feb 3rd
Tue/Thu classes	Jan 12th – Feb 4th
SAT Classes	Jan 23rd – Mar 13th

Session 2:

Mon/Wed classes	Feb 15th – Mar 10th
Tue/Thu classes	Feb 16th – Mar 11th
SAT Classes	Mar 27th – May 15th

Session 3:

Mon/Wed Classes	Mar 22nd – Apr 14th
Tue/Thu Classes	Mar 23rd – Apr 15th

Session 4:

Mon/Wed Classes	Apr 26th – May 19th
Tue/Thu Classes	Apr 27th – May 20th

Residents: \$79 / CRC Member: \$69

Non Resident: \$89 / CRC Member: \$79

Saturday Group Lesson Schedule

CLASS NAME	TIME	Session 1	Session 2
		Jan 23 Activity #	Mar 27 Activity #
CUTTLE FISH A	10:10am	4500.125	4500.126
CUTTLE FISH B	10:45am	4500.127	4500.128
CLOWN FISH	10:10am	4510.125	4510.127
	10:45am	4510.126	4510.128
JELLY FISH	9:35am	4520.125	4520.127
	10:10am	4520.126	4520.128
BALLOON FISH	10:45 am	4530.117	4530.118
FLYING FISH	9:00am	4540.109	4540.110
SEA TURTLE	9:35am	4550.109	4550.110
STING RAY	9:00am	4560.109	4560.110
PELICAN	9:35am	4570.109	4570.110
ADULT BEG	9:00am	4590.109	4590.110

Youth Adaptive Programs



ADAPTIVE RECREATION SWIM

Have some fun in that water at the Centennial Recreation Center's indoor pool. The water play area will be turned on for some fun free play. Youth must be able to follow the direction of lifeguards or be accompanied by a responsible adult. Fee is charged at the door. Caregivers can enter the facility at no charge.

Instructor: Centennial Recreation Center Lifeguards

Location: Centennial Recreation Center, Pool

Date	Day	Time	Age
1/7-5/27	TH	3:30pm-4:30pm	3-18

Residents: \$5 / CRC Member: Free

Non Resident: \$7 / CRC Member: Free



Look for this starburst through out the Recreation Guide to find

FREE CLASSES
with your CRC membership.

Youth Aquatics

YOUTH WATERPOLO (WETBALL) LEAGUE

The Morgan Hill Youth Water Polo League will be kicking off its inaugural season this Spring. The league will be designed to teach youth the game of Water Polo in a safe and fun environment. Players should be comfortable in the water, but do not have to be strong swimmers to participate. Youth ages 8 to 12 years of age are eligible to play. Games will be held on Sunday afternoons in the Aquatic Center Instructional Pool. One weekday practice per week will also be scheduled. The league will be supervised by Morgan Hill Aquatics Center Staff with assistance from Mack Haines, Live High School Water Polo Coach. All ability levels are welcome. Registration can be made at the Aquatics Center or any City Recreation Facility. A pre-season skills clinic is scheduled for Sunday, January 24 at 2pm and practices begin the week of February 1. For more information contact Jolie Hunter at (408) 782-2134x701.

Location: Morgan Hill Aquatics Center

Player fee:

Residents: \$85 / CRC Member: \$80

Non Resident: \$90 / CRC Member: \$85



DIVE-IN MOVIE

Forget about sitting in a movie theater when you can hang out at the CRC for a movie. Come join us for our special Family Dive-In Movie and watch the movie poolside.

Location: Centennial Recreation Center, Pool

Saturday February 27	7:00-10:00pm Movie: "Cars"
Saturday March 27	7:00-10:00pm Movie: "Ice Age Dawn of the Dinosaurs"
Saturday April 24	7:00-10:00pm Movie: "Up"

Members FREE

Non-Members pay regular day pass fee

(Resident: Adult \$9, Youth \$5; Non-Resident: Adult \$10, Youth \$7)

FUN 'N' FIT SWIM CONDITIONING

Where getting fit is fun! This is an introductory program, for ages 5-17 years, leading to potentially joining a swim team. Class is Monday through Thursday and features:

- Everybody Wins Philosophy
- Focus on FUN
- Emphasis on the four competitive strokes
- Individual recognition for all participants
- No USA Swimming Registration is required
- Must be able to swim one length (25 yards) free-style, one length (25 yards) back-stroke, and 15 yards breast-stroke
- No swim meet requirements

Instructor: Morgan Hill Aquatics Center staff

Location: Morgan Hill Aquatics Center

Activity#	Date	Day	Time	Age	Sessions
4591.101	1/11 - 2/4	M-TH	4pm-5pm	5-17yrs	16
4591.102	2/15 - 3/11	M-TH	4pm-5pm	5-17yrs	16
4591.103	3/22 - 4/15*	M-TH	4pm-5pm	5-17yrs	16
4591.104	4/26 - 5/20	M-TH	4pm-5pm	5-17yrs	16

*No class on 4/8 due to a swim meet hosted at the Aquatics Center

Residents: \$63/ CRC Member: \$56

Non Resident: \$70/ CRC Member: \$63

PRIVATE SWIM LESSONS

See page 17 of Aquatics Section for details and schedules

GROUP SWIM LESSONS

See page 18 in Aquatics Section for details.

Things To Do
mark your calendars

Tons of fun, activities, and events
for the whole family. See page 4.
Just For Teens - page 39.

YOUTH

Youth Fitness

YOUTH FITNESS



This youth fitness class will emphasize exercise, activities, and sports. Basketball, indoor soccer, shuttle run, tag, calisthenics, and other group games will all be incorporated. This class must have at least 10 youth to run and a maximum of 24. So please register in advance. Classes fill up fast!!

Instructor: CRC Fitness Staff

Location: Centennial Recreation Center, Gymnasium

Activity#	Date	Day	Time	Age	Sessions
4650.101	1/4-1/27	M/W	4pm-4:45pm	7-10yrs	8
4650.102	2/1-2/24	M/W	4pm-4:45pm	7-10yrs	8
4650.103	3/1-3/24	M/W	4pm-4:45pm	7-10yrs	8
4650.104	4/5-4/28	M/W	4pm-4:45pm	7-10yrs	8

Resident: \$60 / CRC Member: FREE

Non-Resident: \$70 / CRC Member: FREE

FAMILY YOGA



(Parents, 6 months+)

This class promotes involvement of mothers-to-be, parents with their toddlers and is designed to offer a unique opportunity for parents and children to develop a relationship and bond. The elements of yoga will be implemented and modified for both parents and children who are participating in this class.

Instructor: Amy McElroy

Location: Centennial Recreation Center

Activity#	Date	Day	Time	Age	Sessions
4690.105	1/5-1/26	T	9:30am-10am	6months+	4
4690.106	2/2-2/23	T	9:30am-10am	6months+	4
4690.107	3/2-3/23	T	9:30am-10am	6months+	4
4690.108	4/6-4/27	T	9:30am-10am	6months+	4

Resident: \$25 / CRC Member: FREE

Non Resident: \$30 / CRC Member: FREE

MINI ME FITNESS



This program incorporates cardio-respiratory fitness class for children 3-6 years old. We will be encouraging, motivating and engaging in all forms of fitness activities that will keep their feet moving and hearts beatin' to the beat. Exercise isn't just for the parents, it's also for mini me's!! We'll emphasize motor learning movements, group activities, obstacle courses and some fun ways to make exercise exciting. (Must have 10 registered to have class)

Instructor: CRC Fitness Staff

Location: Centennial Recreation Center, Gymnasium

Activity#	Date	Day	Time	Age	Sessions
4650.105	1/4-1/27	M/W	3pm-3:45pm	3-6yrs	8
4650.106	2/1-2/24	M/W	3pm-3:45pm	3-6yrs	8
4650.107	3/1-3/24	M/W	3pm-3:45pm	3-6yrs	8
4650.108	4/5-4/28	M/W	3pm-3:45pm	3-6yrs	8

Resident: \$50 / CRC Discount: FREE

Non-Resident: \$60 / CRC Discount: FREE

YOGA



Yvonne Bannister is qualified, certified and trained in the instructional art of yoga. This is a class complete with instructional techniques on yoga, proper breathing, form, posture, breathing, and poses.

Instructor: Yvonne Bannister

Location: Cultural and Community Center, Mira Monte Room

Activity#	Date	Day	Time	Age	Sessions
4690.101	1/5-1/26	T	6:30pm-7:25pm	8yrs+	4
4690.102	2/2-2/23	T	6:3pm-7:25pm	8yrs+	4
4690.103	3/2-3/23	T	6:30pm-7:25pm	8yrs+	4
4690.104	4/6-4/27	T	6:30pm-7:25pm	8yrs+	4

Resident: \$45.00 / CRC Member: FREE

Non Resident: \$55.00 / CRC Member: FREE

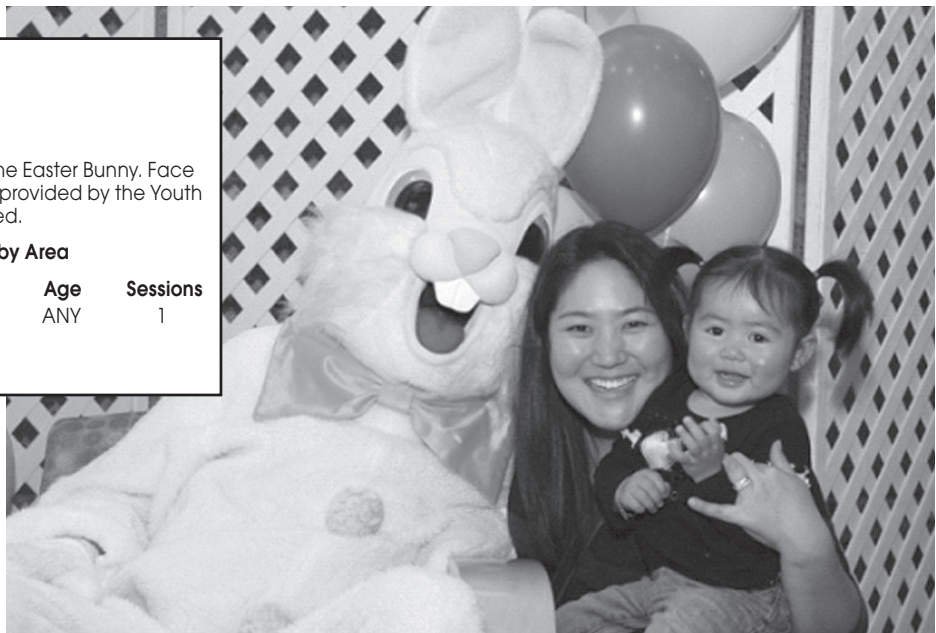
PICTURES & VISIT WITH THE EASTER BUNNY

Come, visit and get a Polaroid picture with the Easter Bunny. Face painting, balloons and an art project will be provided by the Youth Action Council. Personal cameras are allowed.

Location: Centennial Recreation Center, Lobby Area

Activity #	Date	Day	Time	Age	Sessions
4280.101	4/1	TH	5pm-7pm	ANY	1

Fee: \$15 resident/\$20 non-resident per child



Youth Special Interest

MUSIC TOGETHER CLASSES

Music Together classes are based on the recognition that all children are musical, all children learn to sing in tune, keep a beat, and participate with confidence in the music of our culture, provided that their early environment supports such learning. By emphasizing actual musical experiences rather than concepts about music, Music Together introduces children to the pleasures and benefits of making music.

Instructor: Michelle Moyer

Location: CRC Party Room

Activity #	Date	Day	Time	Age	Sessions
4800.101	1/4-3/15	M	9:30am-10:15am	0-5yrs	9
4800.102	3/29-5/24	M	10:30am-11:15am	0-5yrs	9

Material Fee: \$40 due to instructor the first day of class

Resident: \$151 / CRC Member \$146

Non-Resident: \$161 / CRC Member \$156

Discount for sibling \$37

CLAY TIME FOR YOUTH

Here's a great deal for young potters: Instructors Julia and Jane have teamed up to offer both wheel and hand work in the same class. You'll have time to throw a piece and put the finishing touches on it. Lots of personal attention produces some great results.

Instructors: Jane Rekedal

Location: Community & Cultural Center, Poppy Jasper Room

Activity#	Date	Day	Time	Age	Sessions
Open House	1/6	W	4-4:30pm	7-13yrs	1
4270.104	1/13-2/10	W	4-5:30pm	7-13yrs	5
4270.105	2/24-3/24	W	4-5:30pm	7-13yrs	5
Open House	4/7	W	4-4:30pm	7-13yrs	1
4270.106	4/14-5/26	W	4-5:30pm	7-13yrs	7

Material Fee: \$10 due at the time of registration

Open House: FREE

5 Sessions:

Resident \$72 CRC Member: \$67

Non Resident: \$82 CRC Member: \$77

7 Sessions:

Resident \$104 CRC Member: \$99

Non Resident: \$146 CRC Member: \$109

PRE-BALLET

Sparkle and dream as our little princesses and sugar plum fairies are introduced to the wonderful world of ballet. Students will learn proper basis ballet technique, coordination, and focus in a warm loving environment. Attire: proper dancewear, soft ballet shoes. No athletic shoes.

Instructor: Paula Johnson

Location: Community & Cultural Center, Mira Monte Room

Activity#	Date	Day	Time	Age	Sessions
4810.101	1/8-3/5*	F	3:30pm-4:15pm	3-4yrs.	8
4810.102	3/19-5/21*	F	3:30pm-4:15pm	3-4yrs.	8

*No class 2/19, 4/2 & 4/9

Resident: \$57 CRC Member: \$52

Non-Resident: \$67 CRC Member: \$62

YOUTH BALLET I & II

Expand your creativity and self-expression through dance! The beginning dancer alongside the continuing dancer will learn and build on basic ballet steps and technique, and enjoy center-floor and across-the-floor combinations to a variety of music. This great introduction to dance strongly encourages poise, coordination, and confidence.

Instructor: Paula Johnson

Location: Community & Cultural Center, Mira Monte Room

Activity#	Date	Day	Time	Age	Sessions
4810.103	1/6-3/3*	W	4:50pm-5:50pm	8-12yrs.	8
4810.104	3/17-5/19*	W	4:50pm-5:50pm	8-12yrs.	8
4810.105	1/8-3/12*	F	4:20pm-5:20pm	5-7yrs.	8
4810.106	4/16-6/4	F	4:20pm-5:20pm	5-7yrs.	8

*No class 1/29, 2/17, 2/19, 3/31, 4/7

Resident: \$71 CRC Member: \$66

Non-Resident: \$81 CRC Member: \$76

LET'S PLAY IN SPANISH

Come sing, play and have a blast while learning Spanish. You and your child will learn Spanish through music, puppetry, movement and games. The program focuses it's methodology on theme-based songs which makes learning Spanish entertaining, interactive and musical. This is a parent/caregiver participation class.

Instructor: TBA

Location: Community & Cultural Center, Madrone Room

Activity#	Date	Day	Time	Age	Sessions
4290.101	1/25-3/22*	M	10:10am-11:00am	2-6 yrs	8
4290.103	3/29-5/24*	M	10:10am-11:00am	2-6 yrs	8

*No class: 2/15 & 4/5

Material Fee: \$30 due to instructor the first day of class

Resident: \$202/CRC Member: \$197

Non-Resident: \$212/CRC Member: \$207

KINDERCLASS

Come have fun while learning and making new friends! This is a parent-participation class where we enjoy circle time, music and movement, story time and beautiful art and craft projects!

Instructor: Nancy Domnauer

Location: Community & Cultural Center, Diana Murphy Room

Activity#	Date	Day	Time	Age	Sessions
4200.104	1/4-2/8*	M	10:45am-11:45am	2 ½ - 5 yrs	5
4200.105	2/22-3/29	M	10:45am-11:45am	2 ½ - 5 yrs	6
4200.106	4/12-5/24	M	10:45am-11:45am	2 ½ - 5 yrs	7

*No class on 1/18

Material Fee: \$15 due to instructor the first day of class

5 Sessions:

Resident: \$146 / CRC Member: \$141

Non-Resident: \$156 / CRC Member: \$151

6 Sessions:

Resident: \$174 / CRC Member: \$169

Non-Resident: \$184 / CRC Member: \$179

7 Sessions:

Resident: \$202 / CRC Member: \$197

Non-Resident: \$212 / CRC Member: \$207

PARENTS NIGHT OUT

A fun night filled with swimming, dinner, games and crafts. Parents, this is a night you can leave your child knowing he/she will have a great time while you go out! Your child will be in great hands with the Kids' Zone staff. Each session is based on a particular theme with games and food according to the idea. This is a drop off program. Instructor: Kids' Zone Staff

Location: Centennial Recreation Center

Activity#	Date	Day	Time	Age	Sessions
New Years Fun					
4240.101	1/23	SA	5pm-10pm	5-12yrs	1
Sports Jersey					
4240.102	2/27	SA	5pm-10pm	5-12yrs	1
March Madness					
4240.103	3/27	SA	5pm-10pm	5-12yrs	1
Kids' Zone Hunt					
4240.104	4/24	SA	5pm-10pm	5-12yrs	1

Resident: \$35 / CRC Member: \$30

Non-Resident: \$45 /CRC Member: \$40

Additional Sibling: \$25

KIDS' ZONE PLAY DATE

(FORMERLY PARENT'S TIME OFF)

A fun filled day with games and crafts. Parents, you can leave your children knowing they will have a great time while you go shopping or have an extra long workout session! Your children will be in great hands with the Kids' Zone staff in a private room. Each session incorporates the Healthy Cooking class and Parent's Night Out. Children will make their own lunch, play games and make a craft. This is a drop off program. Instructor: Kids' Zone Staff

Location: Centennial Recreation Center

Activity#	Date	Day	Time	Age	Sessions
4940.105	2/17	TH	9:30am-1:30pm	4-12yrs	1
4940.106	4/7	TH	9:30am-1:30pm	4-12yrs	1

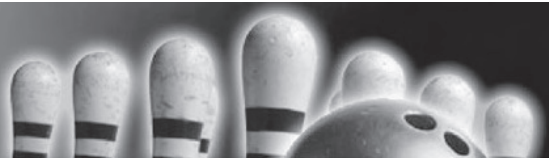
Resident: \$35 / CRC Member: \$30

Non-Resident: \$45 /CRC Member: \$40

Additional Sibling: \$25



MORGAN HILL BOWL



Now Signing Up for Fall/Winter Leagues!



Join the Fun!



Ask about our first time league bowler special!

Call today to sign up or for more info!

650 Tennant Station Morgan Hill, Ca 95037 Phone: 408-778-0909

KINDERCLASS 2

KinderClass 2 is a preschool class for children ages 4-5. We will follow the KinderClass routine of circle time, music and movement, story time and art and craft projects. Additionally, we will enjoy creative play time, snack time, cooking and more! Parent participation is required just once during the six week session.

Instructor: Nancy Domnauer

Location: Community and Cultural Center, Diana Murphy Room

Activity#	Date	Day	Time	Age	Sessions
4200.101	1/5-2/9	T	10:15am-12:15pm	4 - 5 yrs	6
4200.102	2/23-3/30	T	10:15am-12:15pm	4 - 5 yrs	6
4200.103	4/13-5/25	T	10:15am-12:15pm	4 - 5 yrs	7

Material Fee: \$20 due to instructor the first day of class

6 Sessions:

Resident: \$174 / CRC Member: \$169

Non-Resident: \$184 / CRC Member: \$179

7 Sessions:

Resident: \$202 / CRC Member: \$197

Non-Resident: \$212 / CRC Member: \$207

KINDERMUSIK VILLAGE

Learn how to stimulate Baby's learning through vocal play, object exploration, & creative movement. "Cock-a-doodle-MOO!" explores a farm theme through music, motion, and multi-sensory activities. "DewDrops" takes Baby into a colorful flower garden - providing an extraordinary, multi-sensory experience. Dress comfortably. Each class has some time for you to move around with Baby.

Instructor: Melissa Gunter

Location: Community and Cultural Center, Madrone Room

Activity#	Date	Day	Time	Age	Sessions
Cock-a-doodle-MOO!					
4210.101	1/12-3/9*	T	10:30am-11:15am	0-18mos	8
DewDrops					
4210.102	3/16-5/11*	T	10:30am-11:15am	0-18mos	8

*No class: 2/16 & 4/6

Material Fee: \$30 due to instructor the first day of class

Residents: \$109 / CRC Member: \$104

Non Resident: \$119 / CRC Member: \$114

KINDERMUSIK OUR TIME

PARTS 1 & 2

Children will be introduced to a musical world filled with singing, imitating sounds, rhyming, sound identification, instrument exploration, & creative movement. "Away We Go!" guides Parent & Child to explore the exciting world of things that go! Dress comfortably. Each class has some time for you to move around with your young child.

Instructor: Melissa Gunter

Location: Community and Cultural Center, Madrone Room

Activity#	Date	Day	Time	Age	Sessions
PART 1					
4210.103	1/12-3/9*	T	8:40am-9:25am	1 ½-3yrs	8
4210.104	1/12-3/9*	T	9:35am-10:20am	1 ½-3yrs	8
PART 2					
4210.105	3/16-5/11*	T	8:40am-9:25am	1 ½-3yrs	8
4210.106	3/16-5/11*	T	9:35am-10:20am	1 ½-3yrs	8

*No class: 2/16 & 4/6

Material Fee: \$50 due to instructor the first day of class (good for all sessions)

Residents: \$109 / CRC Member: \$104

Non Resident: \$119 / CRC Member: \$114

HEALTHY COOKING WITH KIDS

This is a class designed to engage children with healthy cooking choices. Children will learn to have "fun" in the kitchen using various cooking supplies while creating yummy recipes. This is a drop off program. Children will also make their own drink at each session.

Instructor: Kids' Zone Staff

Location: Centennial Recreation Center, Kitchen/Multipurpose Room

Activity#	Date	Day	Time	Age	Sessions
Go Bars					
4940.101	1/13	W	3:30pm-4:30pm	5-12yrs	1
Heart Pizza					
4940.102	2/10	W	3:30pm-4:30pm	5-12yrs	1
Tortilla Dogs					
4940.103	3/10	W	3:30pm-4:30pm	5-12yrs	1
Yogurt Pie					
4940.104	4/14	W	3:30pm-4:30pm	5-12yrs	1

Resident: \$17 / CRC Member: \$15

Non Resident: \$20 / CRC Member: \$19

LEGO® FUNGINEERING

Children will have fun playing with LEGOs - & will learn a little about engineering & design basics at the same time. Each class includes planned projects & "free play" time - all geared towards a little added development of your child's creativity & imagination. Children will learn how to follow step-by-step directions - & can also learn to play, share & socialize nicely with others.

Instructor: David Wang, B.S. & M.S. in Mechanical Engineering

Location: Community and Cultural Center, Madrone Room

Activity#	Date	Day	Time	Age	Sessions
4230.101	1/19-2/23*	T	3:30pm-5:30pm	5-9yrs	5
4230.102	3/2-3/30	T	3:30pm-5:30pm	5-9yrs	5

*No class: 2/16

Material Fee: \$30 due to instructor the first day of class - or bring your own large bucket of basic LEGOs to class

Resident: \$124 / CRC Member: \$119

Non Resident: \$134 / CRC Member: \$129

GIRLS CLUB

This club is designed for girls between the ages of 7 and 12. In addition to making new friends, dancing and creating crafts, we will learn about life skills and values, positive relationships and being more involved in our community.

Instructor: Kids' Zone Staff

Location: Centennial Recreation Center, Party Room

Activity#	Date	Day	Time	Age	Sessions
Stickers					
4240.105	1/8	F	5:30pm-7:30pm	7-12yrs	1
Favorites Day					
4240.106	2/12	F	5:30pm-7:30pm	7-12yrs	1
Sports Day					
4240.107	3/12	F	5:30pm-7:30pm	7-12yrs	1
Spring Fever					
4240.108	4/9	F	5:30pm-7:30pm	7-12yrs	1

Material Fee \$5 due at registration

Cool Kids Camp

YOUTH

Hey Cool Kids!

Come back to the fun in a safe and cool environment. The Cool Kids recreation staff couldn't wait for next summer, so they designed a Winter and Spring Break Camp just for you.

Have a great time at the Centennial Recreation Center, Community & Cultural Center, Outdoor Sport Center and Community Park with the coolest Recreation Leaders in town!



Cool activities include fun indoor and outdoor games, nature studies, indoor swimming and pool adventures, relay races, arts & crafts, music, singing, and dancing.

Sign up now!

WINTER BREAK

Camp Dates: **Monday, February 15th – Friday, February 19th**
Camp Hours: 9 am - 4:00 pm
AM/PM Extended Care Hours: 7:30 am–9 am & 4 pm to 6 pm

Day Camp locations:

Monday, Wednesday and Friday: Centennial Recreation Center (CRC), 171 West Edmundson. Phone #: 408.782.2128

Tuesday & Thursday: Outdoor Sport Center (OSC), 16500 Condit Rd. (between Dunne Av. & Tennant Av.)

Activity #	Age
4305.101	4 1/2 -6 yrs old
4305.102	7-10 yrs old

Camp Fee: (9am - 4:00 pm)
Resident: \$195 / CRC Member: \$190
Non-Resident: \$205 / CRC Member: \$200
\$15 discount for siblings

AM/PM Extended Care Hours:
4305.105
Resident: \$65 / CRC Member: \$60
Non-Resident : \$75/ CRC Member: \$70

SPRING BREAK

Camp Dates: **Monday, April 5th – Friday, April 9th**
Camp Hours: 9 am - 4 pm
AM/PM Extended Care Hours: 7:30 am–9 am & 4 pm to 6 pm

Day Camp locations:

Monday, Wednesday and Friday: Centennial Recreation Center (CRC), 171 West Edmundson. Phone #: 408.782.2128

Tuesday & Thursday: Outdoor Sport Center (OSC), 16500 Condit Rd. (between Dunne Av. & Tennant Av.)

Activity #	Age
4305.103	4 1/2 -6 yrs old
4305.104	7-10 yrs old

Camp Fee: (9am - 4:00 pm)
Resident: \$195 / CRC Member \$190
Non-Resident: \$205 / CRC Member: \$200
\$15 discount for siblings

AM/PM Extended Care Hours:
4305.106
Resident : \$65 / CRC Member: \$60
Non-Resident : \$75/ CRC Member: \$70



www.mhcamp.com

For more information call the Centennial Recreation Center at 408-782-2128

AC 782-2134 • CCC 782-0008 • CRC 782-2128 • OSC 782-2128 | PAGE 25

Youth Sports & Active Recreation

KIDZ LOVE SOCCER

Kids will learn the world's most popular sport from professional coaches licensed in the KLS method. Your child will learn through skill demonstrations and instructional scrimmages conducted in a non-competitive, recreational format. Bring your tennis shoes and shin guards and be ready to have fun!

For more information visit www.kidzlovesoccer.com

KLS Rain-out Hotline: 1 (800) 871-2275

Instructor: Kidz Love Soccer staff

Location: Galvan Park

Activity#	Date	Day	Time	Age	Sessions
Tot Soccer					
4620.101	1/23-3/13	SA	4:15pm-4:45pm	3½-4yrs	8
4620.102	4/10-6/5*	SA	4:15pm-4:45pm	3½-4yrs	8
Pre-Soccer					
4620.103	1/23-3/13	SA	3:40pm-4:15pm	4-5yrs	8
4620.104	4/10-6/5*	SA	3:40pm-4:15pm	4-5yrs	8
Soccer 1					
4620.105	1/23-3/13	SA	2:55pm-3:40pm	5-6yrs	8
4620.106	4/10-6/5*	SA	2:55pm-3:40pm	5-6yrs	8
Soccer 2					
4620.107	1/23-3/13	SA	4:45pm-5:30pm	7-8yrs	8
4620.108	4/10-6/5*	SA	4:45pm-5:30pm	7-8yrs	8
Soccer 3					
4620.109	1/23-3/13	SA	4:45pm-5:30pm	9-12yrs	8
4620.110	4/10-6/5*	SA	4:45pm-5:30pm	9-12yrs	8

*No Class May 29th Holiday

Resident \$90/ CRC Member \$85

Non-Resident \$95/ CRC Member \$90

MOMMY, DADDY, AND ME SOCCER

Introduce yourself and your toddler to the "World's Most Popular Game"! As you and your child participate in our fun age appropriate activities, your child will be developing their large motor skills and socialization skills. A variety of activities designed around the game of soccer will be played each week. The fun happens on the field, and in Mommy/Daddy & Me Soccer, you won't have to watch from the sidelines.

Instructor: Kidz Love Soccer staff

Location: Galvan Park

Activity#	Date	Day	Time	Age	Sessions
4620.111	1/23-3/13	SA	2:15pm-2:45pm	2-3½ yrs	8
4620.112	4/10-6/5*	SA	2:15pm-2:45pm	2-3½ yrs	8

*No Class May 29th Holiday

Resident \$90/ CRC Member \$85

Non-Resident \$95/ CRC Member \$90

JUST FOR KICKS YOUTH INDOOR SOCCER

Just4Kicks, inc. will conduct instructional soccer lessons developing skills as well as the age appropriate emotional development required for the game of soccer. Each session will focus on a particular aspect of the game of soccer utilizing specifically designed activities.

A typical session will include a warm-up; topic introduction; demonstrations; activities to learn and practice the particular skill; recreational games to provide the participant an environment simulating a soccer match in which to practice; and finally, a soccer match (scrimmage). Each activity varies according to age and ability, and is structured to provide every child the opportunity to express themselves and grow at their own rate. The emphasis is on learning and having fun, not winning.

Instructor: Tom Vischer

Location: Centennial Recreation Center Gymnasium

Activity#	Date	Day	Time	Age	Sessions
Pre-K Soccer					
4610.101	1/15-3/5	F	10:20am-10:50am	3½ -4 yrs	8
4610.102	1/15-3/5	F	2:30pm-3pm	3½ -4 yrs	8
4610.103	3/19-5/14*	F	10:20am-10:50am	3½ -4 yrs	8
4610.104	3/19-5/14*	F	2:30pm-3pm	3½ -4 yrs	8
4610.105	5/21-6-11	F	10:20am-10:50am	3½ -4 yrs	4
4610.106	5/21-6-11	F	2:30pm-3pm	3½ -4 yrs	4
K Soccer					
4610.107	1/15-3/5	F	9:45am-10:20am	4½ -5yrs	8
4610.108	1/15-3/5	F	3pm-3:35pm	4½ -5yrs	8
4610.109	3/19-5/14*	F	9:45am-10:20am	4½ -5yrs	8
4610.110	3/19-5/14*	F	3pm-3:35pm	4½ -5yrs	8
4610.111	5/21-6-11	F	9:30am-10:05am	4½ -5yrs	4
4610.112	5/21-6-11	F	3pm-3:35pm	4½ -5yrs	4
K1 Soccer					
4610.113	1/15-3/5	F	3:35pm-4:20pm	5-6yrs	8
4610.114	3/19-5/14*	F	3:35pm-4:20pm	5-6yrs	8
4610.115	5/21-6-11	F	3:35pm-4:20pm	5-6yrs	4
Soccer 2/3 & 4/6					
4610.116	1/15-3/5	F	4:20pm-5:20pm	7-12yrs	8
4610.117	3/19-5/14*	F	4:20pm-5:20pm	7-12yrs	8
4610.118	5/21-6-11	F	4:20pm-5:20pm	7-12yrs	4

*No Class 4/9

8 sessions

Resident \$100/ CRC Member \$95

Non-Resident \$105/ CRC Member \$100

4 sessions

Resident: \$53 / CRC Member: \$48

Non-Resident: \$58 / CRC Member: \$53



READ ALL ABOUT IT!

Now in the Recreation Activity Guide.
Starting on page 55.

JUST FOR HOOPS YOUTH BASKETBALL

Just 4 Hoops staff will conduct instructional youth basketball lessons developing skills and the age-appropriate emotional development required for the game of basketball. A typical session includes a warm-up; topic introduction; demonstration; activities to learn and practice the particular skill; recreational game to provide the participants an environment simulating a basketball game in which to practice; and finally, a game. Each activity varies according to age and ability and is structured to provide every child the opportunity to express him/herself and grow at his/her own rate. The emphasis is on learning and having fun, not winning.

Instructor: Just 4 Hoops Staff

Location: Centennial Recreation Center, Gymnasium – West Side

Activity#	Date	Day	Time	Age	Sessions
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K-1 GRADES

4600.101	1/7-2/25	TH	3:15pm-4pm	5-6yrs	8
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4600.102	3/11-5/6*	TH	3:15pm-4pm	5-6yrs	8
----------	-----------	----	------------	--------	---

4600.103	5/13-6/3	TH	3:15pm-4pm	5-6yrs	4
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2-3 GRADES

4600.104	1/7-2/25	TH	4pm-5pm	7-8yrs	8
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4600.105	3/11-5/6*	TH	4pm-5pm	7-8yrs	8
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4600.106	5/13-6/3	TH	4pm-5pm	7-8yrs	4
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4-6 GRADES

4600.107	1/7-2/25	TH	5pm-6pm	9-12yrs	8
----------	----------	----	---------	---------	---

4600.108	3/11-5/6*	TH	5pm-6pm	9-12yrs	8
----------	-----------	----	---------	---------	---

4600.109	5/13-6/3	TH	5pm-6pm	9-12yrs	4
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*No Class 4/8

4 sessions

Resident: \$53 / CRC Member: \$48

Non-Resident: \$58 / CRC Member: \$53

8 sessions

Resident: \$100 / CRC Member: \$95

Non-Resident: \$105 / CRC Member: \$105

MUNCHKIN SPORTS

This class provides an introduction to soccer and basketball with an emphasis on fun while promoting new friendships through the basic fundamentals!

Instructor: Kristine Miles

Location: Centennial Recreation Center, Gymnasium

Activity#	Date	Day	Time	Age	Sessions
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4600.110	2/3-3/3	W	6pm-6:45pm	3-5yrs	5
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4600.111	4/7-5/5	W	6pm-6:45pm	3-5yrs	5
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Resident: \$45/ CRC Member: \$40

Non-Resident: \$50/ CRC Member: \$45

FUNDAMENTALS OF TENNIS

This is a course designed to teach The fundamentals, proper techniques and skill development to The players. Bring a tennis racket and dress appropriately. Space is limited, so sign up now!

Instructor: Michael Myers

Location: Community Park, Tennis Courts

Activity#	Date	Day	Time	Age	Sessions
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4630.102	1/13-2/17	W	3pm-3:30pm	5-8yrs	6
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4630.103	3/3-4/7	W	3pm-3:30pm	5-8yrs	6
----------	---------	---	------------	--------	---

4630.104	1/13-2/17	W	3:30pm-4:30pm	9-12yrs	6
----------	-----------	---	---------------	---------	---

4630.105	3/3-4/7	W	3:30pm-4:30pm	9-12yrs	6
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5-8 yrs

Resident: \$41/ CRC Member: \$36

Non-Resident: \$46/ CRC Member: \$41

9-12 yrs

Resident: \$77/ CRC Member: \$72

Non-Resident: \$82/ CRC Member: \$77

YOUTH TENNIS LEAGUE

This junior program is designed for the individual who already knows how to play the game. He/she should be able to hit balls and rally consistently with a partner. The emphasis of the program is skill development and preparation for match play with the goal to prepare The Juniors for USA Team Tennis play. Bring a tennis racket and dress appropriately.

Instructor: Michael Myers

Location: Community Park, Tennis Courts

Activity#	Date	Day	Time	Age	Sessions
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4630.106	1/14-2/18	TH	3:30pm-4:30pm	8-12yrs	6
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4630.107	3/4-4/8	TH	3:30pm-4:30pm	8-12yrs	6
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6 Sessions

Resident: \$77/ CRC Member: \$72

Non-Resident: \$82/ CRC Member: \$77

HOME SCHOOL YOUTH TENNIS

This program is designed to meet the needs of children and youths, who are being educated at home. No experience required. The focus of the class is on fundamental skills and technique. Bring a tennis racket and dress appropriately.

Instructor: Michael Myers

Location: Community Park, Tennis Courts

Activity#	Date	Day	Time	Age	Sessions
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4630.108	1/12-2/16	T	10am-11am	8-12yrs	6
----------	-----------	---	-----------	---------	---

4630.109	3/2-4/6	T	10am-11am	8-12yrs	6
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Resident: \$77/ CRC Member: \$72

Non-Resident: \$82/ CRC Member: \$77



SURF OR TURF PARTY PACKAGES

Book Your Next Birthday Party With Us!

Centennial Recreation Center
Year Round Bookings – (408) 782-2128 x803

Aquatics Center Parties
Summer Bookings – (408) 782-2134 x710

TINY TOT TENNIS

This is an introductory program utilizing short mini-nets, pressure-less tennis balls, as well as larger foam balls. The program will stress fundamentals and techniques basic to the game of tennis. Bring a tennis racket and dress appropriately.

Instructor: Michael Myers

Location: Community Park, Tennis Courts

Activity#	Date	Day	Time	Age	Sessions
4630.110	1/13-2/17	W	2:30pm-3pm	3-4yrs	6
4630.111	3/3-4/7	W	2:30pm-3pm	3-4yrs	6

Resident: \$41 /CRC Member: \$36

Non-resident:\$46 /CRC Member:\$41

TENNIS: PRIVATE LESSONS

These lessons are for individuals and/or small groups (1-4) people, who prefer individual attention and instruction This is not available in a large class setting. Please call (408) 782-2128 to get more information.

Instructor: Michael Myers

Location: Community Park Tennis Courts

Activity#	Date	Day	Time	Age	Sessions
4630.112	1/3-6/5	SU-SA	Anytime	5yrs+	1-8

1/2 Hour Lesson: \$25 / Hour Lesson: \$50

JR. GOLF

(BEGINNER)

This 5 week class will teach golf fundamentals such as: the grip, the stance, putting, chipping, and full swing. This is a great introduction to the sport or to review and practice what you have learned. Please dress comfortably, bring water and wear sun screen. Golf clubs will be furnished or you are welcome to bring your own.

Instructor: Stuart Spence

Location: Eagle Ridge Golf Course, Gilroy

Activity#	Date	Day	Time	Age	Sessions
4631.101	1/9-2/6	SA	1pm-2pm	5-17yrs	5
4631.102	2/20-3/20	SA	1pm-2pm	5-17yrs	5
4631.103	4/3-5/1	SA	1pm-2pm	5-17yrs	5
4631.104	1/17-2/14	SU	1pm-2pm	5-17yrs	5
4631.105	2/28-3/28	SU	1pm-2pm	5-17yrs	5
4631.106	4/11-5/9	SU	1pm-2pm	5-17yrs	5

Resident: \$57 / CRC Member: \$52

Non-Resident: \$62 / CRC Member: \$57

MOTHER & CHILD GOLF

Join this 5 week introductory class with your child and learn at an easy, fun pace. Plus, this class is a great opportunity to spend quality time together. Golf is fun to learn and share with kids. Golf clubs will be furnished or you are welcome to bring your own.

Instructor: Scott Krause

Location: Eagle Ridge Golf Course, Gilroy

Activity#	Date	Day	Time	Age	Sessions
4631.107	1/16-2/13	SA	1pm-2pm	4-15yrs	5
4631.108	2/27-3/27	SA	1pm-2pm	4-15yrs	5
4631.109	4/10-5/8	SA	1pm-2pm	4-15yrs	5

Resident: \$64 / CRC Member: \$59

Non-Resident: \$69 / CRC Member: \$64

LIL' DRAGONS KARATE

This is a fun class that teaches safety, life & martial arts. The focus in this class is to improve safety, coordination, cooperation, respect, balance, self control and self confidence.

Instructors: Sifu Arceli Bell & Sifu Marieta De La Cruz

Location: Centennial Recreation Center, Multipurpose Room

Activity #	Date	Day	Time	Age	Sessions
4660.101	1/5- 1/26	T	5pm-5:30pm	5yrs+	4
4660.102	1/5 -1/28	T/TH	5pm-5:30pm	5yrs+	8
4660.103	2/2 - 2 /23	T	5pm-5:30pm	5 yrs+	4
4660.104	2/2 - 2/25	T/TH	5pm-5:30pm	5yrs+	8
4660.105	3/2 - 3/30	T	5pm-5:30pm	5yrs+	5
4660.106	3/2 - 3/25	T/TH	5pm-5:30pm	5yrs+	8
4660.107	4/6 - 4/27	T	5pm-5:30pm	5yrs+	4
4660.108	4/6 - 4/29	T/TH	5pm-5:30pm	5yrs+	8
4660.109	5/4 - 5/25	T	5pm-5:30pm	5yrs+	4
4660.110	5/4 - 5/27	T/TH	5pm-5:30pm	5yrs+	8

Material Fee: \$99 (to be paid to instructor in class) Includes: Uniform, gloves, 3 patches and a folder with written material.

No material fee is required for the first class, but child cannot earn patches or belt without a uniform.

Drop in fee with pre-registration: \$15

4 week session

Resident Fee \$44 / CRC Member: \$39

Non-Resident Fee: \$49 / CRC Member: \$44

5 week session

Resident Fee \$50 / CRC Member: \$45

Non-Resident Fee: \$55 / CRC Member: \$50

8 week session

Resident Fee \$74 / CRC Member: \$69

Non-Resident Fee: \$79 / CRC Member: \$69



KEMPO KARATE

(YOUTH)

Students will learn self defense techniques against grabs, punches, and kicks. They will gain confidence, self control, discipline, strength, focus, respect, and build character. Sparring will be practiced with matches and sparring drills. All students must purchase their own safety gear.

Instructors: Sifu Arceli Bell & Sifu Marieta De La Cruz

Location: Centennial Recreation Center, Multipurpose Room

Activity#	Date	Day	Time	Age	Sessions
4660.111	1/5- 1/26	T	5:30pm-6:15pm	7yrs+	4
4660.112	1/5-1/28	T/TH	5:30pm-6:15pm	7yrs+	8
4660.113	2/2 - 2 /23	T	5:30pm-6:15pm	7 yrs+	4
4660.114	2/2 - 2/25	T/TH	5:30pm-6:15pm	7yrs+	8
4660.115	3/2 - 3/30	T	5:30pm-6:15pm	7yrs+	5
4660.116	3/2 - 3/25	T/TH	5:30pm-6:15pm	7yrs+	8
4660.117	4/6 - 4/27	T	5:30pm-6:15pm	7yrs+	4
4660.118	4/6 - 4/29	T/TH	5:30pm-6:15pm	7yrs+	8
4660.119	5/4 - 5/25	T	5:30pm-6:15pm	7yrs+	4
4660.120	5/4 - 5/27	T/TH	5:30pm-6:15pm	7yrs+	8

Material Fee: \$99 due to instructor in class. Includes: Uniform, gloves, 3 patches and a folder with written material.

No material fee is required for the first class, but child cannot earn patches or belt without a uniform

Drop in fee with pre-registration: \$15

4 week session

Resident Fee \$65 / CRC Member: \$60

Non-Resident Fee: \$75 / CRC Member: \$65

5 week session

Resident Fee \$70 / CRC Member: \$65

Non-Resident Fee: \$75 / CRC Member: \$70

8 week session

Resident Fee \$85 / CRC Member: \$80

Non-Resident Fee: \$90 / CRC Member: \$85

KEMPO KARATE

(PRE-TEEN THRU ADULT)

Students will learn self defense techniques against grabs, punches, and kicks. They will gain confidence, self control, discipline, focus, respect, strength and flexibility and build character. Sparring will be practiced with matches and sparring drills. All students must purchase their own safety gear. Weapons such as the Bo Staff and Escrima Sticks will also be offered.

Instructors: Sifu Arceli Bell & Sifu Marieta De La Cruz

Location: Centennial Recreation Center, Multipurpose Room

Activity #	Date	Day	Time	Age	Sessions
4660.121	1/5- 1/26	T	6:15pm-7:00pm	11yrs+	4
4660.122	1/5-1/28	T/TH	6:15pm-7:00pm	11yrs+	8
4660.123	2/2 - 2 /23	T	6:15pm-7:00pm	11yrs+	4
4660.124	2/2 - 2/25	T/TH	6:15pm-7:00pm	11yrs+	8
4660.125	3/2 - 3/30	T	6:15pm-7:00pm	11yrs+	5
4660.126	3/2 - 3/25	T/TH	6:15pm-7:00pm	11yrs+	8
4660.127	4/6 - 4/27	T	6:15pm-7:00pm	11yrs+	4
4660.128	4/6 - 4/29	T/TH	6:15pm-7:00pm	11yrs+	8
4660.129	5/4 - 5/25	T	6:15pm-7:00pm	11yrs+	4
4660.130	5/4 - 5/27	T/TH	6:15pm-7:00pm	11yrs+	8

Material Fee: \$99 due to be paid to instructor in class. Includes: Uniform, gloves, 1 large Kempo patch and a folder with written material.

No material fee is required for the first class, but student cannot earn belt without a uniform

Drop in fee with pre-registration: \$15

4 week session

Resident Fee \$65 / CRC Member: \$60

Non-Resident Fee: \$75 / CRC Member: \$65

5 week session

Resident Fee \$70 / CRC Member: \$65

Non-Resident Fee: \$75 / CRC Member: \$70

8 week session

Resident Fee \$85 / CRC Member: \$80

Non-Resident Fee: \$90 / CRC Member: \$85

YOUTH

ADVERTISING SPACE AVAILABLE

Reach over 38,000 Morgan Hill residents directly in their home



Contact
Maureen Drewniany
408-782-0008 or
maureen.drewniany@morganhill.ca.gov

MORGAN HILL SKATEBOARD/BMX PARK

The Park was built by the City of Morgan Hill for the enjoyment of the community. The park was designed for both skating and BMX and is a 15,000 square foot facility with a variety of features including a unique bowl as well as an exciting street section. The facility is a staffed facility and a signed liability release/participant application form is required to use the Park.



Safety Equipment

All users are required to wear, and secure, the following safety equipment in order to utilize the Skate Park: helmet, knee pads, and elbow pads

Participant Application

All users must fill out an application to participate at the Skateboard/BMX Park. Applications are available at the park and at the CRC front desk. Minors must have the form signed by their parent or legal guardian.

Fees

A Daily fee of \$1 may be paid at the park, while membership options are also available.

Contact Us

The Morgan Hill Skateboard/BMX Park is a staffed facility, Park Attendants are on duty during open park hours. For more information on the Park contact Abel Gutierrez, Recreation at (408) 782-2128x806 or abel.gutierrez@mhcr.com.

Park Hours

School Days 3:00pm to Sunset

Weekends/Non School Days 9:00am to Sunset

*Lunch Hours Tuesday BMX 11:30 to 1:30

*Lunch Hours Wednesday Skateboarding 11:30 to 1:30

Designated BMX and Skateboarding Days/Times

Monday – Skateboarding

Tuesday – BMX

Wednesday – Skateboarding

Thursday – BMX

Friday – Skateboarding

Saturday 9:00am-1:00pm – BMX

Saturday 1:00pm-Sunset – Skateboarding

Sunday 9:00am-1:00pm – Skateboarding

Sunday 1:00pm-Sunset – BMX

Due to the potential for injury, skateboards and bicycles are not allowed in the park at the same time. The schedule above was designed to provide for both skaters and bike riders to enjoy the park.

Morgan Hill Recreation Preschool

Is your child ready
to start School?
We can help!!



INFORMATION NIGHT

Wednesday, March 10
6pm-7pm

OPENING REGISTRATION DAY

Wednesday, March 24
8am to 12pm

The City of Morgan Hill Recreation Department offers a play-based preschool in a safe and nurturing environment. We provide different hands-on learning opportunities through art, music, language, reading/math readiness, and motor-skill activities. Oral language development is encouraged through circle time activities as well as the social skills of cooperating within a group, listening, and solving problems. This program will help your child to develop social and basic academic skills to prepare him/her for school.

LITTLE LEARNERS (Age 3-4 years)

Little learners provides a fun and enriching experience with an emphasis on developing social and play skills through activities such as games, songs, fingerplays, stories and art. Children MUST be 3 by 12/2/10. Classes are 2 hours long and meet 2 times a week.

Dates	Day	Time
AM 9/7/10-6/2/11	T/TH	9:00am-11:00am
PM 9/7/10-6/2/11	T/TH	12:00pm-2:00pm
Monthly Tuition:	Resident \$160 / CRC Member: \$150 Non Resident: \$170 / CRC Member: \$160	

KINDER LEARNERS (Age 4-5 years)

Children will develop social interaction skills through creative learning experiences. Language development, pre-reading, science, math, art games, music, motor skills, drama and free play are emphasized to prepare the children for kindergarten. Children MUST be 4 by 12/2/10. Classes are 2 1/2 hours long, and meet 2 or 3 times a week.

Date	Day	Time
AM 9/8/10-6/4/11	M/W/F	9:00am-11:30am
PM 9/8/10-6/3/11	M/W/F	12:30pm-3:00pm
Monthly Tuition:	Resident \$230 / CRC Member: \$215 Non Resident: \$245 / CRC Member: \$230	

Morgan Hill Community and Cultural Center • Children's Pavilion
17000 Monterey Road, Morgan Hill • 408.782.0008 • www.mhrecreation.com

For more information contact Chiquy Mejia @ 408.782.2128

YOUTH

TEEN CENTER

TEENS

DEVELOPMENTAL ASSET

Cultural Competence- Teen knows and is comfortable with people of different racial, ethnic and cultural and with his/her backgrounds own culture.

The Morgan Hill Teen Center is designed to be a safe place for teens to hang out and have fun. We encourage fun and at the same time, promote growth and education.

We offer extra classes, special events, and programs especially for teens.

Activities offered in the Teen Center year around:

- Rock Band tournaments
- Air Hockey tournaments
- Billiards (pool) tournaments
- Wii tournaments
- Ping pong tournaments
- Movie time
- Skate board workshops
- reative outlets
- Karaoke nights (jam sessions)
- Free time for teens to relax and socialize
- Chill Out and Express your Thoughts Time

*please see Teen Center Calendar for dates and times

Teen Center

Homework/Study Time	
Monday-Thursday	3:00pm-5:00pm
Tutoring for grades 7-12 available by appointment only.	
Center Hours	
Monday-Thursday	3:00pm-8:00pm
Friday	3:00pm-10:00pm
Saturday	2:30pm-8:00pm
Homework Computers Activities	Ages 12-18
	Must have a valid school ID.
	782-2128 x807



The Teen Center is located inside the Centennial Recreation Center at 171 West Edmundson, Morgan Hill

For more information call 408-782-2128 ext. 807.

MIDDLE & HIGH SCHOOL DANCES

Coming Up soon! Call the Teen Center for more information.

TIME TO CHILL

An open forum for Teens to actively participate in group discussions on any topic related to their growth and development, including interests, concerns, conflicts and challenges.

Instructor: Teen Center Staff

Location: Centennial Recreation Center, Teen Center

Dates	Time
1/21, 2/25, 3/25, 4/22, 5/20	6:00-7:30pm

Free refreshments will be provided

Cost: Free

No pre-registration is required

DEVELOPMENTAL ASSET

Self-Esteem - Teen likes and is proud of the person he/she is.



DEVELOPMENTAL ASSET

Peaceful conflict resolution - Teen seeks to resolve conflict non-violently.

TEENS

YOUTH ACTION COUNCIL

WINTER/SPRING 2010 EVENTS

Come and participate in the YAC Annual Events and monthly tournaments in the Teen Center

EVENTS	DATE	TIME	LOCATION
Fun Tournaments & Programs	every month	vary	CRC-Teen Center. See page 39.
Picture with Santa	12/3/09	3pm-7pm	CRC-Lobby Area
Brunch with Mr. Santa	12/05/09	10am-12pm	Community & Cultural Center
Fashion Show	01/29/2010	7pm-9pm	Community & Cultural Center
Pictures with the Easter Bunny	4/1/2010	5pm-7pm	CRC - Lobby Area
Senior Citizens Ball	04/30/2010	5pm-9pm	Community & Cultural Center
Art a la Carte	5/1/2010	10am-3pm	Community & Cultural Center
Morgan Hill Youth Leadership	6/15-6/17/10	8am-2pm	Centennial Recreation Center
Roofless - Band Concert	TBA	5pm-8pm	TBA

YAC Members are Developmental Asset builders who make a difference in our community!

You are invited to attend the YAC meetings every 1st Monday of the month at 5:00 pm at the City Council Chambers (Morgan Hill City Hall, 17555 Peak Ave., Morgan Hill)

YAC recruitment for the new school year 2010-2011 starts on April 1, 2010. Application are available at the CCC and CRC and Teen Center

For more information about the meetings and events please contact the Centennial Recreation Center, Teen Center at 782-2128 ext.# 807.

Check out the City of Morgan Hill's website: www.mhrecreation.com

BUILDING DEVELOPMENTAL ASSETS ONE TEEN AT A TIME!

Teen Adaptive Programs



ADAPTIVE RECREATION SWIM

Have some fun in that water at the Centennial Recreation Center's indoor pool. The water play area will be turned on for some fun free play. Youth must be able to follow the direction of lifeguards or be accompanied by a responsible adult. Fee is charged at the door. Caregivers can enter the facility at no charge.

Instructor: Centennial Recreation Center Lifeguards

Location: Centennial Recreation Center, Pool

Date	Day	Time	Age
1/7-5/27	TH	3:30pm-4:30pm	3-18

Residents: \$5 / CRC Member: Free

Non Resident: \$7 / CRC Member: Free

SPRING FLING

Start Spring off right dancing to the fun beats of our local DJ. Have fun meeting new friends and dancing the afternoon away. This event is designed for youth and adults with disabilities. There is no charge for parents or caregivers to stay at the event.

Instructor: CRC Staff and Volunteers

Location: Centennial Recreation Center, Multipurpose Room

Activity#	Date	Day	Time	Age	Sessions
2600.101	3/26	F	6pm-9pm	12+	1

Residents: \$6 / CRC Member: \$5

Non Resident: \$7 / CRC Member: \$6

Teen Aquatics

FUN 'N' FIT SWIM CONDITIONING

Where getting fit is fun! This is an introductory program, for ages 5-17 years, leading to potentially joining a swim team. Class is Monday through Thursday and features:

- Everybody Wins Philosophy
- Focus on FUN
- Emphasis on the four competitive strokes
- Individual recognition for all participants
- No USA Swimming Registration is required
- Must be able to swim one length (25 yards) free-style, one length (25 yards) back-stroke, and 15 yards breast-stroke
- No swim meet requirements

Instructor: Morgan Hill Aquatics Center staff

Location: Morgan Hill Aquatics Center

Activity#	Date	Day	Time	Age	Sessions
4591.101	1/11 - 2/4	M-TH	4pm-5pm	5-17yrs	16
4591.102	2/15 - 3/11	M-TH	4pm-5pm	5-17yrs	16
4591.103	3/22 - 4/15*	M-TH	4pm-5pm	5-17yrs	16
4591.104	4/26 - 5/20	M-TH	4pm-5pm	5-17yrs	16

*No class on 4/8 due to a swim meet hosted at the Aquatics Center

Residents: \$63/ CRC Member: \$56

Non Resident: \$70/ CRC Member: \$63

RED CROSS LIFEGUARDING CLASS

Classes are designed to provide the skills necessary to be an effective pool lifeguard. Training includes CPR for the Professional Rescuer, Standard First Aid and Lifeguard Training. Students must pass a basic swim test on the first day of class. Passing of class does not guarantee a position with the City of Morgan Hill. Proper bathing suit is required. For more information, please call Jolie Hunter at 408-782-2134 ext 701.

Instructor: City of Morgan Hill certified staff

Location: Morgan Hill Aquatics Center

Activity #	Date	Day	Time	Age	Sessions
5540.101	2/15 - 2/19	M - F	9am-5pm	15yrs+	5
5540.102	4/5 - 4/9	M - F	9am-5pm	15yrs+	5

Resident: \$175/ CRC Member: \$170

Non Resident: \$180/ CRC Member: \$175

WATER SAFETY INSTRUCTOR

Be certified to teach swim lessons for that perfect summer job! The goal of the Water Safety Instructor course is to train instructor candidates to teach the six levels of the Learn to Swim Program; the Basic Water Rescue course and the Parent & Child Aquatics program; and for eligible individuals, the Safety Training for Swim Coaches course.

Pre-requisites: 16 yrs of age and able to pass the swimming pre-test, which consists of swimming 25 yards of the following strokes: front crawl, back crawl, breaststroke, sidestroke, elementary backstroke, and butterfly (15 yards).

Classes will start in early March. Please call 408-782-2134 x 701 for exact dates/ times or email jolie.hunter@morganhill.ca.gov

AQUATICS TRIATHLON TRAINING PROGRAM

This program is designed for swimmers looking to improve their competitive swimming skills for participation in swim meets, open water races, or triathlons. Those participating will receive coached instruction during scheduled swim times at the Morgan Hill Aquatics Center. This program is not a swim lesson program, but is for intermediate/advanced swimmers looking to strengthen their skills. Coached workouts are scheduled throughout the week at various times. Contact the Aquatics Center for the current schedule.

Instructor: Tim Thornton

Location: Morgan Hill Aquatics Center

Monthly Fee for CRC Member: \$25

Daily Drop in fee: \$14 Resident /\$15 Non-resident



DIVE-IN MOVIE

Forget about sitting in a movie theater when you can hang out at the CRC for a movie. Come join us for our special Family Dive-In Movie and watch the movie poolside.

Location: Centennial Recreation Center, Pool

Saturday February 27	7:00-10:00pm
	Movie: "Cars"
Saturday March 27	7:00-10:00pm
	Movie: "Ice Age Dawn of the Dinosaurs"
Saturday April 24	7:00-10:00pm
	Movie: "Up"

Members FREE

Non-Members pay regular day pass fee

(Resident: Adult \$9, Youth \$5; Non-Resident: Adult \$10, Youth \$7)

Teen Fitness

YOUTH STRENGTH TRAINING

Taught by our Fitness Coaches, this series of one-on-one training sessions are designed to teach pre-teens/teens how to work out safely. Each 30-minute session will educate on different topics such as:

- Importance of hydration and a healthy diet
- Warm-up and stretching techniques
- All about cardio
- Strength Training – proper form and technique (broken into separate sections for: Lower Body, Upper Body and Core)
- Introduction to our FitLinxx system
- The first session will require the attendance of the parent/guardian of the youth in training

9 to 10 year olds (Cardio only)

Two, 30-minute sessions will cover fitness floor safety and a full introduction to the cardio equipment.

11 to 13 year olds (Cardio and Strength Training)

Each of the six sessions can be scheduled to fit within your schedule; however, the program must be completed within 30 days. The last session will include a quiz that will test their knowledge and retention of the information they learned. Upon successful completion of the program (within the allotted timeframe) a special Fitness Floor sticker will be issued that needs to be shown to Fitness Staff upon entering the Fitness Floor.

Instructor: CRC Fitness Staff

Location: Centennial Recreation Center, Fitness Center

Sessions should be scheduled directly with Fitness Staff. Youth Strength Training is only available to CRC facility members.

TEEN SPORTS SPECIFIC PERSONAL TRAINING

Our teen sports specific personal training will cater to teens ages 13-17 to encourage, engage and provide expertise for sport specific personal training. Our certified personal trainers will guide you through a customized program which will give you fast and safe results. The most effective and efficient training methods and regimens will be used: plyometrics, resistance band, bosu, free weights and cardiorespiratory training.

Location: Centennial Recreation Center

Fees: \$60 per session (individual sessions)

\$264 6-session package @ \$44 per session

\$468 12-session package @ \$39 per session

\$560 16-session package @ \$35 per session

\$612 18-session package @ \$34 per session

\$792 24-session package @ \$33 per session

Personal training is only available for CRC facility members. The first session is an assessment session that will help the trainer establish the level of fitness of each individual to help determine training methods and to meet clients goals.



**Look for this starburst
through out the
Recreation Guide to find
FREE CLASSES
with your CRC membership.**



YOGA

Yvonne Bannister is qualified, certified and trained in the instructional art of yoga. This is a class complete with instructional techniques on yoga, proper breathing, form, posture, breathing, and poses.

Instructor: Yvonne Bannister

Location: Cultural and Community Center, Mira Monte Room

Activity#	Date	Day	Time	Age	Sessions
4690.101	1/5-1/26	T	6:30pm-7:25pm	8yrs+	4
4690.102	2/2-2/23	T	6:30pm-7:25pm	8yrs+	4
4690.103	3/2-3/23	T	6:30pm-7:25pm	8yrs+	4
4690.104	4/6-4/27	T	6:30pm-7:25pm	8yrs+	4

Resident: \$45.00 / CRC Member: FREE

Non Resident: \$55.00 / CRC Member: FREE

Need space?



Room Rentals
at the Community &
Cultural Center as low as

\$25

/hr

Just some of our amenities:

- Banquet and classroom seating
- Executive style boardroom table
- Teleconferencing needs
- Advanced sound system
- Dance floor
- LCD projector and screens
- TV, DVD, and VCR capabilities
- White board
- Internet hook-ups

Space available:

- * Two large multi-purpose
- * Three classrooms
- * Two meeting rooms
- * Children's pavilion
- * Full-service kitchen
- * Outdoor amphitheater
- * Charming rose garden

408.782.0008 • www.mhcommunitycenter.com

TEENS

Teen Special Interest

SAT PREPARATION – CRITICAL READING & WRITING

Tips + practice + personalized feedback = a higher score on one of the most important exams of a student's life. Students will learn the basic concepts of & strategies for the Critical Reading & Writing sections. Each session includes practice exam sections – graded with personalized feedback from the instructor. Upcoming 2010 SAT exam dates are Mar 13, May 1, & June 5.

Instructor: David Wang

Location: Community and Cultural Center, Madrone Room

Activity#	Date	Day	Time	Age	Sessions
2200.101	1/19-2/9	T	6pm-8pm	13yrs+	4

Residents: \$104 / CRC Member: \$99

Non Resident: \$114 / CRC Member: \$109

Full set of handouts (worksheets, homework, mini practice exam, some class notes) included in class fee

SAT PREPARATION – MATH

An in-depth review of all 4 math topics covered by the SAT. This class can also help students review/re-learn all the important math topics that should be mastered for future math classes. Sample problems - both multiple choice & "grid-ins" - will be demonstrated in class. Practice exam sections will be given & graded in class - & personalized feedback will be given to the students. Upcoming 2010 SAT exam dates are Mar 13, May 1, & June 5.

Instructor: David Wang

Location: Community and Cultural Center, Madrone Room

Activity#	Date	Day	Time	Age	Sessions
2200.102	2/23-3/16	T	6pm-8pm	13yrs+	4

Residents: \$104 / CRC Member: \$99

Non Resident: \$114 / CRC Member: \$109

Full set of handouts (worksheets, homework, mini practice exam, some class notes) included in class fee.

CARBON DIET CLUB

Go on a Carbon Diet! Take this free class and learn simple things that you can do to reduce your personal greenhouse gas emissions and your impact on climate change. Save money, help sustain future generations and meet new friends! You will receive tools such as a workbook to track your progress, a reusable shopping bag, a shower timer and much more. Each Club will meet three times to discuss action items and to help each team member reach their reduction targets. Bring your family members and work together to reduce your household emissions, but only one sign-up per household, please. Free childcare available for CRC members; \$4 for non-members.

Instructor: Rebecca Fotu, Environmental Programs Coordinator

Location: Centennial Recreation Center, Activity Room #2

Date	Day	Time	Age	Sessions
1/9-1/23	Sa	10am-11am	16yrs+	3
1/12-1/26	T	6:30pm-7:30pm	16yrs+	3
1/14-1/28	Th	6:30pm-7:30pm	16yrs+	3
2/9-2/23	T	6:30pm-7:30pm	16yrs+	3
2/11-2/25	Th	6:30pm-7:30pm	16yrs+	3
2/20-3/6	Sa	10am-11am	16yrs+	3
3/9-3/23	T	6:30pm-7:30pm	16yrs+	3
3/11-3/25	Th	6:30pm-7:30pm	16yrs+	3
3/13-3/27	Sa	10am-11am	16yrs+	3
4/6-4/20	T	6:30pm-7:30pm	16yrs+	3
4/8-4/22	Th	6:30pm-7:30pm	16yrs+	3
4/10-4/24	Sa	10am-11am	16yrs+	3
5/8-5/22	Sa	10am-11am	16yrs+	3
5/11-5/25	T	6:30pm-7:30pm	16yrs+	3
5/13-5/27	Th	6:30pm-7:30pm	16yrs+	3

Fee: FREE

TEENS & ADULT BALLET I & II

Expand your creativity and self-expression through dance! The beginning dancer alongside the continuing dancer will learn and build on basic ballet steps and technique, and enjoy center-floor and across-the-floor combinations to a variety of music. This great introduction to dance strongly encourages poise, coordination, and confidence.

Instructor: Paula Johnson

Location: Community & Cultural Center, Mira Monte Room

Activity#	Date	Day	Time	Age	Sessions
2600.102	1/6-3/3*	W	7:10pm-8:10pm	13yrs+	8
2600.103	3/17-5/19*	W	7:10pm-8:10pm	13yrs+	8

*No class 2/17, 3/31 & 4/7

Resident Fee \$71 CRC Member: \$66

Non-Resident Fee: \$81 CRC Member: \$76

TEENS

LOSE 5,000 POUNDS OF CARBON IN JUST 30 DAYS!



Go on the most effective diet yet!

Join the Carbon Diet Club. In just three meetings you will:

- Reduce your impact on climate change
- Help sustain future generations
- Learn about energy efficiency
- See if you qualify for a home energy audit
- Meet new people

Sign up for a **FREE CLASS**. See class listing for the Carbon Diet Club on this page.



City of Morgan Hill
Environmental Programs Division
17575 Peak Avenue
Morgan Hill, CA 95037

CERAMICS: WHEEL THROWING AND HAND BUILDING

Develop a new skill or polish up your talents in clay while making pots perfect for the garden, home, and gift giving. From the basics to more advanced techniques, this class provides opportunities for all levels to make functional and fun wares.

Instructor: Jane Rekedal

Location: Community & Cultural Center, Poppy Jasper Room

Activity#	Date	Day	Time	Age	Sessions
Open House	1/6	W	5:45-6:30pm	13yrs+	1
4270.101	1/13-2/10	W	5:45-8pm	13yrs+	5
4270.102	2/24-3/24	W	5:45-8pm	13yrs+	5
Open House	4/14	W	5:45-6:30pm	13yrs+	1
4270.103	4/21-5/26	W	5:45-8pm	13yrs+	6

Material Fee: first time students \$15.00 due at the time of registration. Return student with clay \$5 glaze cost due at the time of registration. Additional clay \$10 per bag

Open House: Free

5 Sessions:

Resident \$130 CRC Member: \$125

Non Resident: \$140 CRC Member: \$135

6 Sessions:

Resident \$155 CRC Member: \$150

Non Resident: \$165 CRC Member: \$160

OPEN LAB CERAMICS

This is for students enrolled in the Ceramics: Wheel Throwing and Hand-building class taught by Jane Rekedal. Under age youth must be accompanied by an adult.

Location: Community & Cultural Center, Poppy Jasper Room

Date	Day	Time	Age
1/19-5/25	T	5:30pm-7:30pm	13yrs+
1/19-5/25	M-TH	8am-5pm	13yrs+

Additional glaze: \$5

Optional Additional clay: \$10.00

Fee per session: CRC Members FREE / Non-Members \$4

Things To Do mark your calendars


Tons of fun, activities, and events
for the whole family. See page 4.
Just For Teens - page 39.



**Morgan Hill Recreation
Preschool**

Is your child ready
to start School?
We can help!!


See page 31 for details.



**invisalign
Invisible Braces**

- Certified Invisalign Orthodontist
- Individually tailored financial plans
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TEENS

Teen Sports & Active Recreation

FUNDAMENTALS OF TENNIS

This is a course designed to teach the fundamentals, proper techniques and skill development to The players. Bring a tennis racket and dress appropriately. Space is limited, so sign up now!

Instructor: Mike Myers

Location: Community Park, Tennis Courts

Activity#	Date	Day	Time	Age	Sessions
2300.101	1/13-2/17	W	4:30pm-5:30pm	13-18yrs	6
2300.102	3/3-4/7	W	4:30pm-5:30pm	13-18yrs	6

Resident: \$77/ CRC Member: \$72

Non-Resident: \$82/ CRC Member: \$77

TEEN TENNIS LEAGUE

This junior program is designed for the individual who already knows how to play the game. He/she should be able to hit balls and rally consistently with a partner. The emphasis of the program is skill development and preparation for match play with the goal to prepare The Juniors for USA Team Tennis play. Bring a tennis racket and dress appropriately.

Instructor: Mike Myers

Location: Community Park, Tennis Courts

Activity#	Date	Day	Time	Age	Sessions
2300.103	1/14-2/18	TH	4:30pm-5:30pm	13-18yrs	6
2300.104	3/4-4/15	TH	4:30pm-5:30pm	13-18yrs	6

Resident: \$77/ CRC Member: \$72

Non-Resident: \$82/ CRC Member: \$77

HOME SCHOOL TEEN TENNIS

This program is designed to meet the needs of children and youths, who are being educated at home. No experience required. The focus of the class is on fundamental skills and technique. Bring a tennis racket and dress appropriately.

Instructor: Mike Myers

Location: Community Park, Tennis Courts

Activity#	Date	Day	Time	Age	Sessions
2300.105	1/12-2/16	T	11am-12pm	13-18yrs	6
2300.106	3/2-4/6	T	11am-12pm	13-18yrs	6

Resident: \$77/ CRC Member: \$72

Non-Resident: \$82/ CRC Member: \$77

JR. GOLF

(BEGINNER)

This 5 week class will teach golf fundamentals such as: the grip, the stance, putting, chipping, and full swing. This is a great introduction to the sport or to review and practice what you have learned. Please dress comfortably, bring water and wear sun screen. Golf clubs will be furnished or you are welcome to bring your own.

Instructor: Stuart Spence

Location: Eagle Ridge Golf Course, Gilroy

Activity#	Date	Day	Time	Age	Sessions
4631.101	1/9-2/6	SA	1pm-2pm	5-17yrs	5
4631.102	2/20-3/20	SA	1pm-2pm	5-17yrs	5
4631.103	4/3-5/1	SA	1pm-2pm	5-17yrs	5
4631.104	1/17-2/14	SU	1pm-2pm	5-17yrs	5
4631.105	2/28-3/28	SU	1pm-2pm	5-17yrs	5
4631.106	4/11-5/9	SU	1pm-2pm	5-17yrs	5

Resident: \$57 / CRC Member: \$52

Non-Resident: \$62 / CRC Member: \$57

TENNIS: PRIVATE LESSONS

These lessons are for individuals and/or small groups (1-4) people, who prefer individual attention and instruction. This is not available in a large class setting. Please call (408) 782-2128 to get more information.

Instructor: Michael Myers

Location: Community Park Tennis Courts

Activity#	Date	Day	Time	Age	Sessions
4630.112	1/3-6/5	SU-SA	Anytime	5yrs+	1-8

1/2 Hour Lesson: \$25 / Hour Lesson: \$50

MOTHER & CHILD GOLF

Join this 5 week introductory class with your child and learn at an easy, fun pace. Plus, this class is a great opportunity to spend quality time together. Golf is fun to learn and share with kids. Golf clubs will be furnished or you are welcome to bring your own.

Instructor: Scott Krause

Location: Eagle Ridge Golf Course, Gilroy

Activity#	Date	Day	Time	Age	Sessions
4631.107	1/16-2/13	SA	1pm-2pm	4-15yrs	5
4631.108	2/27-3/27	SA	1pm-2pm	4-15yrs	5
4631.109	4/10-5/8	SA	1pm-2pm	4-15yrs	5

Resident: \$64 / CRC Member: \$59

Non-Resident: \$69 / CRC Member: \$64

KEMPO KARATE

(PRE- TEEN THRU ADULT)

Students will learn self defense techniques against grabs, punches, and kicks. They will gain confidence, self control, discipline, focus, respect, strength and flexibility and build character. Sparring will be practiced with matches and sparring drills. All students must purchase their own safety gear. Weapons such as the Bo Staff and Escrima Sticks will also be offered.

Instructors: Sifu Arceli Bell & Sifu Marieta De La Cruz

Location: Centennial Recreation Center, Multipurpose Room

Activity #	Date	Day	Time	Age	Sessions
4660.121	1/5- 1/26	T	6:15pm-7:00pm	11yrs+	4
4660.122	1/5 -1/28	T/TH	6:15pm-7:00pm	11yrs+	8
4660.123	2/2 - 2 /23	T	6:15pm-7:00pm	11yrs+	4
4660.124	2/2 - 2/25	T/TH	6:15pm-7:00pm	11yrs+	8
4660.125	3/2 - 3/30	T	6:15pm-7:00pm	11yrs+	5
4660.126	3/2 - 3/25	T/TH	6:15pm-7:00pm	11yrs+	8
4660.127	4/6 - 4/27	T	6:15pm-7:00pm	11yrs+	4
4660.128	4/6 - 4/29	T/TH	6:15pm-7:00pm	11yrs+	8
4660.129	5/4 - 5/25	T	6:15pm-7:00pm	11yrs+	4
4660.130	5/4 - 5/27	T/TH	6:15pm-7:00pm	11yrs+	8

Material Fee: \$99 due to instructor the first day of class. Includes: Uniform, gloves, 1 large Kempo patch and a folder with written material.

No material fee is required for the first class, but student cannot earn belt without a uniform

Drop in fee with pre-registration: \$15

4 week session

Resident Fee \$65 / CRC Member: \$60

Non-Resident Fee: \$75 / CRC Member: \$65

5 week session

Resident Fee \$70 / CRC Member: \$65

Non-Resident Fee: \$75 / CRC Member: \$70

8 week session

Resident Fee \$85 / CRC Member: \$80

Non-Resident Fee: \$90 / CRC Member: \$85

TEENS

Things To Do

mark your calendars

TEEN CENTER WINTER/SPRING 2010

Date	Activity	Time	Cost	Location
Jan 4	YAC Monthly Meeting	5pm-6:30pm	Free	City Hall
Jan 6	Video Game Tournament	6pm-7pm	Free	Teen Center
Jan 9	Movie Time	6pm-7:30pm	Free	Teen Center
Jan 13	Ping Pong Tournament	6pm-7pm	Free	Teen Center
Jan 20	Rock Band Tournament	6pm-7pm	Free	Teen Center
Jan 21	Time to Chill	6pm-7:30pm	Free	Teen Center
Jan 27	January Tag Session	6pm-7pm	Free	Teen Center
Jan 30	Family Day/Potluck	2:30pm-6pm	Free	Teen Center
Feb 1	YAC Monthly Meeting	5pm-6:30pm	Free	City Hall
Feb 3	Pool Tournament	6pm-7pm	Free	Teen Center
Feb 11	Open Mike Night	6pm-7:30pm	Free	Teen Center
Feb 17	Air Hockey Tournament	6pm-7pm	Free	Teen Center
Feb 25	Time to Chill	6pm-7:30pm	Free	Teen Center
Feb 27	Family Day/Potluck	2:30pm-6pm	Free	Teen Center
Mar 1	YAC Monthly Meeting	5pm-6:30pm	Free	City Hall
Mar 3	Wii Tournament	6pm-7pm	Free	Teen Center
Mar 10	Dance Rev. Tournament	6pm-7pm	Free	Teen Center
Mar 12	Movie Time	6pm-7:30pm	Free	Teen Center
Mar 17	Ping Pong Tournament	6pm-7pm	Free	Teen Center
Mar 25	Time to Chill	6pm-7:30pm	Free	Teen Center
Mar 27	Family Day/Potluck	2:30pm-6pm	Free	Teen Center
Mar 31	March Tag Session	6pm-7pm	Free	Teen Center
Apr 1	Pool Tournament	6pm-7pm	Free	Teen Center
Apr 5	YAC Monthly Meeting	5pm-6:30pm	Free	City Hall
Apr 14	Air Hockey Tournament	6pm-7pm	Free	Teen Center
Apr 15	Open Mike Night	6pm-7pm	Free	Teen Center
Apr 17	Skate Board Workshop	6:00-7pm	Free	Teen Center
Apr 22	Time to Chill	6:00-7:30pm	Free	Teen Center
Apr 24	Family Day/Potluck	2:30pm-6pm	Free	Teen Center
May 3	YAC Monthly Meeting	5pm-6:30pm	Free	City Hall
May 5	Wii Tournament	6pm-7pm	Free	Teen Center
May 8	Dance Rev. Tournament	6pm-7pm	Free	Teen Center
May 12	Ping Pong Tournament	6pm-7pm	Free	Teen Center
May 14	Rock Band Tournament	6pm-7pm	Free	Teen Center
May 19	May Tag Session	6pm-7pm	Free	Teen Center
May 20	Chill Out Session	6pm-7pm	Free	Teen Center
May 29	Family Day/Potluck	2:30pm-6pm	Free	Teen Center

DEVELOPMENTAL ASSET #14

Role Models - Parents and other adults model positive, responsible behavior.

DEVELOPMENTAL ASSET #8

Youth as Resources - Teens are given useful roles in the Community..

Creative Activities - Teen person spends three or more hours per week in lessons or practice in music, theatre or other acts.

DEVELOPMENTAL ASSET #18

Youth Programs - Teen person spends 3-4 hours per week in sports, clubs, or organizations at school.

DEVELOPMENTAL ASSET #9

Service to others - Teen person serves in the community one or more hours per week.

You can sign up in advance for any of our special tournaments or events at the Teen Center Office.

*YAC Monthly Meetings: show up and share your teen ideas at City Hall, Council Chamber Room located at 17555 Peak Ave. No sign up is required.

For more detail information please contact the Teen Center Office at 782-2128 ext # 807.

TEENS

Adult Adaptive Programs

SPRING FLING

Start Spring off right dancing to the fun beats of our local DJ. Have fun meeting new friends and dancing the afternoon away. This event is designed for youth and adults with disabilities. There is no charge for parents or caregivers to stay at the event.

Instructor: CRC Staff and Volunteers

Location: Centennial Recreation Center, Multipurpose Room

Activity#	Date	Day	Time	Age	Sessions
2600.101	3/26	F	6pm-9pm	12+	1

Residents: \$6 / CRC Member: \$5

Non Resident: \$7 / CRC Member: \$6

Adult Aquatics

WATER SAFETY INSTRUCTOR

Be certified to teach swim lessons for that perfect summer job! The goal of the Water Safety Instructor course is to train instructor candidates to teach the six levels of the Learn to Swim Program; the Basic Water Rescue course and the Parent & Child Aquatics program; and for eligible individuals, the Safety Training for Swim Coaches course.

Pre-requisites: 16 yrs of age and able to pass the swimming pre-test, which consists of swimming 25 yards of the following strokes: front crawl, back crawl, breaststroke, sidestroke, elementary backstroke, and butterfly (15 yards).

Classes will start in early March. Please call 408-782-2134 x 701 for exact dates/ times or email jolie.hunter@morganhill.ca.gov

AQUATICS TRIATHLON TRAINING PROGRAM

This program is designed for swimmers looking to improve their competitive swimming skills for participation in swim meets, open water races, or triathlons. Those participating will receive coached instruction during scheduled swim times at the Morgan Hill Aquatics Center. This program is not a swim lesson program, but is for intermediate/advanced swimmers looking to strengthen their skills. Coached workouts are scheduled throughout the week at various times. Contact the Aquatics Center for the current schedule.

Instructor: Tim Thornton

Location: Morgan Hill Aquatics Center

Monthly Fee for CRC Member: \$25

Daily Drop in fee: \$14 Resident / \$15 Non-resident

RED CROSS LIFEGUARDING CLASS

Classes are designed to provide the skills necessary to be an effective pool lifeguard. Training includes CPR for the Professional Rescuer, Standard First Aid and Lifeguard Training. Students must pass a basic swim test on the first day of class. Passing of class does not guarantee a position with the City of Morgan Hill. Proper bathing suit is required. For more information, please call Jolie Hunter at 408-782-2134 ext 701.

Instructor: City of Morgan Hill certified staff

Location: Morgan Hill Aquatics Center

Activity #	Date	Day	Time	Age	Sessions
5540.101	2/15 - 2/19	M - F	9am-5pm	15yrs+	5
5540.102	4/5 - 4/9	M - F	9am-5pm	15yrs+	5

Resident: \$175/ CRC Member: \$170

Non Resident: \$180/ CRC Member: \$175

PRIVATE SWIM LESSONS

See page 17 of Aquatics Section for details and schedules

GROUP SWIM LESSONS

See page 18 in Aquatics Section for details.

DIVE-IN MOVIE

Forget about sitting in a movie theater when you can hang out at the CRC for a movie. Come join us for our special Family Dive-In Movie and watch the movie poolside.

Location: Centennial Recreation Center, Pool

Saturday February 27	7:00-10:00pm Movie: "Cars"
Saturday March 27	7:00-10:00pm Movie: "Ice Age Dawn of the Dinosaurs"
Saturday April 24	7:00-10:00pm Movie: "Up"

Members FREE

Non-Members pay regular day pass fee

(Resident: Adult \$9, Youth \$5; Non-Resident: Adult \$10, Youth \$7)



Look for this starburst
through out the
Recreation Guide to find

FREE CLASSES
with your CRC membership.

ADULT

Adult Fitness

BUST A GRIND BOOT CAMP

Are you ready to kick-start your fitness program? Then join us for "Bust a Grind" Boot Camp Challenge! This three-week group exercise program will give you a total body workout like you've never seen before. Each day there will be something new including use of kickboxing techniques, stability balls, dumb bells, resistance bands, bosu trainers and so much more!

Instructor: Fitness Staff

Location: Centennial Recreation Center, Gymnasium

Activity#	Date	Day	Time	Age	Sessions
5690.101	1/4-1/22	M/W/F	5am-6am	18yrs+	9
5690.102	2/1-2/19	M/W/F	5am-6am	18yrs+	9

Resident: \$155 / CRC Member: \$150

Non Resident: \$165 / CRC Member: \$160

WEIGHT TRAINING FOR WOMEN

This six week one-hour class is an intensive group experience using Cybex strength training equipment and free weights. Topics such as anatomy, physiology, fat loss and cardiovascular conditioning will be discussed. This course gives you the opportunity to workout next to a Fitness Coach so personalized instruction is guaranteed. This class also gives you an opportunity to meet other people. For more information or to register please see the Welcome Center.

Instructor: CRC Fitness Staff

Location: Centennial Recreation Center, Fitness Center

Activity#	Date	Day	Time	Age	Sessions
5631.101	1/4-2/8	M	12pm-1pm	18yrs+	6

Resident: \$55 / CRC Member: \$45

Non-Resident: \$75 / CRC Member: \$65

FAMILY YOGA

(Parents, 6months+)

This class promotes involvement of mothers-to-be and parents with their toddlers. It is designed to offer a unique opportunity for parents and children to develop a relationship and bond. The elements of yoga will be implemented and modified for both parents and children who are participating in this class.

Instructor: Amy McElroy

Location: Centennial Recreation Center

Activity#	Date	Day	Time	Age	Sessions
4690.105	1/5-1/26	T	9:30am-10am	6months+	4
4690.106	2/2-2/23	T	9:30am-10am	6months+	4
4690.107	3/2-3/23	T	9:30am-10am	6months+	4
4690.108	4/6-4/27	T	9:30am-10am	6months+	4

Resident: \$25 / CRC Member: FREE

Non Resident: \$30 / CRC Member: FREE

YOGA

Yvonne Bannister is qualified, certified and trained in the instructional art of yoga. This is a class complete with instructional techniques on yoga, proper breathing, form, posture, breathing, and poses.

Instructor: Yvonne Bannister

Location: Cultural and Community Center, Mira Monte Room

Activity#	Date	Day	Time	Age	Sessions
4690.101	1/5-1/26	T	6:30pm-7:25pm	8yrs+	4
4690.102	2/2-2/23	T	6:30pm-7:25pm	8yrs+	4
4690.103	3/2-3/23	T	6:30pm-7:25pm	8yrs+	4
4690.104	4/6-4/27	T	6:30pm-7:25pm	8yrs+	4

Resident: \$45.00 / CRC Member: FREE

Non Resident: \$55.00 / CRC Member: FREE

PERSONAL TRAINING

Our personal training program is individualized and specifically tailored to fit your needs. Our certified trainers will guide you through a customized program, which will get you the results you need in the fastest and most effective way possible. You will be instructed in all components necessary to alter body composition, including the use of proper bio-mechanics, anatomy, physiology and much more. A courtesy Body Composition Assessment will be provided to optimize your Personal Training goals. If you would like a Nutritional Consultation with your Personal Training Package, there will be a small fee of \$35.00.

For more information or to register please contact the Welcome Center.

Location: Centennial Recreation Center

Fees: \$70 per session (Individual sessions)

\$330 6-session package @ \$55 per session

\$528 12-session package @ \$44 per session

\$688 16-session package @ \$43 per session

\$756 18-session package @ \$42 per session

\$936 24-session package @ \$39 per session

Personal training is only available for CRC facility members. The first session is an assessment session that will help the trainer establish the level of fitness of each individual to help determine training methods and to meet clients goals



KIDS' ZONE

Child care while you work out.

Free to CRC Members, drop in fee for non-members \$4.

Ages 6wks-12yrs.

Parent/Guardian must remain in building at all times.

M-F 8:00am-8:00pm

SA 8:30am-1:30pm

SU 8:30am-12:00pm

Monthly Activity Calendar online at www.mhcr.com

ADULT

Adult Special Interest

WOMEN'S SPRING CLEANSE WORKSHOP: WOMEN'S 10 DAY SPRING CLEANSE WORKSHOP

Transformational whole foods based cleanse that allows the body to release toxins and excess weight, while rejuvenating the body, mind and spirit and connecting us to our intuitive nature. Learn to trust your body's cues over any expert, guideline, or fad diet. For optimal results a commitment to attend all four sessions of this workshop is essential for individual and group success in this process.

Instructor: Jennifer Moiles

Location: Centennial Recreation Center, Sr. Activity Room #1

Activity#	Date	Day	Time	Age	Sessions
5210.103	5/15-5/25	T/SAT*	10am-12pm/7-9pm	18yrs+	4

Material Fee: \$10 material

Resident: \$155 / CRC Discount: \$150

Non Resident: \$165 / CRC Discount: \$160

*Class meets every other Saturday Morning and Tuesday Evening.

*Saturday Classes are held 5/15 and 5/22 10-12pm

*Tuesday Classes are held 5/18 and 5/25 7-9pm

PEACE AND GOOD EATING

Most of us know by now that diets don't work – why would they? Who thrives on deprivation? This 12-week, 6-session series will provide you with holistic, common-sense techniques and support for balancing your body and improving your health, fitness, and energy level. Come join some lively discussions; learn, share, and support others in adopting a holistic approach to nutrition and wellness!

Instructor: Jennifer Moiles

Location: Centennial Recreation Center, Sr. Activity 1

Activity#	Date	Day	Time	Age	Sessions
5100.101	1/13-3/24	W*	6pm-8pm	18yrs+	6

Resident: \$260 / CRC Member: \$250

Non Resident: \$280 / CRC Member: \$270

*Class meets every other Wednesday: 1/13; 1/27; 2/10; 2/24; 3/10 & 3/24

CERAMICS: WHEEL THROWING AND HAND BUILDING

Develop a new skill or polish up your talents in clay while making pots perfect for the garden, home, and gift giving. From the basics to more advanced techniques, this class provides opportunities for all levels to make functional and fun wares.

Instructor: Jane Rekedal

Location: Community & Cultural Center, Poppy Jasper Room

Activity#	Date	Day	Time	Age	Sessions
Open House	1/6	W	5:45pm-6:30pm	13yrs+	1
4270.101	1/13-2/10	W	5:45pm-8pm	13yrs+	5
4270.102	2/24-3/24	W	5:45pm-8pm	13yrs+	5
Open House	4/14	W	5:45pm-6:30pm	13yrs+	1
4270.103	4/21-5/26	W	5:45pm-8pm	13yrs+	6

Material Fee: first time students \$15 due at the time of registration. Return student with clay \$5 glaze cost due at the time of registration. Additional clay \$10 per bag

Open House: Free

5 Sessions:

Resident \$130 / CRC Member: \$125

Non Resident: \$140 CRC / Member: \$135

6 Sessions:

Resident \$155 CRC Member: \$150

Non Resident: \$165 CRC Member: \$160

OPEN LAB CERAMICS

This is for students enrolled in the Ceramics: Wheel Throwing and Hand-building class taught by Jane Rekedal. Under age youth must be accompanied by an adult.

Location: Community & Cultural Center, Poppy Jasper Room

Date	Day	Time	Age
1/19-5/25	T	5:30pm-7:30pm	13yrs+
1/19-5/25	M-TH	8am-5pm	13yrs+

Additional glaze: \$5

Optional Additional clay: \$10.00

Fee per session: CRC Members FREE / Non-Members \$4

Need space?



Room Rentals
at the Community &
Cultural Center as low as

\$25 /hr

Just some of our amenities:

Banquet and classroom seating
Executive style boardroom table
Teleconferencing needs
Advanced sound system
Dance floor
LCD projector and screens
TV, DVD, and VCR capabilities
White board
Internet hook-ups

Space available:

* Two large multi-purpose
* Three classrooms
* Two meeting rooms
* Children's pavilion
* Full-service kitchen
* Outdoor amphitheater
* Charming rose garden

408.782.0008 • www.mhcommunitycenter.com

ADULT



**SURF
OR
TURF
PARTY PACKAGES**

Book Your Next Birthday Party With Us!

Centennial Recreation Center
Year Round Bookings – (408) 782-2128 x803

Aquatics Center Parties
Summer Bookings – (408) 782-2134 x710

TEENS & ADULT BALLET I & II

Expand your creativity and self-expression through dance! The beginning dancer alongside the continuing dancer will learn and build on basic ballet steps and technique, and enjoy center-floor and across-the-floor combinations to a variety of music. This great introduction to dance strongly encourages poise, coordination, and confidence.

Instructor: Paula Johnson

Location: Community & Cultural Center, Mira Monte Room

Activity#	Date	Day	Time	Age	Sessions
2600.102	1/6-3/3*	W	7:10pm-8:10pm	13yrs+	8
2600.103	3/17-5/19*	W	7:10pm-8:10pm	13yrs+	8

*No class 2/17, 3/31 & 4/7

Resident Fee \$71 CRC Member: \$66

Non-Resident Fee: \$81 CRC Member: \$76

BAY-FRIENDLY GARDENING BASICS

Considering form and function before planting can save you time and resources. This workshop will provide an overview of design and maintenance considerations and practices that will help you make smart choices at the nursery. Please call (408) 918-4640 to register.

Instructor: Bay Friendly Certified Instructor

Location: Centennial Recreation Center, Activity Room #2

Date	Day	Time	Age	Sessions
5/15	SA	10am-1pm	18yrs+	1

\$20 fee collected at registration.

Free Class. Please call (408) 918-4640 to pre-register.

CARBON DIET CLUB

Go on a Carbon Diet! Take this free class and learn simple things that you can do to reduce your personal greenhouse gas emissions and your impact on climate change. Save money, help sustain future generations and meet new friends! You will receive tools such as a workbook to track your progress, a reusable shopping bag, a shower timer and much more. Each Club will meet three times to discuss action items and to help each team member reach their reduction targets. Bring your family members and work together to reduce your household emissions, but only one sign-up per household, please.

Free childcare available for CRC members; \$4 for non-members.
Instructor: Rebecca Fotu, Environmental Programs Coordinator

Location: Centennial Recreation Center, Activity Room #2

Date	Day	Time	Age	Sessions
1/9-1/23	Sa	10am-11am	16yrs+	3
1/12-1/26	T	6:30pm-7:30pm	16yrs+	3
1/14-1/28	Th	6:30pm-7:30pm	16yrs+	3
2/9-2/23	T	6:30pm-7:30pm	16yrs+	3
2/11-2/25	Th	6:30pm-7:30pm	16yrs+	3
2/20-3/6	Sa	10am-11am	16yrs+	3
3/9-3/23	T	6:30pm-7:30pm	16yrs+	3
3/11-3/25	Th	6:30pm-7:30pm	16yrs+	3
3/13-3/27	Sa	10am-11am	16yrs+	3
4/6-4/20	T	6:30pm-7:30pm	16yrs+	3
4/8-4/22	Th	6:30pm-7:30pm	16yrs+	3
4/10-4/24	Sa	10am-11am	16yrs+	3
5/8-5/22	Sa	10am-11am	16yrs+	3
5/11-5/25	T	6:30pm-7:30pm	16yrs+	3
5/13-5/27	Th	6:30pm-7:30pm	16yrs+	3

Fee: FREE



**LOSE 5,000 POUNDS
OF CARBON IN JUST 30 DAYS!**

Go on the most effective diet yet!
Join the Carbon Diet Club. In just three meetings you will:

- Reduce your impact on climate change
- Help sustain future generations
- Learn about energy efficiency
- See if you qualify for a home energy audit
- Meet new people

Sign up for a **FREE CLASS**.
See class listing for the
Carbon Diet Club on this page.



CITY OF MORGAN HILL
City of Morgan Hill
Environmental Programs Division
17575 Peak Avenue
Morgan Hill, CA 95037

ADULT

KEMPO KARATE

(PRE- TEEN THRU ADULT)

Students will learn self defense techniques against grabs, punches, and kicks. They will gain confidence, self control, discipline, focus, respect, strength and flexibility and build character. Sparring will be practiced with matches and sparring drills. All students must purchase their own safety gear. Weapons such as the Bo Staff and Escrima Sticks will also be offered.

Instructors: Sifu Arceli Bell & Sifu Marieta De La Cruz

Location: Centennial Recreation Center, Multipurpose Room

Activity #	Date	Day	Time	Age	Sessions
4660.121	1/5- 1/26	T	6:15pm-7:00pm	11yrs+	4
4660.122	1/5 -1/28	T/TH	6:15pm-7:00pm	11yrs+	8
4660.123	2/2 - 2 /23	T	6:15pm-7:00pm	11yrs+	4
4660.124	2/2 - 2/25	T/TH	6:15pm-7:00pm	11yrs+	8
4660.125	3/2 - 3/30	T	6:15pm-7:00pm	11yrs+	5
4660.126	3/2 - 3/25	T/TH	6:15pm-7:00pm	11yrs+	8
4660.127	4/6 - 4/27	T	6:15pm-7:00pm	11yrs+	4
4660.128	4/6 - 4/29	T/TH	6:15pm-7:00pm	11yrs+	8
4660.129	5/4 - 5/25	T	6:15pm-7:00pm	11yrs+	4
4660.130	5/4 - 5/27	T/TH	6:15pm-7:00pm	11yrs+	8

Material Fee: \$99 due to instructor in class. Includes: Uniform, gloves, 1 large Kempo patch and a folder with written material.

No material fee is required for the first class, but student cannot earn belt without a uniform

Drop in fee with pre-registration: \$15

4 week session

Resident Fee \$65 / CRC Member: \$60

Non-Resident Fee: \$75 / CRC Member: \$65

5 week session

Resident Fee \$70 / CRC Member: \$65

Non-Resident Fee: \$75 / CRC Member: \$70

8 week session

Resident Fee \$85 / CRC Member: \$80

Non-Resident Fee: \$90 / CRC Member: \$85



DETOX YOGA SEMINAR

Has your diet been making you feel a bit sluggish lately?

Are you suffering from acne, allergies, poor digestion or other health concerns? Would you like to have more energy? Learn how cleaning out your insides helps you to feel and look great on the outside.

Instructor: Dolores Kent

Location: Centennial Recreation Center, Sr. Activity Room #1

Activity#	Date	Day	Time	Age	Sessions
5210.102	5/2	SUN	1pm-4pm	18yrs	1

Resident: \$30 / CRC Member: \$25

Non Resident: \$40 / CRC Member: \$35

DETOX WORKSHOPS

Has your diet been making you feel a bit sluggish these days? Are you suffering from acne, allergies, poor digestion or other health concerns? Would you like to have more energy? Cleaning out your insides helps you to feel and look great on the outside so don't miss this workshop. This 10 day detox is gentle and very effective. Join food and health expert and yoga teacher, Dolores Kent CNC, for this guided 10 day Detox workshop.

Instructor: Dolores Kent

Location: Centennial Recreation Center, Sr. Activity Room #1

Activity#	Date	Day	Time	Age	Sessions
5210.101	5/1-5/15	SAT	8:30am-10am	18yrs	3

Resident: \$40 / CRC Member: \$35

Non Resident: \$50 / CRC Member: \$45

ADULT



Morgan Hill Recreation Preschool

Is your child ready
to start School?
We can help!!

See page 31 for details.

Things To Do mark your calendars

Tons of fun, activities, and events
for the whole family. See page 4.
Just For Teens - page 39.

Adult Sports & Active Recreation

ADULT SOFTBALL LEAGUE

A softball league for adults (18/older) is offered on Tuesday nights (Novice) and Thursday nights (Intermediate). Game times are 6:30; 7:45; 9:00pm. Registration is by team only. Individual players are welcome to fill out a free agent form, but are not guaranteed to be placed on a team. Only 6 teams per league. For more information call 408-782-2128 x806 or e-mail abel.gutierrez@mhcrc.com

Location: Community Park, Softball Field A & C

Schedules available online at www.quickscores.com/morganhill

Resident \$600 / CRC Member \$550

Non-Resident \$650 / CRC Member \$600

(60% residency or membership is required to receive member and resident rate)

CO-ED VOLLEYBALL LEAGUE

A co-ed volleyball league for adults (18/older) is offered on Monday nights (Intermediate) and Wednesday nights (Novice). Game times are 7:00; 8:00; 9:00pm.

Registration is by team only. Individual players are welcome to fill out a free agent form, but are not guaranteed to be placed on a team. Only 6 teams per league. For more information call 408-782-2128 x806 or e-mail abel.gutierrez@mhcrc.com

Location: Centennial Recreation, Gymnasium

Resident \$425/ CRC Member \$375

Non-Resident \$475 / CRC Member \$425

(60% residency or membership is required to receive member and resident rate)

MEN'S TEAM BASKETBALL LEAGUE

A men's full court basketball league (18/older) is offered on Tuesday nights (Intermediate) Registration is by team only. Individual players are welcome to fill out a free agent form, but are not guaranteed to be placed on a team. Only 6 teams per league. For more information call 408-782-2128 x806 or e-mail abel.gutierrez@mhcrc.com

Location: Centennial Recreation, Gymnasium

Schedules available online at www.quickscores.com/morganhill

Resident \$550/ CRC Member \$500

Non-Resident \$600 / CRC Member \$550

(60% residency or membership is required to receive member and resident rate)

ADULT FLAG FOOTBALL LEAGUE

Playing under the lights is a unique way to play football. The Morgan Hill Flag Football League (MHFFL) plays 4 on 4 no-contact flag football. No contact means no blocking, no tackling and no bumping. With a 25 X 70 yard field, games go fast with plenty of scoring. MHFFL uses the USA flag football rules. A game last 45 minutes with a non-stop clock, 4 players are allowed on the field at one time and rosters can have up to 10 players. For more information call Jeff Dixon (408) 778-3900 or visit www.usaflagfootball.net

Location: Outdoor Sports Complex

Resident Team Fee: \$350

Non-Resident Team Fee: \$400

Individual Fee: \$50

(60% residency is required to receive resident rate)

ADULT GOLF

Learn one of the fastest growing sports in America....Golf! During this five week program, golf professional Scott Krause, will teach golf techniques from putting to the full swing. This class fills up fast, register early! Golf clubs will be furnished or you are welcome to bring your own clubs.

Instructor: Scott Krause

Location: Eagle Ridge Golf Course, Gilroy

Activity#	Date	Day	Time	Age	Sessions
5670.101	1/9-2/6	SA	12pm-1pm	18yrs+	5
5670.102	2/20-3/20	SA	12pm-1pm	18yrs+	5
5670.103	4/3-5/1	SA	12pm-1pm	18yrs+	5
5670.104	1/17-2/14	SU	12pm-1pm	18yrs+	5
5670.105	2/28-3/28	SU	12pm-1pm	18yrs+	5
5670.106	4/11-5/9	SU	12pm-1pm	18yrs+	5

Resident: \$84 / CRC Member: \$79

Non-Resident: \$89 / CRC Member: \$84

TENNIS: PRIVATE LESSONS

These lessons are for individuals and/or small groups (1-4) people, who prefer individual attention and instruction that is not available in a large class setting. Please call (408) 782-2128 to get more information.

Instructor: Mike Myers

Location: Community Park Tennis Courts

Activity#	Date	Day	Time	Age	Sessions
4630.101	1/3-6/5	SU-SA	Anytime	18yrs+	1-8

1/2 Hour Lesson: \$25 / Hour Lesson: \$50

LADIES DOUBLES TENNIS LEAGUE

This program focuses on developing skills and refining technique, as well as learning strategy and tactics for competitive play, after which participating in a fun social doubles round robbing format each week. Bring a tennis racket and dress appropriately.

Instructor: Mike Myers

Location: Community Park, Tennis Courts (Courts 3, 4, 5, 6)

Activity#	Date	Day	Time	Age	Sessions
5680.101	1/14-2/18	TH	9:30am-11am	18yrs+	6
5680.102	3/4-4/15	TH	9:30am-11am	18yrs+	6

Resident: \$105 / CRC Member: \$100

Non-Resident: \$110 / CRC Member: \$105

TENNIS: BEGINNER/INTERMEDIATE

This class is for the beginning and intermediate player. Basic fundamentals and skill development will be emphasized. Bring a tennis racket and dress appropriately. Space is limited, so sign up now!

Instructor: Mike Myers

Location: Community Park, Tennis Courts

Activity#	Date	Day	Time	Age	Sessions
5680.103	1/12-2/16	T	9am-10am	18yrs+	6
5680.104	3/2-4/6	T	9am-10am	18yrs+	6
5680.105	1/13-2/17	W	6pm-7pm	18yrs+	6
5680.106	3/3-4/7	W	6pm-7pm	18yrs+	6

Resident \$85/ CRC Member \$80

Non-Resident \$90/ CRC Member \$85

ADULT

CENTENNIAL RECREATION SENIOR CENTER

The Centennial Recreation Senior Center provides comprehensive services, fitness programs, educational classes and enrichment programs to individuals in the Morgan Hill, San Martin and Gilroy communities who are 50 years and older.

171 W. Edmundson Avenue, Morgan Hill, CA 95037
(408) 782-1284

Hours of Operation

Monday - Friday 8:00am-3:00pm

*"A Place where
Older Adults Thrive
as Members of an Aging
Friendly Community"*

Morgan Hill Senior Café

The Morgan Hill Senior Café offers delicious weekday lunches to seniors. Seniors who are 60+ are requested to pay a \$2.50 donation. Individuals who are under 60 pay \$5.00. Lunches are served at noon Monday through Friday. Reservations must be made by 11:30a.m.

Location: Centennial Recreation Senior Center, Multipurpose Room

The Daily Grind

Start the morning right with a cup of coffee and pastries in our comfortable lobby. Sip your coffee, read the newspaper, watch TV, play cards, or just relax and chat.

Location: Centennial Recreation Senior Center, Lobby

Date	Day	Time	Age
Ongoing	M-F	8:00am-3:00pm	50+
Drop-in: Free			

Arts, Crafts and More

YOU CAN DRAW!

So you think you can't draw? Do you think you're too old to learn? Come to this fun and relaxed drawing class and discover your hidden talents!

Instructor: Karen Hegglin

Location: Centennial Recreation Senior Center, Activity Room 2

Activity #	Date	Day	Time	Age	Sessions
3100.101	1/6-2/10	W	10:00am-12:00pm	50+	6
3100.102	2/17-3/31	W	10:00am-12:00pm	50+	6
3100.103	4/14-5/19	W	10:00am-12:00pm	50+	6

Resident: \$45/CRC Member \$40

Non Resident: \$50/CRC Member \$45

Register at the Centennial Recreation Senior Center

WATERCOLOR

OFFERED BY GAVILAN COLLEGE

Learn basic use of color and techniques of water color in this fun and relaxed class.

Instructor: Rupa Gupta

Location: Centennial Recreation Senior Center, Multipurpose Room

Date	Day	Time	Age
Ongoing	TH	1:00pm-4:00pm	50+

Free/\$30 Material fee optional

Register at the Centennial Recreation Senior Center

SCRAPBOOKING AND CROPPING

Are your photos in boxes and needing to be organized? Join other scrapbookers and exchange ideas while creating albums that reflect your favorite memories.

Location: Centennial Recreation Senior Center, Activity Room 2

Date	Day	Time	Age
Ongoing	T	10:00am-12:00pm	50+

Drop-in: Free

Please provide your own materials.

PHOTOGRAPHY CLUB

Come and share your photos and learn more about photography. All levels are welcome

Facilitator: Susan Brazelton

Location: Centennial Recreation Senior Center, Multipurpose Rm

Date	Day	Time	Age
Ongoing	1st Wed. of month	7:00pm-9:00pm	All

Drop-in: Free

KNITTING

Now is your chance to learn how to knit! Learn the different types of stitches and how to read a pattern to create a beautiful piece of work. Already know how to knit? You can come, too! Men are welcome!

Instructor: Rebecca Lister

Location: Centennial Recreation Senior Center, Activity Room 2

Date	Day	Time	Age
Ongoing	Th	10:00am-11:00am	50+

Drop-in: \$1

ADULT 50+

*Lunch at the
Senior Center
means nutritious
meals and
socialization.*



NEEDLEWORK GROUP

Come to the Needlework Group if you enjoy any kind of needlework, including knitting, cross-stitch, or crochet. Bring your project and enjoy the company of your fellow crafters and get new ideas!

Facilitator: Carolyn Trevino

Location: Centennial Recreation Senior Center, Activity Room 1

Date	Day	Time	Age
Ongoing	W	5:00 pm-9:00 pm	50+

Drop-in: \$2

ROTATING ART EXHIBIT

Come walk through the halls of the Senior Center and enjoy the talents of our 50+ Adult community, as well as other talented local artists.

RECIPE CLUB

Come and exchange some of your favorite recipes while indulging with friends in a delicious lunch representing the chosen theme of the month! We'll take turns preparing our favorite recipes and exchanging recipes at monthly meetings.

Facilitator: Betty Lewis

Location: Centennial Recreation Senior Center, Activity Room 2

Date	Day	Time	Age
Ongoing	2nd Tuesday of month	12:00pm -2:00pm	50+

Drop-in: Free

Educational Opportunities

SOUTH COUNTY LIFELONG LEARNING (SCLL)

Location: Centennial Recreation Senior Center

Are you interested in a rich and evolving array of courses and programs at the university level for adults 40+. Engage in discussions, enjoy lectures or presentations, and consider life's questions—and answers. Courses are not graded and adults are encouraged to participate just for the joy of learning! Contact the Senior Center at 782-1284 for a list of courses.

For more educational opportunities, see "Arts, Crafts and More" and "Computer Programs".

ADULT 50+



Classes for all levels of fitness.

Fitness

AQUATIC FITNESS CLASSES

See page 8 for class information.

BOCCE BALL

The Centennial Recreation Senior Center and the Morgan Hill Bowl are partnering to provide adults 50+ the opportunity to play the game of bocce! Enjoy the comforts of this beautiful indoor facility while playing the strategic game of bocce with others! Coffee is on us! You are not required to bring a partner to play.

Location: Morgan Hill Bowl

Activity#	Date	Day	Time	Age	Sessions
3710.101	1/5-2/23	T	10:00am-12:00pm	50+	8
3710.102	3/2-4/20	T	10:00am-12:00pm	50+	8
3710.103	4/27-6/15	T	10:00am-12:00pm	50+	8

Resident: \$48/CRC Member \$43

Non Resident: \$55/CRC Member \$50

Register at the Centennial Recreation Senior Center

50+ BOWLING

Take pleasure in a fun morning of bowling with others during this 8 week summer session. Includes 3 games of bowling and shoe rental. All levels of bowling experience welcome.

Location: Morgan Hill Bowl

Activity#	Date	Day	Time	Age	Sessions
3710.104	1/7-2/25	Th	10:00am-12:00pm	50+	8
3710.105	3/4-4/22	Th	10:00am-12:00pm	50+	8
3710.106	4/29-6/17	Th	10:00am-12:00pm	50+	8

Resident: \$48/CRC Member \$43

Non Resident: \$55/CRC Member \$50

Register at the Centennial Recreation Senior Center

CHAIR YOGA

A gentle yoga class that focuses on breath awareness, stretching, strengthening and meditation while using the chair to either sit in or stand next to while enjoying the benefits of yoga.

Instructor: Terri Wright

Location: Centennial Recreation Senior Center, Activity Room 1

Date	Day	Time	Age
Ongoing	T	10:30am-11:30am	50+

Resident: \$7 / CRC Member: Free

Non Resident: \$9 / CRC Member: Free

50+ PILATES

This is a mat-based workout, specially designed for the older adult, which will strengthen and lengthen your muscles, help improve posture, enhance stability, increase core muscle strength, and improve flexibility.

Instructor: Mary Dunn

Location: Centennial Recreation Center, Activity Room 1

Date	Day	Time	Age
Ongoing	T	9:15am-10:15am	50+
Ongoing	Th	2:00pm-3:00 pm	50+

Resident: \$7 / CRC Member: Free

Non Resident: \$9 / CRC Member: Free

50+ YOGA

A class designed for 50+ adults that focuses on stretching, breath awareness and meditation.

Instructor: Terri Wright

Location: Centennial Recreation Senior Center, Activity Room 1

Date	Day	Time	Age
Ongoing	Th	10:15am - 11:15am	50+

Resident: \$7 / CRC Member: Free

Non Resident: \$9 / CRC Member: Free

LOW IMPACT ARTHRITIS

This is a class geared to individuals who may suffer from arthritis problems or are overweight but want a more active exercise routine. The class will consist of an aerobic workout, weight training, and flexibility.

Instructor: Marilyn Host

Location: Centennial Recreation Center

Date	Day	Time	Age
Ongoing	MWF	1:00pm-2:00pm	50+

Resident: \$7 / CRC Member: Free

Non Resident: \$9 / CRC Member: Free

50+ GOLF

Learn one of the fastest growing sports in America...golf! During this five-week program, golf professional Scott Krause will teach golf techniques from putting to the full swing. Golf clubs will be furnished or you are welcome to bring your own.

Instructor: Scott Krause

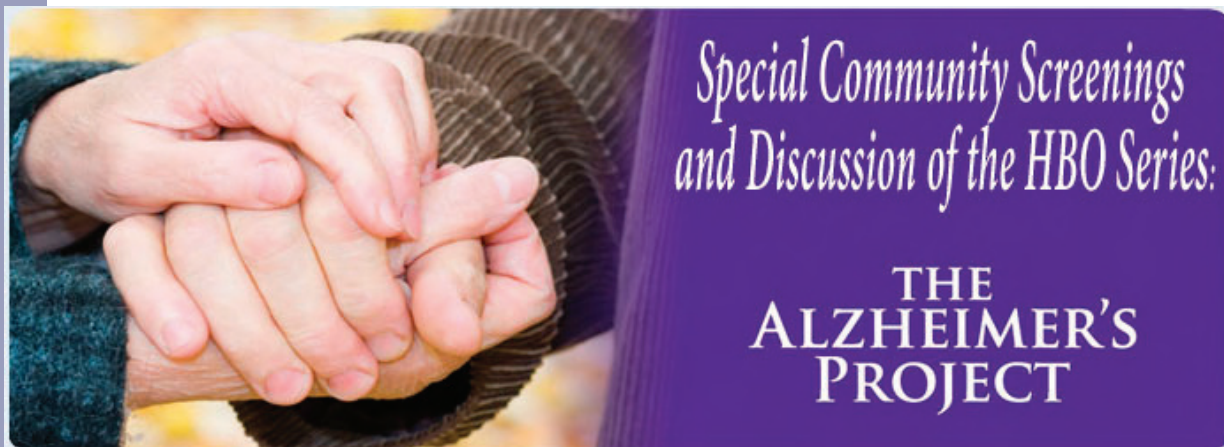
Location: Eagle Ridge Golf Course, Gilroy

Activity #	Date	Day	Time	Age	Sessions
3610.101	2/22-3/22	M	11:00am-12:00pm	50+	5
3610.102	4/7-5/5	W	12:00pm-1:00pm	50+	5

Resident: \$74/CRC Member \$69

Non-Resident \$84/Non-Resident CRC \$74

ADULT 50+



SPECIAL EVENT THE ALZHEIMER'S PROJECT

Join us for a special community screening and discussion of the HBO Series, The Alzheimer's Project. This series is not only changing the way America thinks about Alzheimer's disease, but is also bringing awareness to the community about this devastating disease.

Four parts of the series will be aired at separate times and days. Following each screening, a discussion will be facilitated by various professionals from the field. The Alzheimer's Project will address the following challenges:

- Living with Alzheimer's disease.
- Coping with the disease, for families and caregivers
- Tools and techniques that you'll be able to use immediately
- Information on cutting edge research

All screenings will take place at the Centennial Recreation Senior Center, Multipurpose Room

Cost: Free

For more information, contact Susan Fent, Director of Senior Programs and Services at (408)782-1284

Screening #1:

Caregivers

Wednesday, January 13th • 6:00pm-8:30pm

A collection of five family portraits that illustrate caring for those in different stages of Alzheimer's disease. Each highlights the sacrifices, struggles, and successes made by those experiencing their loved ones' descent into dementia.

Screening #2:

Grandpa, Do You Know Who I Am?

With Maria Shriver

Saturday, January 16th • 10:00am-11:30am

Geared towards children and young teens coping with a grandparent's illness, this film presents vignettes that can help a child understand and deal with a relative's gradual decline into Alzheimer's.

Screening #3 and #4

Momentum in Science

Part 1 - Wednesday, January 20th • 6:00pm-7:30pm

Part 2- Wednesday, January 27th • 6:00pm-7:30pm

This film details the explosion of knowledge within the scientific and medical communities, from imaging the earliest signs of Alzheimer's, to understanding the roles that genetics and lifestyle might play, to the tremendous progress being made in the effort to develop drugs to treat or eventually prevent the disease.



This event is co-sponsored by the Centennial Recreation Senior Center, Dementia Care Coaching, HomeWell Senior Care and A Place for Mom.

HBO®

ADULT 50+



FIND A
HEALTHY
VALUE



When economic stress becomes too much, find relief in a soothing one-hour massage session at Massage Envy. Our professional Massage Therapists help release your tension, giving you a relaxed body and mind. So take an hour to rejuvenate and visit Massage Envy today.

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*Valid for first one hour session which consists of a 50-minute massage and time for consultation and dressing. Prices subject to change. Rates and services may vary by location. Additional local taxes and fees may apply. © 2009 Massage Envy Limited, LLC.

BODY DYNAMICS: CHAIR TAI CHI FOR HEALTH, ARTHRITIS AND BACK PAIN

OFFERED BY GAVILAN COLLEGE

This course is designed for the 50+ adult student and teaches awareness and knowledge of physical fitness, stress management, nutrition, and health conditions that affect the body as aging occurs. Stretching and Tai Chi chair exercise are incorporated into each class meeting.

Instructor: Mary Dunn

Location: Centennial Recreation Center, Activity Room 1

Date	Day	Time	Age
Ongoing	W	10:30am-12:00pm	50+

Drop-in: Free

TAI CHI FOR WELLNESS

OFFERED BY GAVILAN COLLEGE

This course will provide students with the opportunity to learn basic Tai Chi. Students will experience sitting exercises, warm-up exercises, standing exercises, the beginning of Kuang Ping Yang Tai Chi long form and other Tai Chi movements. The emphasis will be on movements which the students can perform on their own on a daily basis for improved health and well-being.

Instructor: Mary Dunn

Location: Community and Cultural Center, Mira Monte Room

Date	Day	Time	Age
Ongoing	Th	6:30pm-8:00pm	50+

Drop-in: Free

SENIOR AEROBICS

OFFERED BY GAVILAN COLLEGE

Improve your strength, flexibility, and cardio vascular system with this fun non-impact exercise program.

Instructor: Barbara Mendonca

Location: Centennial Recreation Senior Center, Gymnasium

Date	Day	Time	Age
Ongoing	T/Th	Class 1: 10:00am-11:00am Class 2: 11:00am-12:00pm	50+

Drop-in: Free

WII BOWLING

Calling all bowlers (and wannabe bowlers)! This video game is so realistic you'll think you're at the bowling alley. Come and enjoy an afternoon of bowling with our large screen and great sound system. It's easy to learn and no prior experience is necessary. Your grandkids will be very impressed!

Location: Centennial Recreation Senior Center, Multipurpose Rm

Date	Day	Time	Age
Ongoing	W	12:45pm-3:30pm	50+

Drop-in: Free

ADULT 50+

Cards and Games

BRIDGE

Drop in Bridge

Location: Centennial Recreation Senior Center, Activity Room 1

Date	Day	Time	Age
Ongoing	M/F	1:00pm-3:00pm	50+

Drop-in: Free

DUPLICATE BRIDGE

Join our large group of bridge players who pair up with a partner to play the challenging game of duplicate bridge.

Facilitator: Winston Stone

Location: Centennial Recreation Senior Center, Multipurpose Rm

Date	Day	Time	Age
Ongoing	M	6:30pm-10:00pm	All
Ongoing	Every 3rd Sunday	12:00pm-4:00pm	All

Drop-in: \$5

BILLIARDS/PING-PONG

Interested in picking up a game of eight or nine ball or catching a quick game of ping-pong? Billiard and ping-pong tables available for open play during Senior Center hours.

Date	Day	Time	Age
Ongoing	M-F	8:00am-3:00pm	50+

500 CARD GAME

Drop in for a fun game of one of America's oldest card games. No experience necessary. Just come, learn a new card game and have a great time!

Location: Centennial Recreation Senior Center, Senior Center Lobby

Date	Day	Time	Age
Ongoing	M-F	10:30am-12pm	50+

Free

BINGO

Come and meet new people while enjoying the fun game of BINGO!

Location: Centennial Recreation Senior Center, Multipurpose Rm

Date	Day	Time	Age
Ongoing	M/W	10:30am-11am	50+

Free

SCRABBLE

Boost your brain power with the challenging and fun game of Scrabble!

Facilitator: Elaine Reimer

Location: Centennial Recreation Senior Center

Date	Day	Time	Age
Ongoing	Th	10:00am-12:00pm	50+

Drop-in: Free

Dancing

LINE DANCING

Have you always wanted to learn to Line Dance, but felt intimidated by the large class of those who seemed to already know what they were doing? If so, this is the class for you! Beginner and experienced dancers welcome!

Instructors: Gladys Aichles and Adrian Drew

Location: Centennial Recreation Senior Center, Multipurpose Rm

Date	Day	Time	Age
Ongoing	T	1:00pm-3:00pm	50+

Drop-In: Free

MUSIC AND DANCING

Bring your dancing shoes and spend your morning dancing to your favorite songs!

Facilitator: Fred Schulze

Location: Centennial Recreation Senior Center, Senior Café

Date	Day	Time	Age
Ongoing	1st and 3rd Friday of each month	11:00am-12:00pm	50+

Drop-In: Free

Singing, Music and Entertainment

SING-A-LONG

Love to sing? Come and sing with us as we bring out the old favorites.

Facilitated by Denise Melroy

Location: Centennial Recreation Senior Center, Multipurpose Rm

Date	Day	Time	Age
Ongoing	Th	11:00am-12:00pm	50+

Drop-In: Free

MOVIE MATINEE

Spend a relaxing afternoon watching movies on a large movie screen. We'll even provide the popcorn and soda!

Location: Centennial Recreation Senior Center, Multipurpose Rm

Date	Day	Time	Age
Ongoing	1st and 3rd Monday of each month	1:00pm-3:00pm	50+

Drop-In: Free

Travel Programs

EXTENDED TRIPS

Spectacular South Africa: 10/21/2010-11/2/2010

(Optional 3-night Victoria Falls post tour extension.)

Discover culture and nature in harmony by exploring part of this amazing continent.

Contact the Senior Center for Travel Brochure and Pricing

Computer Programs

50+ ADULT PUBLIC COMPUTERS

The Centennial Recreation Center provides a quiet room with access to state of the art computers and internet access. Membership is not required.

Location: Centennial Recreation Senior Center, Computer Room

Specified 50+ Adult Only Designated Hours:

Date	Day	Time	Age
Ongoing	M-F	8:00am-3:00pm	50+

INTRODUCTION TO DIGITAL PHOTOGRAPHY

A basic course designed to introduce you to the fundamentals of working with digital photography. Topics include selecting and using a digital camera; how to transfer photos from the camera to the computer; storing, organizing and viewing photos on the computer; simple picture editing; sharing photos by various media, including prints, slide shows and websites.

Instructor: Bill Frazer

Location: Centennial Recreation Senior Center, Computer Room

Activity#	Date	Day	Time	Age	Sessions
3510.101	1/14-2/18	Th	1:00pm-3:00pm	50+	6
3510.102	5/6-6/10	Th	1:00pm-3:00pm	50+	6

Fee: Resident: \$30/CRC Member: \$25

Non-Resident: \$35/CRC Member: \$30

COMPUTER CO-PILOTS

Come and learn basic computer skills in our state of the art computer center. You don't need any computer skills, just a desire to learn and have fun! Topics include, but are not limited to: beginner computer introduction, keyboarding, learning to use the computer mouse, using the internet, emailing, information filing, the basics of Microsoft Word, the basics of Microsoft Excel and creating mailing labels.

Instructors: Leigh Donaldson and the Co-Pilot Volunteers

Location: Centennial Recreation Senior Center, Computer Room

Date	Day	Time	Age
Ongoing	W	12:00pm-3:00pm	50+

Drop-in: Free



LEARN TO USE YOUR LAPTOP

Never used a laptop computer before or do you have a new laptop, but you're not sure how to use it to its full potential? Let our knowledgeable laptop computer volunteers help to get you started.

Instructor: Tony Razouk and the Computer Co-Pilot Volunteers

Location: Centennial Recreation Senior Center, Computer Room

Date	Day	Time	Age
Ongoing	W	12:00pm-3:00pm	50+

Drop-in: Free

Special Services & Interests

AARP TAX PREPARATION

Need help fillout out your tax teturns? AARP volunteers who are cetified by the IRS will assist with tax consultation and trutrn. Appointements are mode only during the tax season, February thorough April.

Location: Centennial Recreation Senior Center

Date	Day	Time	Age
February 1st-April 12th	Mondays	9:00am-11:00am	50+

Free

Advanced appointment is required. Please contact the Senior Center to schedule appointment.

DEMENTIA CAREGIVER SUPPORT GROUP

This group will provide a safe place for family members and friends of dementia patients to share feelings, concerns and information. This group is where you will find support and learn how other people cope with the symptoms and life changes caused by dementia, Alzheimer's disease and other related disorders.

Instructor: Tiffany Mikles, Dementia Care Coach

Location: Centennial Recreation Senior Center, Activity Room 2

Date	Day	Time	Age
Ongoing	1st Friday of the Month	2:00pm-3:30pm	All
Ongoing	3rd Tuesday of the Month	6:00pm-7:30pm	All

Drop-In: Free

HEALTH INSURANCE COUNSELING

Counselors will assist seniors and their families understand and evaluate the confusing array of insurance options. Counselors assist seniors with comparison charts, insurance plan benefits, cost and limitations, claim or benefit denials and other billing problems. The Council on Aging is not affiliated with any insurance company and offers unbiased information solely to aid seniors in making informed decisions about coverage.

Location: Centennial Recreation Senior Center, Activity Room 2

Date	Day	Time	Age
Ongoing	2nd & 4th Friday of the month	9:00am-12:00pm	60+

Advance appointment required
Free

HAIRCUTS FOR SENIORS

Enjoy being pampered by professional hair stylists and walk away with a fresh new haircut! Cherisse's Hair Salon, voted best hair salon in Morgan Hill, believes in giving back to the community and giving our seniors the latest and greatest in style techniques!

Facilitator: Cherisse White and the stylists at Cherisse's Hair Salon

Location: Centennial Recreation Senior Center, Teen Center

Date	Day	Time	Age
1/19, 3/16, 5/18	T	9:30-11:30am	60+

Must schedule appointment in advance. Dry cuts only.
\$5 fee is donated directly back to the Senior Center.

SENIOR ADULT LEGAL ASSISTANCE

Free legal assistance for Santa Clara County residents 60+ with problems pertaining to Social Security, Medicare, Medi-Cal, mobile homes, elder abuse and housing. Spanish speaking assistance available.

Location: Centennial Recreation Senior Center, Activity Room 1

Date	Day	Time	Age
Ongoing	2nd Wednesday of every other month	1:00pm-3:30pm	50+
Ongoing	3rd Thursday of every other month	1:00pm-3:30pm	50+

Advance appointment required
Free

BLOOD GLUCOSE AND CHOLESTEROL SCREENING

Facilitated by Sister Rachela of St. Louise Hospital

Location: Centennial Recreation Senior Center

Date	Day	Time	Age
Ongoing	3rd Thursday of each month	10:15am-11:00am	60+

Drop-In: Free

BLOOD PRESSURE SCREENING

Facilitated by Donna Bell of Catholic Charities, Daybreak Respite Care Services

Location: Centennial Recreation Senior Center

Date	Day	Time	Age
Ongoing	3rd Friday of each month	9:00am-11:00am	50+

Drop-In: Free

COFFEE WITH THE MAYOR

You are invited to join Mayor Steve Tate for coffee and casual conversation. Have a question or thought that you would like to share with the Mayor? Come chat with him over a cup of coffee.

Location: Centennial Recreation Senior Center, Multipurpose Room

Date	Day	Time	Age
Ongoing	1st Friday of each month	11:00am-noon	50+

Drop-In: Free

AARP SAFE DRIVING PROGRAM

Take this 8-hour classroom refresher program that is specifically designed for drivers over the age of 50. Upon completion of the course, participants receive a certificate to be used for discount automobile rates.

Facilitator: Camille Bounds

Location: Centennial Recreation Senior Center, Multipurpose Room

Contact (408) 776-1413, between the hours of 1:00 pm and 6:00 pm only or the Senior Center at (408) 782-1284 .

Advance Registration Required.

Class is free. \$10 optional for course completion certificate

OUTREACH TRANSPORTATION

Provides transportation services to seniors 7 days per week. For those who wish to use Outreach to attend the Morgan Hill Senior Café, transportation is provided at no cost. Contact the Senior Center at 782-1284 to obtain an application.

INFORMATION AND REFERRAL

The Centennial Recreation Senior Center maintains a resource directory of services available to seniors in the South County and Santa Clara County. For information regarding senior related services, contact the Senior Center at 782-1284.

SENIOR CENTER WITHOUT WALLS

Group activities and classes for seniors who are unable to go to the Senior Center. Activities and classes are conducted by toll free telephone conference calls.

Contact the Senior Center for more information at 782-1284.

DISASTER REGISTRY FOR VULNERABLE SENIORS

Do you live alone? Do you rely on public transportation to get around? Do you have special medical needs? If you answered yes to any of these questions, then you might be especially vulnerable after a major disaster. The Morgan Hill Senior Advisory Commission has developed a disaster registry as a means of providing assistance to vulnerable seniors in our community in the event of a major disaster. Your confidential information will be entered into a data base to be utilized only during an emergency. Contact the Senior Center at 782-1284 to help determine if you might be eligible for this program.

VIAL OF LIFE

The Vial of Life program allows individuals to provide medical information in advance that can be used by emergency personnel. A vial, labeled with a Vial of Life sticker, contains a medical form listing the health status of the individual and current medications being taken. The vial is placed in the refrigerator and a sticker is placed on the outside of the refrigerator door so that responding emergency personnel will know to look for the vial. Obtain your free Vial of Life kit at the Centennial Recreation Senior Center.

VOLUNTEER OPPORTUNITIES

Volunteers are our greatest resource. We have many volunteer positions available at the Senior Center and within the larger community. Visit the Senior Center for a listing of available opportunities.

REGISTRATION FORM



HOW TO REGISTER		
FAX-IN Fax-in registrations must include complete credit card information and should be faxed to the following: Centennial Recreation Center (408) 778-8286	MAIL-IN Mail-in registrations are accepted before the start of a class and/or until the class is full. Mail with payment to: Centennial Recreation Center Attn: "Class Registration" 171 W. Edmundson Avenue Morgan Hill, CA 95037	WALK-IN Walk-in registrations are processed during normal business hours at the Centennial Recreation Center, Aquatics Center and Community & Cultural Center.

QUESTIONS? Please call the Centennial Recreation Center with any questions regarding registration. (408) 782-2128

CONTACT INFORMATION	
NAME (ADULT):	HOME PHONE :
<input type="checkbox"/> PARENT <input type="checkbox"/> GUARDIAN <input type="checkbox"/> GRANDPARENT <input type="checkbox"/> SELF	WORK PHONE :
ADDRESS/CITY/ZIP:	CELL PHONE:
E-MAIL ADDRESS:	EMERGENCY:

PARTICIPANT'S FIRST & LAST NAME	MEMBER #	BIRTHDATE	CLASS TITLE	ACTIVITY #	FEE
				TOTAL FEE:	\$

PAYMENT INFORMATION	
<input type="checkbox"/> Check: Make payable to "City of Morgan Hill." Include a self-addressed stamped envelope in order to receive receipt confirmation.	I hereby authorize the use of my: <input type="checkbox"/> <input type="checkbox"/> ACCT NO. _____ PRINT NAME (as it appears on card) _____ EXP. DATE (M/YR) _____

POLICIES & GUIDELINES
<p>OPEN REGISTRATION: Our approach to registration is intended to allow equal admittance to all Morgan Hill residents. All registrations are taken on a first-come first-serve basis. The City of Morgan Hill Recreation and Community Services Department offers open registration for each class held.</p> <p>CLASS CANCELLATION: The City of Morgan Hill Recreation and Community Services Department reserves the right to cancel any class that does not meet the set minimum enrollment. Please register early to avoid class cancellations. We will notify you of a cancellation prior to the scheduled class starting date.</p> <p>CLASS REFUND POLICY: All refund requests must be submitted in writing to the Centennial Recreation Center. Refunds will be issued for class cancellations received at least 7 business days prior to the start of the class. No refunds will be given for cancellations made less than 7 business days prior to the first day of class. When the class fee is paid by check, there is a 3 week waiting period before the refund check will be processed and mailed. Credit card refunds will be credited back to the original credit card account within one week of receiving the refund request.</p> <p>SCHOLARSHIPS: Scholarships are available upon request from the Aquatics Center, Centennial Recreation Center and the Community & Cultural Center. Contact the Centennial Recreation Center for more information on the application process.</p>

LIABILITY RELEASE
<p>IN CONSIDERATION OF being permitted to utilize the facilities, services and programs of the YMCA and City of Morgan Hill (or for my children to so participate) for any purpose, including, but not limited to observation or use of facilities or equipment, or participation in any off-site program affiliated with the YMCA or City of Morgan Hill, the undersigned, for himself or herself and such participating children and any personal representatives, heirs, and next of kin, hereby acknowledges, agrees and represents that he or she has, or immediately upon entering or participating will, inspect and carefully consider such premises and facilities or the affiliated program. It is further warranted that such entry into the YMCA or City of Morgan Hill for observation or use of any facilities or equipment or participation in such affiliated program constitutes an acknowledgment that such premises and all facilities and equipment thereon and such affiliated program have been inspected and carefully considered and that the undersigned finds and accepts same as being safe and reasonably suited for the purpose of such observation, use or participation by the undersigned and such children.</p> <p>IN FURTHER CONSIDERATION OF BEING PERMITTED TO ENTER THE YMCA AND CITY OF MORGAN HILL FOR ANY PURPOSE INCLUDING, BUT NOT LIMITED TO OBSERVATION OR USE OF FACILITIES OR EQUIPMENT, OR PARTICIPATION IN ANY OFF-SITE PROGRAM AFFILIATED WITH THE YMCA OR CITY OF MORGAN HILL, THE UNDERSIGNED HEREBY AGREES TO THE FOLLOWING:</p> <ol style="list-style-type: none"> 1. THE UNDERSIGNED, ON HIS OR HER BEHALF AND BEHALF OF SUCH CHILDREN, HEREBY RELEASES, WAIVES, DISCHARGES AND CONVENANTS NOT TO SUE the YMCA, its directors, officers, employees, and agents or City of Morgan Hill elected officials, officers, employees, agents and representatives (hereinafter referred to as "releasees") from all liability to the undersigned or such children and all his personal representatives, assigns, heirs, and next of kin for any loss or damage, and any claim or demands therefor on account of injury to the person or property or resulting in death of the undersigned, whether caused by the negligence of the releasees or otherwise while the undersigned or such children are in, upon, or about the premises or any facilities or equipment therein or participating in any program affiliated with the YMCA or City of Morgan Hill. 2. THE UNDERSIGNED HEREBY AGREES TO INDEMNIFY AND SAVE AND HOLD HARMLESS the releasees and each of them from any loss, liability, damage or cost they may incur due to the presence of the undersigned or such children in, upon or about the YMCA and City of Morgan Hill premises or in any way observing or using any facilities or equipment of the YMCA or City of Morgan Hill or participating in any program affiliated with the YMCA or City of Morgan Hill whether caused by the negligence of the releasees or otherwise. 3. THE UNDERSIGNED HEREBY ASSUMES FULL RESPONSIBILITY FOR AND RISK OF BODILY INJURY, DEATH OR PROPERTY DAMAGE to the undersigned or such children due to negligence of releasees or otherwise while in, about or upon the premises of the YMCA or City of Morgan Hill and/or while using the premises or any facilities or equipment thereon or participating in any program affiliated with the YMCA or City of Morgan Hill. 4. THE UNDERSIGNED further expressly agrees that the foregoing RELEASE, WAIVER AND INDEMNITY AGREEMENT is intended to be as broad and inclusive as is permitted by the law of the State of California and that if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect. 5. THE UNDERSIGNED HAS READ AND VOLUNTARILY SIGNS THE RELEASE AND WAIVER OF LIABILITY AND INDEMNITY AGREEMENT, and further agrees that no oral representations, statements or inducement apart from the foregoing written agreement have been made. I HAVE READ THIS RELEASE. <p><input type="checkbox"/> Participant <input type="checkbox"/> Parent/Guardian SIGNATURE: _____ DATE: _____</p>

CITY CONNECTION

MORGAN HILL NEWS

A Publication of The City of Morgan Hill

October 2009

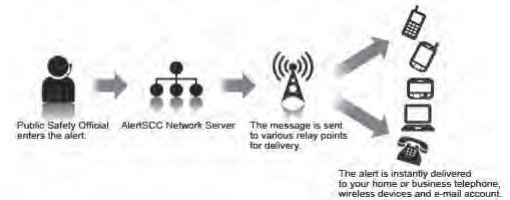
City Rolls out Emergency Notification System

Where will you be when a disaster strikes? The new regional emergency notification system AlertSCC will enable Morgan Hill residents to receive timely and lifesaving information no matter their location.

Morgan Hill was one of the pilot cities for the roll out of AlertSCC by the County of Santa Clara to local jurisdictions including the cities of Campbell, Cupertino, Gilroy, Los Altos, Los Altos Hills, Milpitas, Monte Sereno, Mountain View, San José, Santa Clara, Saratoga, Sunnyvale, and the Town of Los Gatos.

AlertSCC is a web based system with the capacity to send thousands of text and voice messages within minutes to home and business land line phones using 411 and 911 databases. AlertSCC has been implemented countywide to supplement emergency

communication methods. It will not take the place of the 911 or other communication systems that first responders currently use.



While no one knows exactly when or where a disaster such as an earthquake or flood will strike, it's more than likely to cross city boundaries and encompass several cities in a wide geographic area. For example, if residents need to be notified of an evacuation, AlertSCC enables the city or county to contact its residents in a targeted or countywide geographic area through multiple means of communication (cell, home phone, fax, email).



The City has used the system twice since implementing it earlier this year. The first occasion was in March when a string of attacks occurred outside a local grocery store. The message alerted citizens and gave cautionary steps to follow to minimize chances of being a victim. The second message put an end to false rumors of a child abduction. Both messages were received with appreciation from the community.

The system uses land lines provided from phone company database based on geographic location. However, with the evolution of technology, more and more residences are migrating away from land telephone lines and opting for cell phone only phone service. For those individuals and families without land telephone lines, it will be necessary to "opt-in" to the notification system to receive alerts. To reach cell phones, PDA's, laptops, desktop computers, and devices for the hearing impaired, anyone who lives or works in the county must register their cell phone numbers or email address at the www.alertscc.com.cities.html and select Morgan Hill.

If citizens have any additional questions regarding AlertSCC, please contact the Office of Emergency Services at 776-7310.

Whats Inside:

Third Street Promenade Update

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City of Morgan Hill
17555 Peak Avenue, Morgan Hill
408-779-7271

CITY ELECTED OFFICIALS

Mayor Steve Tate	779-7259
Councilmember Marby Lee	779-7259
Councilmember Larry Carr	779-7259
Councilmember Marilyn Librers	779-7259
Mayor Pro Tempore Greg Sellers	779-7259
City Clerk Irma Torrez	779-7259
City Treasurer Michael Roorda	779-3653

CITY EXECUTIVE STAFF

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City Attorney Danny Wan
Assistant to the City Manager/ Human Resources Director Brian Stott
Business Assistance/Housing Services Director Garrett Toy
Community Development Director Kathy Molloy Previsich
Finance Director Kevin Riper
Police Chief Bruce Cumming
Public Works Director Jim Ashcraft
Recreation and Community Services Director Steve Rymer

CONTACTING YOUR CITY

Hours: Monday - Friday, 8AM to 5PM

Address: City Hall, 17555 Peak Avenue, Morgan Hill, CA 95037

Animal Control	776-7300
Aquatics Center	782-2134
Business Assistance and Housing Services	776-7373
Centennial Recreation Center	782-2128
City Clerk	779-7259
City Manager	779-7271
Community and Cultural Center	782-0008
Emergency Services/Disaster Preparedness	776-7310
Environmental Programs	779-7247
Finance	779-7237
Fire Department (County Fire)	378-4010
Graffiti Hotline	776-8985
Illegal Dumping Hotline	776-7337
Job Hotline	779-7276
Planning: Land Use/Zoning	779-7247
Police Administration	776-7315
Public Works	776-7337
Water	779-7221
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City Website: www.morganhill.ca.gov

CONTACT THE EDITOR

Questions or comments about City Connection are welcome.
Contact the editor Brian Stott at 779-7271 or brian.stott@morganhill.ca.gov. City Connection is published by the City of Morgan Hill.

Online bill pay, E-billing - Available November 1st.

Are you looking for a way to reduce your paper mail? Going out of town? Just plain busy? The City is excited to introduce electronic bill pay service for easy payment of your utility bills. With internet access, you will be able to pay your water bill by check, Mastercard, or Visa. You will have the option to schedule a one-time payment, or establish recurring payments.

Or, have you thought to yourself, "How can I help reduce paper waste?" or wondered "Where did that bill go?" You will no longer have to ask yourself these questions if you sign up to have your bills electronically mailed to you!

Look for more information in your upcoming water bill and on the City's website (www.morganhill.ca.gov) on how to sign up for our online bill pay and e-billing services.



Winter Mandatory Water Conservation Measures

(November through March)

The City Council adopted a Water Conservation Ordinance declaring a Level 1 Supply Shortage on May 27, 2009. The following rules are in place from November through March:

- Irrigation watering shall occur only after 5PM or before 9AM
- Irrigation is limited to one day per week and is only allowed on Wednesdays
- Washing down driveways and sidewalks is prohibited except to alleviate safety or sanitary hazards
- Irrigation watering is limited to 15 minutes a day per irrigation station
- Water leaks and breaks must be fixed within three days
- Runoff from irrigation must not flow excessively onto the sidewalk, street, etc.

At this time, the City is not imposing water rationing or raising water rates.



THIRD STREET PROMENADE

IN FINAL CONSTRUCTION PHASE

This pedestrian-friendly thoroughfare with wide sidewalks, landscaping, benches, and a unique plaza area moves into the final stages of construction activity. Completion of the project is expected by year-end. The project was made possible through a State grant of \$1.7 million that covers over 40% of the total construction cost.

In the years to come, the Third Street Promenade will serve as the community's central meeting place in the downtown, with picturesque restaurants, unique shops, a central plaza area for concerts/performances, and abundant seating for outdoor dining.

Construction began on the project in 2008, and it's completion will mark a significant step forward in revitalizing the downtown core. "We are very appreciative of the cooperation and patience of the businesses affected at each phase of the construction work," says Project Manager Yat Cho. "These businesses worked closely with us to accommodate the construction activity and to work through the many obstacles that accompany any project of this size and scope."

Completion of the project will be capped with an opening celebration. The date and time will be announced in the local media and on the City's website.



Interlocking vehicular Hanover pavers and colored concrete now cover most of

Third Street. Against this attractive backdrop will come the finishing work of street trees, landscaping, benches, a fountain, lighting and other enhancing features.

The completed work will create a "promenade" feeling for this pedestrian-friendly thoroughfare.

The 3/50 Project - Take the Challenge

The 3/50 Project is a grass roots effort to save brick-and-mortar businesses in our local economy. It challenges you, the consumer, to spend \$50 a month among three independent, local businesses. The project started as a blog post by Cinda Baxter, a retail consultant, which quickly evolved into a website in March of 2009. Since that time, signs have popped up all over the nation. The premise is simple, "Pick 3, Spend \$50, save your local economy. Take the challenge and help Morgan Hill's local economy."

Save your local economy...

three stores at a time.

the 3/50 project.

SAVING THE BRICK AND MORTARS OUR NATION IS BUILT ON

3 Think about which three independently owned stores you'd miss most if they were gone. Stop in and say hello. Pick up a little something that will make someone smile. Your contribution is what keeps those businesses around.

50 If just half the employed U.S. population spent \$50 each month in independently owned stores, their purchases would generate \$42,629,700,000 in revenue.* Imagine the positive impact if 3/4 of employed Americans did that.

68 For every \$100 spent in independently owned stores, \$68 of it returns to the community through taxes, payroll, and other expenditures. If you spend that in a national chain, only \$43 stays here. Spend it online and *nothing comes home.*

1 The number of people it takes to start the trend...you.

Pick 3. Spend 50. Save your local economy.

For more information, visit the350project.net

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* Employment statistics courtesy U.S. Department of Labor/Bureau of Labor Statistics, 2/6/2009

Friendly Inn Buildings Transformed into Center for 6 Nonprofits

Will Open for Services in January 2010

The Friendly Inn building on Crest Avenue (adjacent to Galvan Park) is nearing the completion of a renovation process that will provide low-cost stable and quality office/meeting space for a variety of nonprofit social service agencies serving Morgan Hill residents. Completion is expected by the end of October and the agencies approved for occupancy are scheduled to move in to this renovated facility in January 2010.

According to Project Manager Karen Lengsfeld, "This creative use of shared space provides an opportunity for nonprofits to work collaboratively in a multi-tenant nonprofit center that enhances services to Morgan Hill residents."

The six nonprofits that met the criteria established by Council and were approved as tenants of the Friendly Inn are: YMCA, Red Cross, Silicon Valley Independent Living Center, Work 2 Future, Narcotics Anonymous, Advent Ministries. An additional nonprofit, the American Legion, will continue holding its regular meetings in the facility.

This process for enhancing services to the community began in April 2006, when the City Council approved the renovation of the Friendly Inn. In 2009, the old Senior Center was demolished, and during this same period, the design was completed and construction begun. An emphasis of the design work was to offer some dedicated space to approved tenants, with common-and-flexible space in an effort to accommodate additional non-profits in the future.

The City Council policy for this unique use of the renovated Friendly Inn states: "The purpose of the Friendly Inn is to enhance the quality of human life. It is the City's intent to provide subsidized space at the facility for grassroots, non-profit organization that strive to meet an identifiable, social service, community need."

Local architects Weston-Miles designed the facility using an approach that completely re-used the existing shell, and made use of other reusable aspects. According to architect Leslie Miles, "the design work utilized features hidden below years of disrepair, small windows, and low ceilings. The building had a beautiful tongue and groove wood ceiling and beams under layers of paint in the main room and low ceilings in the rest of the building."

Additionally a number of features were incorporated to provide a temperature-cool roof, make use of natural light, ensure better water efficiency, provide for possible use of solar panels in the future, and incorporate the use of recycled content, including cork flooring. More detail regarding these features will be made available on the City's website.

Individuals or groups interested in touring the facility may contact Karen Lengsfeld by email at karen.lengsfeld@morganhill.ca.gov, or by phone at 782-2128.



THE FRIENDLY INN - NON-PROFIT CENTER
FRONT ELEVATION



Architect's rendering of the front of the Friendly Inn (looking from the west to the east). Located adjacent to Galvan Park, the park will provide a scenic backdrop behind the facility.

Limited City Services Offered During Holiday Furlough

For the last 16 years the City has suspended certain City operations during the holiday period between the observance of the Christmas and New Year's Day holidays. The majority of the City of Morgan Hill's employees will be furloughed between Thursday, December 24, 2009 and Friday, January 1, 2010. However, emergency and public safety services will be available during the furlough, with select other services available on a limited basis. City offices will reopen for business on Monday, January 4, 2010. A complete listing of service availability is below.

The first City Council meeting in January which normally would have been held on Wednesday, January 6, 2010, has been canceled. The City Council will resume regular meetings with the January 20, 2010 meeting.

CITY SERVICES AVAILABLE DECEMBER 24, 2009 - JANUARY 1, 2010

Fire Department:

Administration: Santa Clara County Fire Department staff will be available and working during the furlough. The main office will be open on December 28, 29, 30, and 31, 2009. The main office will be closed on December 25, 2009 and January 1, 2010. The main office telephone number for Santa Clara County Fire is 378-4010.

Fire Stations: El Toro and Dunne Hill Stations: Normal services will be available. If you have an emergency, call 911.

Police Department:

Normal services will be available during the furlough. If you have an emergency, call 911. Otherwise, please call the Police Department during their normal business hours at 776-7300. On holidays you may reach the Police Department by calling 779-2101. The Police Department business office will be closed to the public on December 24 and 25, 2009 and January 1, 2010.

Building Inspections:

Building inspection services will be available during the furlough. Inspections can be arranged by calling 776-9108.

Recreation & Community Services Department:

The Aquatics Center will be open during the furlough with the exception of being closed on December 25, 2009 and January 1, 2010. In addition, the Aquatics Center will have limited hours from 5:00 a.m. to 8:00 a.m. & 11:30 a.m. to 1:30 p.m. on December 24, 2009 and December 31, 2009.

The Community and Cultural Center will be open for reserved event during the furlough.

The Centennial Recreation Center (CRC) will be open during the Recreation Center furlough with the exception of being closed on December 25, 2009 and January 1, 2010. In addition, the CRC will have limited hours from 8:00 a.m. to 12:00 p.m. on December 24, 2009 and December 31, 2009.

The Outdoor Sports Center will be open for reserved events during the Center furlough.

Emergency Water And Sewer Service:

If you have a water or sewer problem on December 28, 29, 30 or 31, please call 776-7333 and leave your name, address, phone number and nature of the problem. Messages left before 2:00 pm will be completed on the day of the call, while messages left after 2:00 pm will be completed the following business day. If you have an emergency water or sewer problem, call the Morgan Hill Police Dispatch at 779-7201.

Public Works Inspections: Limited public works inspections will be available during the furlough by calling 776-7337. Mandated services (those required by law and meet health and safety regulations) will be provided during the furlough.

Saturday Storytimes at the Morgan Hill Library

Bilingual Storytime (English/Spanish)
Saturdays at 10:00 a.m.

Don't worry if you do not speak the language or have less than perfect pronunciation, enjoy learning together! Everyone is welcome to attend, English, Spanish, and bilingual speakers alike. Storytimes feature books, songs, and plenty of fun for the whole family!

Why attend a bilingual storytime? Research has shown young children benefit in many ways from learning a second language:

- Increased cognitive skills, such as higher academic achievement, and enhanced mental flexibility.
- Children who are exposed to a second language before the age of 6 are more likely to fluent speakers later in life.
- Bilingual children have been found to be better at focusing on a task, and do better at carrying out goal-oriented tasks.
- Broadened worldview-Exposure to other languages gives your child the perspective that there are other countries, and languages out there, and therefore, many possible viewpoints.



cont. on page 61

Join the Morgan Hill Police Explorer Post

Are you between the ages of 14-21 and interested in law enforcement? Have you considered a career as a police officer or in the criminal justice field? If so, the Morgan Hill Police Explorer Post 811 would help you better understand the field a step ahead of the crowd with a hands on experience.

The explorer program is a branch of the Boy Scouts aimed at providing youth an opportunity to build self-confidence and to gain experience in the law enforcement field for youth. The program encourages success at school and work, strengthening physical and mental fitness, positive social interaction, instilling a desire to help others and acquiring leadership skills to fulfill one's responsibilities in society.

Just weeks ago, the Morgan Hill Explorers participated in the 10th annual Central Coast Explorer competition in Paso Robles, California. Our post placed 4th overall out of 47 agencies, coming ahead of several large agencies! Additionally, the post placed first in shooting skills, second in oral boards, third in written exams and third in crisis negotiations! The trophies the post received are well deserved and reflect their hard work and dedication.

As a member of the Morgan Hill Police Explorer program, you will volunteer time in the community by assisting at City events such as the Mushroom Mardi Gras, Taste of Morgan Hill and the 4th of July. An obligation of 3 hours of community service per month, monthly meetings and police ride-alongs are required along with maintaining a respectable grade point average. As a member of the explorer program, you will receive a great experience with the police department and the community.

Anyone interested in joining the program and meets age qualifications is encouraged to contact the Morgan Hill Police Department for more information about joining. You can pick up an application at the Police Department located at 16200 Vineyard Boulevard or by contacting Michelle Barte at (408) 776-7317 or michelle.barte@morganhill.ca.gov.

MORGAN HILL POLICE DEPARTMENT INTERN PROGRAM

The Morgan Hill Police Department is currently accepting applications for the Spring intern program. Credit towards college courses is available for the intern program based on requested hours. Interns will gain hands on experience in the department and learn the various dynamics that make our department successful. Students with an interest in Justice Studies, Criminal Justice, Sociology, or Law Enforcement are encouraged to apply. For application information or further program descriptions, contact Michelle Barte at 408-776-7317 or Michelle.Barte@morganhill.ca.gov.



First Time Home Ownership Opportunities Available Now!

The City's Below Market Rate (BMR) Homebuyer Program links qualified buyers with affordably priced single family and duet style homes with up to 4-bedrooms. Prices start in the mid \$300,000's. Currently both new homes and resales are available in great neighborhoods throughout the City. Homebuyers must meet the program's income guidelines and obtain their own fixed-rate financing.

There are currently four (4) BMR's available for purchase. In addition, another seven BMR's are in the pipeline to be offered for resale soon so don't miss out on this great opportunity to own your own home! Orientations for the BMR Program are held regularly.

To obtain an application or for more information, please contact the Business Assistance and Housing Services Department at (408) 778-6480 or email sheryll.bejarano@morganhill.ca.gov

Volunteers Keep downtown blooming

South Valley Fleurs Garden Club members Irene Mort and Susan Houghton below, work with over fifty volunteers to keep the downtown flower boxes planted with annual flowers. Local grower, CalColor generously donates the flowers. Planting is easy and fun. Volunteers plant flowers several times a year and in between plantings weed and trim their boxes as needed. If you would like to find out more about how to "adopt" a planter, contact Susan and Irene at adoptaplant@yahoo.com.



Stormwater Pollution Prevention

The rainy season is upon us and as you stare out the window and watch the water flow by, have you ever wondered where it's going? Storm drains are located at the end of most street blocks and their purpose is to direct rain water (also known as stormwater) into rivers, creeks, streams, and other large bodies of water to prevent flooding in the City. Stormwater does not pass through the sewer system and is not treated before it flows to local creeks and the bay.

Stormwater is the major source of pollution in our drinking water, creeks, and the Monterey Bay. Any substance other than rainwater that goes into a storm drain is considered a pollutant that negatively affects our drinking water and wildlife. Common sources of stormwater pollution are motor oil, fluid leaks from vehicles, household cleaners, fertilizers and pesticides, pet waste, paint, and soap and dirt from washing vehicles.

Do your part to save our water, creeks, and bay. Do not pour, blow, or place any substance into the street or storm drain. Dispose of wastewater from cleaning into a sink, toilet, or sanitary sewer, not the storm drain, driveway or street. Try using non-toxic alternatives in home and gardening activities. Take toxic material, such as paint, unused cleaning substances, and oils (including lotions) to the Household Hazardous Waste drop-off site. For more information, call 299-7300. Don't over water gardens and lawns because excessive water runoff from irrigation contains residue from fertilizers and pesticides. By reducing water flow from your property, you are reducing water pollution while conserving water and money.

To learn more about this important issue, visit www.mywater-shedwatch.org.

To report illegal dumping in or near storm drains, immediately call 776-7337 or go to www.morganhill.ca.gov and click on "Report a Concern."

Storytimes cont. from page 59

Check with the library information desk about other free resources to help you and your child start learning a new language today. These include:

- Animated e-book in English, Spanish, or French available in the kids section on the library website www.santaclaracountylib.org.
- Download a Pimsleur Downloadable Audiobook.
- Online course in Spanish from LearningExpress.

Baby Storytime Saturdays at 11:00 a.m.

Designed especially for babies 0-18 months old, and feature books, rhymes, songs, and plenty of interactive fun!

Why do babies need their own storytime? Because language, reading, and writing evolve from early literacy

Water Restrictions Continue

As most readers know by now, in response to the drought, the Santa Clara Valley Water District has called for 15% mandatory water conservation. In response, the City adopted a Water Conservation and Supply Shortage Ordinance containing water usage restrictions to help us meet our water conservation goals. For the period of November 1st - March 31st, irrigation is only allowed on one day per week and the City has selected Wednesday as the one day when irrigation is allowed. Irrigation on all other days is prohibited. Research shows that plants need much less water during the winter months due to shorter days, low temperatures and natural dormancy cycles and many residents turn off their systems entirely for the winter.

City staff will be monitoring water supply levels during the coming months and reporting back to the City Council in early 2010.

City Purchasing Parkland "Pumpkin Patch" to Continue

The City of Morgan Hill is in the process of purchasing 43 acres of land, often referred to as the "Uesugi Pumpkin Patch", on Monterey Road and Olive Avenue. Earlier this year, the City Council established priorities for the purchase of additional parkland to meet the community's current and future needs. At this time, the City is only able to "land bank" until sustainable operations and maintenance funding can be secured. Once funding is secured, a community park design process will occur. Until then, the City plans to continue the lease with Uesugi Farm. The City is excited about the addition of future parkland and additional recreational opportunities for the community. As Uesugi Farms owner Joe Aiello states, "we are moving forward with plans to relocate the pumpkin patch, but meanwhile are working with the City to continue lease options for the time being". If you would like additional information, please contact Steve Rymer at (408)779-7271 or steve.rymer@morganhill.ca.gov.



skills learned early in life, especially from birth to 3 years old. Research has shown that sharing books, songs, and nursery rhymes with your baby all promote early literacy skills, and help stimulate and develop your baby's brain!

Singing songs, and repeating rhymes to your baby develops their phonological awareness. The rhythm of songs and rhymes break down the words into components, with emphasis put on the word's syllables.

For more information about early literacy skills, and help finding music, rhymes, and books for your baby, come into the library and ask at the Information Desk.

A New Name in the Community

As you know, South Valley Disposal & Recycling has been providing solid waste services to the community for decades. They are now undergoing a name change and updating their logo and "brand." Their new name will be Recology South Valley. While their bills and trucks may look a bit different, they will still be providing the same services with the same employees in Morgan Hill.



Holiday Garbage and Recycling Collection Schedule Changes

Thanksgiving, Christmas and New Year's Day are the only holidays that garbage, recycling and yard waste are not collected. If your collection day falls on Thursday, November 26th, Friday, December 25th, or Friday, January 1st, your garbage/recycling will be picked up the following day. Regular service resumes on Monday, January 4, 2010. The San Martin Transfer Station will be closed on Thanksgiving, Christmas and New Year's Day.

HOLIDAY	MON	TUES	WED	THURS	FRI	SAT
NOV 23	NOV 24	NOV 25	NOV 26	NOV 27	NOV 28	
Regular service	Regular service	Regular service	NO SERVICE Office Closed	Service for Thursday Customers	Service for Friday Customers	
DEC 21	DEC 22	DEC 23	DEC 24	DEC 25	DEC 26	
Regular service	Regular service	Regular service	Regular service	NO SERVICE Office Closed	Service for Friday Customers	
DEC 28	DEC 29	DEC 30	DEC 31	JAN 1	JAN 2	
Regular service	Regular service	Regular service	Regular service	NO SERVICE Office Closed	Service for Friday Customers	



DISPOSE OF LEAVES & TRIMMINGS THE RIGHT WAY

Falling leaves are a sign of the season but when they accumulate and clog storm drains they can cause flooding. So please take care to dispose of leaves properly. Keep catch basins and drainage channels clean. Don't sweep leaves or litter into the gutter - the street sweeper does not pick up piles of leaves or other materials. When it rains, leaves and debris in the gutter are all washed to the nearest catch basin or channel.

Before winter storms arrive it is wise to prune away any branches that could break and hit your home or interfere with drainage. Also trim away shrubs and tree branches that hang over the sidewalk and street. Property owners are responsible for trimming plants in their own yards so that they do not encroach onto the sidewalk, block visibility for drivers or interfere with traffic. The standard clearance that must be maintained over sidewalks is seven feet and over the street, a minimum of twelve feet.

Place leaves and other yard waste in the South Valley Disposal compost container. Compost and recycling containers are picked up every other week. To find out the schedule for your neighborhood and for additional information about this service, please contact South Valley Disposal at www.southvalleydisposal.com or call (408) 842-3358.

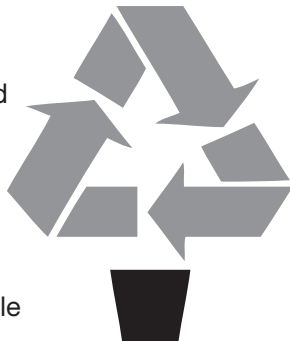
You may also want to try composting leaves and other organic material in your own back yard. Composting reduces volume of leaves and other yard waste and converts it into useful compost for your garden.



Christmas Tree Recycling

Christmas trees will be collected as yard waste. Before setting your tree out on your curb for recycling pick-up:

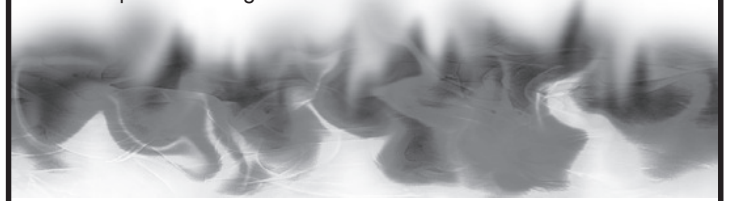
- Cut trees into three-foot by three-foot sections
- Remove all decorations and tinsel
- Remove tree stand (especially if it is drilled inside the trunk)
- Flocked trees are acceptable



Check Before You Burn

Air pollution doesn't just come from cars and factories. A large part of our winter air pollution is caused when people burn wood in their fireplaces and woodstoves. Wood smoke contains microscopic particles which enter our lungs and can cause serious health problems. Health researchers are discovering that these small particles pose a serious risk to community health.

Burning wood or firelogs is illegal during the Winter Spare the Air season (November 1st through February 28th) when a Winter Spare the Air Alert is issued. Always check before you burn by calling 1-877-4NO-BURN or visiting the Spare the Air website at www.sparetheair.org.





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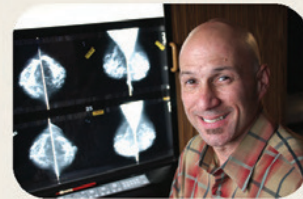
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RESOURCES



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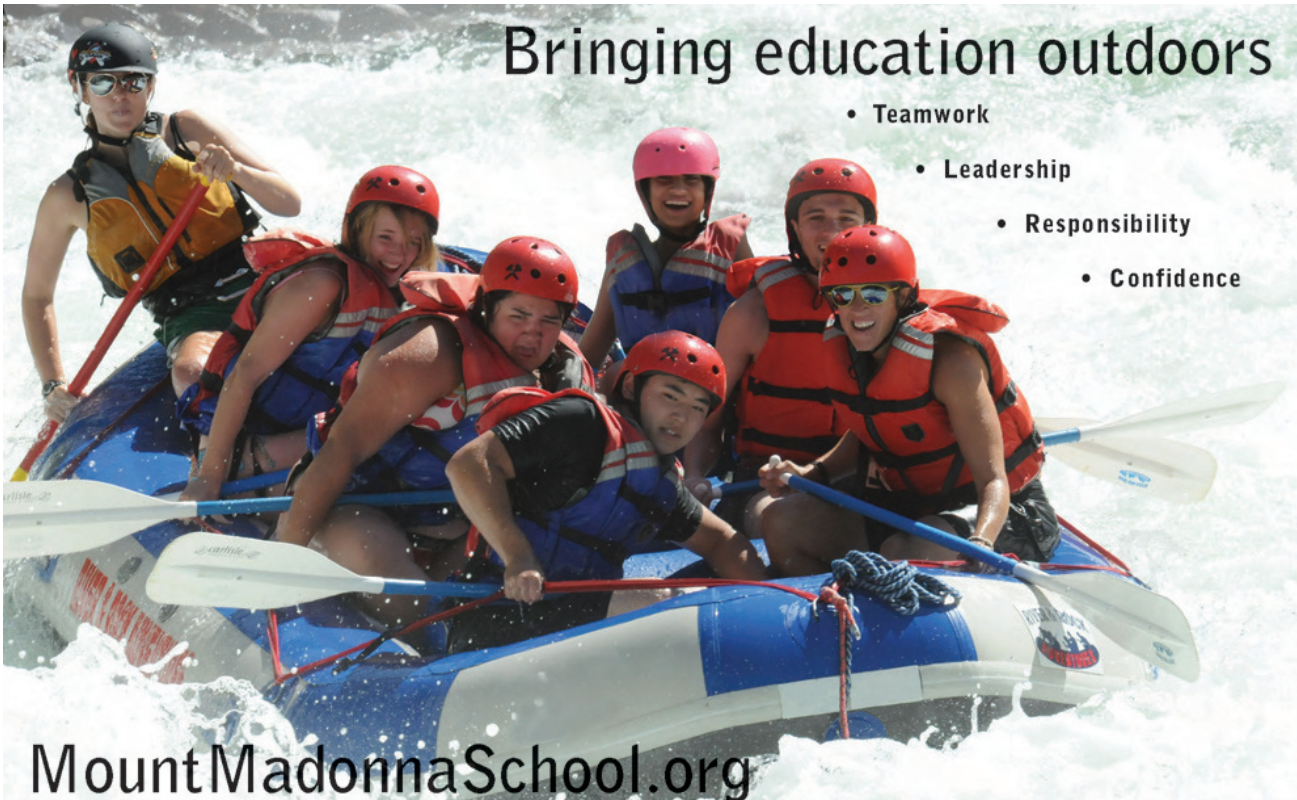
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